# Understanding the role of averaging in non-smooth stochastic gradient descent 

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## Understanding the role of averaging in non-smooth stochastic gradient descent

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## Abstract

Consider the problem of minimizing functions that are Lipschitz and strongly convex, but not necessarily differentiable. We prove that after $T$ steps of stochastic gradient descent (SGD), the error of the final iterate is $O(\log (T) / T)$ with high probability. We also construct a function from this class for which the error of the final iterate of deterministic gradient descent is $\Omega(\log (T) / T)$. This shows that the upper bound is tight and that, in this setting, the last iterate of stochastic gradient descent has the same general error rate (with high probability) as deterministic gradient descent. This resolves both open questions posed by Shamir [42].

We prove analogous results for functions which are Lipschitz and convex, but not necessarily strongly convex or differentiable. After $T$ steps of stochastic gradient descent, the error of the final iterate is $O(\log (T) / \sqrt{T})$ with high probability, and there exists a function for which the error of the final iterate of deterministic gradient descent is $\Omega(\log (T) / \sqrt{T})$.

In the strongly-convex setting, several forms of SGD, including suffix averaging, are known to achieve the optimal $O(1 / T)$ convergence rate in expectation. An intermediate step of our high probability analysis for the error of the final iterate proves that the suffix averaging method achieves error $O(1 / T)$ with high probability, which is optimal (for any first-order optimization method). This improves results of Rakhlin et al. [36] and Hazan and Kale [17], both of which achieved error $O(1 / T)$, but only in expectation, and achieved a high probability error bound of $O(\log \log (T) / T)$, which is suboptimal. This is the first known high-probability result which attains the optimal $O(1 / T)$ rate.

We also consider a simple, non-uniform averaging strategy of Lacoste-Julien et al. [26] and prove that it too achieves the optimal $O(1 / T)$ convergence rate with high probability. This provides a second algorithm which achieves the optimal $O(1 / T)$ convergence rate with high-probability. Our high-probability results are proven using a generalization of Freedman's Inequality which we develop.

## Lay Summary

Many machine learning tasks are represented as optimization problems where the objective is to produce a minimizer of some function. Often, what makes this task difficult is that it is very slow to compute the function value at any point. Nonetheless, there are simple procedures which provide non-trivial theoretical guarantees on finding an approximate minimizer. One such algorithm is gradient descent, which makes incremental progress towards a minimizer by taking small steps in the "steepest downhill direction." If the shape of the function does not change rapidly, gradient descent guarantees progress at every step. Otherwise, some steps can increase the function value; this is the setting we consider. We study the function value of different combinations of the points visited by gradient descent and compare them to the value of the minimizer. Understanding this is of practical significance because gradient descent is a fundamental algorithm for many machine learning tasks.

## Preface

The main body of work presented in this thesis was largely conducted in collaboration with Nicholas Harvey, Christopher Liaw, and Yaniv Plan and was accepted for publication [15] at the Conference of Learning Theory 2019 [Nicholas J. A. Harvey, Christopher Liaw, Yaniv Plan, Sikander Randhawa. Tight analyses of non-smooth stochastic gradient descent. In Conference on Learning Theory, 2019.]. The majority of the results and proofs found in Chapter 2, Chapter 3, Chapter 4, Section 5.2 can be found in [15]. The proofs of these results were developed as a result of collaborative effort and the writing was shared equally amongst authors. Some exceptions include the proofs in Section 3.4 and Section 3.5 which are currently unpublished and were developed and written by me. The statements of results from Chapter 5 and Chapter 6 can be found in [15] without proof. We provide full proofs in this thesis. I wrote Section 5.1 in Chapter 5, derived and wrote the results in Section 6.3 , and wrote Section 6.2. The writing responsibilities in other sections of these chapters were shared amongst collaborators.

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## Dedication

This thesis is dedicated to my Mom, Dad, and Brother.

## Chapter 1

## Introduction

### 1.1 Introduction

Stochastic gradient descent (SGD) is one of the oldest randomized algorithms, dating back to 1951 [37]. It is a very simple and widely used iterative method for minimizing a function. In a nutshell, the method works by querying an oracle for a noisy estimate of a subgradient, then taking a small step in the opposite direction. The simplicity and effectiveness of this algorithm has established it both as an essential tool for applied machine learning [21, 40], and as a versatile framework for theoretical algorithm design.

In theoretical algorithms, SGD often appears in the guise of coordinate descent, an important special case in which each gradient estimate has a single non-zero coordinate. Some of the fast algorithms for Laplacian linear systems [23, 28] are based on coordinate descent (and the related Kaczmarz method [44]). Multi-armed Bandits were discovered years ago to be a perfect setting for coordinate descent [2]: the famous Exp3 algorithm combines coordinate descent and the multiplicative weight method. Recent work on the geometric median problem [9] gave a sublinear time algorithm based on SGD, and very recently a new privacy amplification technique [12] has been developed that injects noise to the subgradients while executing SGD. Surveys and monographs discussing gradient descent and aimed at a theoretical CS audience include Bansal and Gupta [4], Bubeck [7], Hazan [16], and Vishnoi [46].

The efficiency of SGD is usually measured by the rate of decrease of the error - the difference in value between the algorithm's output and the true minimum. The optimal error rate is known under various assumptions on $f$, the function to be minimized. In addition to convexity, common assumptions are that $f$ is smooth (gradient is Lipschitz) or strongly convex (locally lower-bounded by a quadratic). Strongly convex functions often arise due to regularization, whereas smooth functions can sometimes be obtained by smoothening approximations (e.g., convolution). Existing analyses [32] show that, after $T$ steps of SGD, the expected error of the final iterate is $O(1 / \sqrt{T})$ for smooth functions, and $O(1 / T)$ for functions that are both smooth and strongly convex; furthermore, both of these error rates are optimal without further assumptions.

The non-smooth setting is the focus of this thesis. In theoretical algorithms and discrete optimization, the convex functions that arise are often non-smooth. For example, the objective for the geometric median problem is a (sum of) 2 -norms [9], so Lipschitz but not smooth. Similarly, formulating the minimum $s$ - $t$ cut problem as convex minimization [29], the objective is a 1-norm, so Lipschitz but not smooth. In machine learning, the
objective for regularized support vector machines [41] is strongly convex but not smooth.
A trouble with the non-smooth setting is that the error of (even deterministic) gradient descent need not decrease monotonically with $T$, so it is not obvious how to analyze the error of the final iterate. A workaround, known as early as [33], is to output the average of the iterates. Existing analyses of SGD show that the expected error of the average is $\Theta(1 / \sqrt{T})$ for Lipschitz functions [33], which is optimal, whereas for functions that are also strongly convex [18, 36] the average has error $\Theta(\log (T) / T)$ with high probability, which is not the optimal rate. An alternative algorithm, more complicated than SGD, was discovered by Hazan and Kale [17]; it achieves the optimal expected error rate of $O(1 / T)$. Suffix averaging, a simpler approach in which the last half of the SGD iterates are averaged, was also shown to achieve expected error $O(1 / T)$ [36], although implementations can be tricky or memory intensive if the number of iterations $T$ is unknown a priori. Non-uniform averaging schemes with optimal expected error rate and simple implementations are also known [27, 43], although the solutions may be less interpretable.

Shamir [42] asked the very natural question of whether the final iterate of SGD achieves the optimal rate in the non-smooth scenario, as it does in the smooth scenario. If true, this would yield a very simple, implementable and interpretable form of SGD. Substantial progress on this question was made by Shamir and Zhang [43], who showed that the final iterate has expected error $O(\log (T) / \sqrt{T})$ for Lipschitz $f$, and $O(\log (T) / T)$ for strongly convex $f$. Both of these bounds are a $\log (T)$ factor worse than the optimal rate, so Shamir and Zhang [43] write

An important open question is whether the $O(\log (T) / T)$ [expected] rate we obtained on [the last iterate], for strongly-convex problems, is tight. This question is important, because running SGD for $T$ iterations, and returning the last iterate, is a very common heuristic. In fact, even for the simpler case of (non-stochastic) gradient descent, we do not know whether the behavior of the last iterate... is tight.

Our work shows that the $\log (T)$ factor is necessary, both for Lipschitz functions and for strongly convex functions, even for non-stochastic gradient descent. So both of the expected upper bounds due to Shamir and Zhang are actually tight. This resolves the first question of Shamir [42]. In fact, we show a much stronger statement: any convex combination of the last $k$ iterates must incur a $\log (T / k)$ factor. Thus, suffix averaging must average a constant fraction of the iterates to achieve the optimal rate.

Recently, Jain et al. [20] consider the setting where the time horizon, $T$, is fixed ahead of time. They show that in both the strongly-convex case and the Lipschitz case, a suitable choice of step size gives the final iterate the optimal convergence rates of $O(1 / T)$ and $O(1 / \sqrt{T})$, respectively in expectation and with high probability. On the other hand, for the strongly-convex and stochastic case, when $T$ is unknown, they show that no choice of step size gives the individual iterates of SGD the $O(1 / T)$ rate for every $T$.

High probability bounds on SGD are somewhat scarce; most of the literature proves bounds in expectation, which is of course easier. A common misconception is that picking the best of several independent trials of SGD would yield high-probability bounds, but this approach is not as efficient as it might seem ${ }^{11}$. So it is both interesting and useful that high-probability bounds hold for a single execution of SGD. Some known highprobability bounds for the strongly convex setting include [22], for uniform averaging, and [17, 36], which give

[^0]a suboptimal bound of $O(\log \log (T) / T)$ for suffix averaging (and a variant thereof). In this work, we give two high probability bounds on the error of SGD for strongly convex functions: $O(1 / T)$ for suffix averaging and $O(\log (T) / T)$ for the final iterate. Both of these are tight. (Interestingly, the former is used as an ingredient for the latter.) The former answers a question of Rakhlin et al. [36, §6], and the latter resolves the second question of Shamir [42]. For Lipschitz functions, we prove a high probability bound of $O(\log (T) / \sqrt{T})$ for the final iterate, which is also tight.

Our work can also be seen as extending a line of work on understanding the difference between an average of the iterates or the last iterate of an iterative process. For instance, an important result in game theory is that the multiplicative weights update algorithm converges to an equilibrium [14], i.e. the set of players are required to play some sort of "coordinated average" of their past strategies. Recently, [3] studied the convergence behaviour of players' individual strategies and found that the strategies diverge and hence, coordination (i.e. averaging) is needed to obtain an equilibrium. In a similar spirit, our work shows that the iterates of gradient descent have a sub-optimal convergence rate, at least for non-smooth convex functions, and thus, some form of averaging is needed to achieve the optimal rate. It is an interesting direction to see whether or not this is necessary in other iterative methods as well. For instance, the multiplicative weights update algorithm can be used to give an iterative algorithm for maximum flow [8], or linear programming in general [1, 34], but also requires some form of averaging. We hope that this thesis contributes to a better understanding on when averaging is necessary in iterative processes.

### 1.2 Preliminaries

Let $\mathscr{X}$ be a closed, convex subset of $\mathbb{R}^{n}, f: \mathscr{X} \rightarrow \mathbb{R}$ be a convex function, and $\partial f(x)$ the subdifferential of $f$ at $x$. Our goal is to solve the convex program $\min _{x \in \mathscr{X}} f(x)$. (Our later assumptions will imply that $\min _{x \in \mathscr{X}} f(x)$ is realized by some point $x^{*}$ ). We assume that $f$ is not explicitly represented. Instead, the algorithm is allowed to query $f$ via a stochastic gradient oracle, i.e., if the oracle is queried at $x$ then it returns $\hat{g}=g-\hat{z}$ where $g \in \partial f(x)$ and $\mathrm{E}[\hat{z}]=0$ conditioned on all past calls to the oracle. The set $\mathscr{X}$ is represented by a projection oracle, which returns the point in $\mathscr{X}$ closest in Euclidean norm to a given point $x$. We say that $f$ is $\alpha$-strongly convex if

$$
\begin{equation*}
f(y) \geq f(x)+\langle g, y-x\rangle+\frac{\alpha}{2}\|y-x\|^{2} \quad \forall y, x \in \mathscr{X}, g \in \partial f(x) . \tag{1.1}
\end{equation*}
$$

Throughout this thesis, $\|\cdot\|$ denotes the Euclidean norm in $\mathbb{R}^{n}$ and $[T]$ denotes the set $\{1, \ldots, T\}$.
We say that $f$ is $L$-Lipschitz if $\|g\| \leq L$ for all $x \in \mathscr{X}$ and $g \in \partial f(x)$. For the remainder of this thesis, unless otherwise stated, we make the assumption that $\alpha=1$ and $L=1$; this is only a normalization assumption and is without loss of generality (see Section 6.1 ). For the sake of simplicity, we also assume that $\|\hat{z}\| \leq 1$ a.s. although our arguments generalize to the setting when $\hat{z}$ are subgaussian (see Section 6.1).

Let $\Pi_{\mathscr{X}}$ denote the projection operator on $\mathscr{X}$, which is defined by $\Pi_{\mathscr{X}}(y)=\arg \min _{x \in \mathscr{X}}\|x-y\|$. The (projected) stochastic gradient algorithm is given in Algorithm 1. Notice that the algorithm maintains a sequence of points and there are several strategies to output a single point. The simplest strategy is to simply output $x_{T+1}$. However, one can also consider averaging all the iterates [35, 39] or averaging only a fraction of the final iterates [36]. Notice that the algorithm also requires the user to specify a sequence of step sizes. The optimal choice of step size is known to be $\eta_{t}=\Theta(1 / t)$ for strongly convex functions [32, 36], and $\eta_{t}=\Theta(1 / \sqrt{t})$ for Lipschitz
functions. For our analyses, we will use a step size of $\eta_{t}=1 / t$ for strongly convex functions and $\eta_{t}=1 / \sqrt{t}$ for Lipschitz functions.

```
Algorithm 1 Projected stochastic gradient descent for minimizing a non-smooth, convex function.
    procedure StochasticGradientDescent \(\left(\mathscr{X} \subseteq \mathbb{R}^{n}, x_{1} \in \mathscr{X}\right.\), step sizes \(\left.\eta_{1}, \eta_{2}, \ldots\right)\)
        for \(t \leftarrow 1, \ldots, T\) do
            Query stochastic gradient oracle at \(x_{t}\) for \(\hat{g}_{t}\) such that \(\mathrm{E}\left[\hat{g}_{t} \mid \hat{g}_{1}, \ldots, \hat{g}_{t-1}\right] \in \partial f\left(x_{t}\right)\)
            \(y_{t+1} \leftarrow x_{t}-\eta_{t} \hat{g}_{t}\) (take a step in the opposite direction of the subgradient)
            \(x_{t+1} \leftarrow \Pi_{\mathscr{X}}\left(y_{t+1}\right)\left(\right.\) project \(y_{t+1}\) onto the set \(\left.\mathscr{X}\right)\)
        return either \(\begin{cases}x_{T+1} & \text { (final iterate) } \\ \frac{1}{T+1} \Sigma_{t=1}^{T+1} x_{t} & \text { (uniform averaging) } \\ \frac{1}{T / 2+1} \sum_{t=T / 2+1}^{T+1} x_{t} & \text { (suffix averaging) }\end{cases}\)
```


### 1.2.1 Preliminaries on martingales

Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be such that $d_{i}$ are $\mathscr{F}_{i}$ measurable random variables where $\left\{\mathscr{F}_{i}\right\}_{i=1}^{n}$ forms a filtration of a sigma field $\mathscr{F}, \mathrm{E}\left[\left|d_{i}\right|\right]<\infty$ and $\mathrm{E}\left[d_{i} \mid \mathscr{F}_{i}\right]=0$. We call $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ a martingale difference sequence. The partial sums of a martingale difference sequence form a martingale.

In order to control the tail distribution of a martingale, one needs to make some assumptions on the behavior of the increments, $d_{i}$. A common assumption which is used in the classical Hoeffding's inequality is that $\left|d_{i}\right| \leq c_{i}$ almost surely where $c_{i} \in \mathbb{R}$. Then, Hoeffding's inequality yields

$$
\operatorname{Pr}\left[\sum_{i=1}^{n} d_{i} \geq x\right] \leq \exp \left(-\frac{x^{2}}{2 \sum_{i=1}^{n} c_{i}^{2}}\right), \quad \forall x>0
$$

Therefore, Hoeffding's inequality is useful if one can derive an almost sure bound on the sum of squared magnitudes by a scalar, $\sum_{i=1}^{n} c_{i}^{2}$. A weaker assumption which allows Hoeffding's inequality to be applicable for a much broader class of martingales is that the increments are conditionally subgaussian ${ }^{2}$. In this setting, one can use Hoeffding's inequality when the sum of squared subgaussian norms is almost surely bounded by a scalar.

The classical Freedman's inequality is a martingale concentration inequality which has the advantage that one need not require an almost sure bound on the sum of squared magnitudes. Freedman's inequality can roughly be stated as follows:

$$
\operatorname{Pr}\left[\sum_{i=1}^{n} d_{i} \geq x \text { and } B_{n} \leq y\right] \leq \exp \left(-\frac{C x^{2}}{x+y}\right) \quad \forall x, \beta>0
$$

where $B_{t}$ is some process derived from $\sum_{i=1}^{t} d_{i}$. Notice that a high probability bound of $y$ on $B_{n}$ yields a high probability bound of $\sqrt{y}$ on $\sum_{i=1}^{n} d_{i}$, whereas Hoeffdings inequality requires an almost sure bound of $\sum_{i=1}^{n} c_{i}^{2}$ on the sum of squared magnitudes in order to achieve a high probability bound of $\sqrt{\sum_{i=1}^{n} c_{i}^{2}}$ on $\sum_{i=1}^{n} d_{i} . B_{t}$ can be defined in many ways and there are various forms of Freedman's inequality which use different selections of $B_{t}$.

[^1]Some of these processes, together with an accompanying version of Freedman's inequality using that process follow below:

Definition 1.1. Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Let $\operatorname{var}_{i-1}=\mathrm{E}\left[d_{i}^{2} \mid \mathscr{F}_{i-1}\right]$. Let $\operatorname{Var}_{t}=$ $\sum_{i=1}^{t}$ var $_{i-1}$. The predictable process $\left(\operatorname{Var}_{t}\right)_{t=1}^{n}$ is called the sum of conditional variances (SCV).

Theorem 1.2 ([13, Theorem 1.6]). Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Assume that $\left|d_{i}\right| \leq c$ for every i almost surely. Then, for every $x, y>0$

$$
\operatorname{Pr}\left[\bigcup_{i=1}^{n}\left\{\sum_{i=1}^{t} d_{i} \geq x \text { and } \operatorname{Var}_{t} \leq y\right\}\right] \leq \exp \left(-\frac{c^{2} x^{2}}{2(c x+y)}\right)
$$

Remark 1.3. de la Peña [10] later proved a similar result which relaxes the almost sure bound on the increments and instead assumes a Bernstein style conditional bound on the moments of $d_{i}$. Theorem 1.2 yields a high probability bound of $\sqrt{y}$ on $\sum_{i=1}^{n} d_{i}$ if one can prove a high probability bound of $y$ on the SCV process.

Definition 1.4. Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Let $v_{i-1}$ be $\mathscr{F}_{i-1}$ measureable and minimal such that for all $\lambda>0$ we have $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$. Let $V_{t}=\sum_{i=1}^{t} v_{i-1}$. The predictable process $\left(V_{t}\right)_{t=1}^{n}$ is called the sum of squared conditional subgaussian norms (SSCSN).

Theorem 1.5 ([11, Theorem 2.6]). Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Assume, for $1 \leq i \leq n$, there exist $\mathscr{F}_{i-1}$ measureable random variables $v_{i-1}$ such that for all $\lambda>0$ we have $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq$ $\exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$. Then, for every $x, y>0$

$$
\operatorname{Pr}\left[\bigcup_{i=1}^{n}\left\{\sum_{i=1}^{t} d_{i} \geq x \text { and } V_{t} \leq y\right\}\right] \leq \exp \left(-\frac{x^{2}}{2 y}\right) .
$$

Remark 1.6. Notice that Theorem 1.5 does not require an almost sure bound on the increments $d_{i}$. Instead, it assumes subgaussian increments. Theorem 1.5 yields a high probability bound of $\sqrt{y}$ if one can prove a high probability bound of $y$ on the SSCSN process.

It may be challenging to obtain an a high probability bound on the SCV or SSCSN processes. Instead, it is sometimes useful to consider the following process. Indeed, by Lemma 1.8 the sum of squared magnitudes (SSCM) process bounds both the SCV process and the SSCSN process. For a statement of a concentration inequality similar to Freedman's inequality which uses a process similar to the SSCM process, see [31, Theorem 3.14].
Definition 1.7. Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Suppose that $\left|d_{i}\right| \leq m_{i-1}$ where $m_{i-1}$ is $\mathscr{F}_{i-1}$ measureable. Let $M_{t}=\sum_{i=1}^{t} m_{i-1}^{2}$. The predictable process $\left(M_{t}\right)_{t=1}^{n}$ is called the sum of squared conditional magntitudes (SSCM).
Lemma 1.8. Suppose $\left|d_{i}\right| \leq m_{i-1}$ where $m_{i-1}$ is $\mathscr{F}_{i-1}$ measurable. Then, $\operatorname{var}_{i-1} \leq m_{i-1}$ and $v_{i-1} \leq m_{i-1}^{2}$. Consequently, $\operatorname{Var}_{t} \leq M_{t}$ and $V_{t} \leq M_{t}$ for all $t \in[n]$.
Proof (of Lemma 1.8). The first part of the claim follows because $\mathrm{E}\left[\operatorname{var}_{i-1} \mid \mathscr{F}_{i-1}\right]=\mathrm{E}\left[d_{i}^{2} \mid \mathscr{F}_{i-1}\right] \leq m_{i-1}^{2}$, since $\left|d_{i}\right| \leq m_{i-1}$ which is $\mathscr{F}_{i-1}$ measurable. The second part of the claim follows because $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq$ $\exp \left(\frac{\lambda^{2}}{2} m_{i-1}^{2}\right)$ by Hoeffding's Lemma (Lemma A.5).

In this thesis we derive a generalization of Freedman's inequality (as formulated in Theorem 1.5). While Theorem 1.5 is useful in the setting where one can obtain a high probability bound on the SSCSN process by a scalar, our Theorem 1.11 can be used with a high probability upper bound on the SSCSN by a random quantity with a particular structure. This random quantity contains a scaled and translated version of the original martingale - and we will refer to this entanglement between the SSCSN process and the original martingale as the chicken and egg phenomenon. Theorem 1.11 is used to derive a high probability bound on the error of the final iterate of Algorithm 1. While Theorem 1.11 requires one to control the SSCSN process, our application of Theorem 1.11 begins by bounding the SSCM process. Lemma 1.8 implies that this is sufficient.

### 1.3 Our contributions

Our main results are bounds on the error of the final iterate of stochastic gradient descent for non-smooth, convex functions.

Strongly convex and Lipschitz functions. We prove an $\Omega(\log (T) / T)$ lower bound, even in the non-stochastic case, and an $O(\log (T) \log (1 / \delta) / T)$ upper bound with probability $1-\delta$.

Lipschitz functions. We prove an $\Omega(\log (T) / \sqrt{T})$ lower bound, even in the non-stochastic case, and an $O(\log (T) \log (1 / \delta) / \sqrt{T})$ upper bound with probability $1-\delta$.

### 1.3.1 High probability upper bounds

Theorem 1.9. Suppose $f$ is 1 -strongly convex and 1 -Lipschitz. Suppose that $\hat{z}_{t}$ (i.e., $\mathrm{E}\left[\hat{g}_{t}\right]-\hat{g}_{t}$, the noise of the stochastic gradient oracle) has norm at most 1 almost surely. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 /$ t. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$ and $\delta \in(0,1)$ be arbitrary. Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f\left(x^{*}\right) \leq O\left(\frac{\log (T) \log (1 / \delta)}{T}\right)
$$

Theorem 1.10. Suppose $f$ is 1 -Lipschitz and $\mathscr{X}$ has diameter 1 . Suppose that $\hat{z}_{t}\left(i . e ., \mathrm{E}\left[\hat{g}_{t}\right]-\hat{g}_{t}\right.$, the noise of the stochastic gradient oracle) has norm at most 1 almost surely. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 / \sqrt{t}$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$ and $\delta \in(0,1)$ be arbitrary. Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f\left(x^{*}\right) \leq O\left(\frac{\log (T) \log (1 / \delta)}{\sqrt{T}}\right) .
$$

The assumptions on the strong convexity parameter, Lipschitz parameter, and diameter are without loss of generality; see Section 6.1. The bounded noise assumption for the stochastic gradient oracle is made only for simplicity; our analysis can be made to go through if one relaxes the a.s. bounded condition to a subgaussian condition; see Section 6.3. We also remark that a linear dependence on $\log (1 / \delta)$ is necessary for strongly convex functions; see Section 5.2.

Our main probabilistic tool to prove Theorem 1.9 and Theorem 1.10 is a new extension of the classic Freedman inequality [13] to a setting in which the martingale exhibits a curious phenomenon. Ordinarily a martingale is roughly bounded by the square root of the sum of squared magnitudes (SSCM) (this is the content of Freedman's inequality). We consider a setting in which the SSCM is itself bounded by (a linear transformation of) the martingale. We refer to this as a "chicken and egg" phenomenon.

Theorem 1.11 (Generalized Freedman). Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Suppose $v_{i-1}$, for $i \in[n]$, are positive and $\mathscr{F}_{i-1}$-measurable random variables such that $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$ for all $i \in[n], \lambda>0$. Let $S_{t}=\sum_{i=1}^{t} d_{i}$ and $V_{t}=\sum_{i=1}^{t} v_{i-1}$. Let $\alpha_{i} \geq 0$ and set $\alpha=\max _{i \in[n]} \alpha_{i}$. Then

$$
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] \leq \exp \left(-\frac{x}{4 \alpha+8 \beta / x}\right) \quad \forall x, \beta>0
$$

The proof of Theorem 1.11 appears in Section 4.1. Freedman's Inequality [13] (as formulated in Theorem 1.5, up to constants) simply omits the terms highlighted in yellow, i.e., it sets $\alpha=0$. Observe that Theorem 1.11 assumes subgaussian increments as in [11] (as opposed to [10, 13] which assumes bounded increments).

### 1.3.2 Lower bounds

Theorem 1.12. For any $T$ and any constant $c>0$, there exists a convex function $f_{T}: \mathscr{X} \rightarrow \mathbb{R}$, where $\mathscr{X}$ is the unit Euclidean ball in $\mathbb{R}^{T}$, such that $f_{T}$ is $(3 / c)$-Lipschitz and $(1 / c)$-strongly convex, and satisfies the following. Suppose that Algorithm 1 is executed from the initial point $x_{1}=0$ with step sizes $\eta_{t}=c / t$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f_{T}(x)$. Then

$$
\begin{equation*}
f_{T}\left(x_{T}\right)-f_{T}\left(x^{*}\right) \geq \frac{\log T}{4 c \cdot T} \tag{1.2}
\end{equation*}
$$

More generally, any weighted average $\bar{x}$ of the last $k$ iterates has

$$
\begin{equation*}
f_{T}(\bar{x})-f_{T}\left(x^{*}\right) \geq \frac{\ln (T)-\ln (k)}{4 c \cdot T} \tag{1.3}
\end{equation*}
$$

Thus, suffix averaging must average a constant fraction of iterates to achieve the optimal $O(1 / T)$ error.
Remark 1.13. Let $L=(3 / c)$ and $\alpha=(1 / c)$. Then, the lower bound from Eq. (1.2) can be re-written as $\frac{L^{2}}{36 \alpha} \frac{\log T}{T}$. This is within a constant factor of the guaranteed upper bound of $\frac{17 L^{2}}{\alpha} \frac{1+\log T}{T}$ by Shamir and Zhang [43].
Theorem 1.14. For any $T$ and any constant $c>0$, there exists a convex function $f_{T}: \mathscr{X} \rightarrow \mathbb{R}$, where $\mathscr{X}$ is the unit Euclidean ball in $\mathbb{R}^{T}$, such that $f_{T}$ is $(1 / c)$-Lipschitz, and satisfies the following. Suppose that Algorithm 1 is executed from the initial point $x_{1}=0$ with step sizes $\eta_{t}=c / \sqrt{t}$ with $c>0$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f_{T}(x)$. Then

$$
\begin{equation*}
f_{T}\left(x_{T}\right)-f_{T}\left(x^{*}\right) \geq \frac{\log T}{32 c \sqrt{T}} . \tag{1.4}
\end{equation*}
$$

More generally, any weighted average $\bar{x}$ of the last $k$ iterates has

$$
\begin{equation*}
f_{T}(\bar{x})-f_{T}\left(x^{*}\right) \geq \frac{\ln (T)-\ln (k)}{32 c \sqrt{T}} \tag{1.5}
\end{equation*}
$$

Furthermore, the value of $f$ strictly monotonically increases for the first $T$ iterations:

$$
\begin{equation*}
f\left(x_{i+1}\right) \geq f\left(x_{i}\right)+\frac{1}{64 c \sqrt{T}(T-i+1)} \quad \forall i \in[T] \tag{1.6}
\end{equation*}
$$

Remark 1.15. Let $L=(1 / c)$ and $R=1$. Then, the lower bound from Eq.(1.4) can be written as $(R / c+$
$\left.c L^{2}\right) \frac{\log T}{64 \sqrt{T}}$. This is within a constant factor of the guaranteed upper bound of $\left(R / c+c L^{2}\right) \frac{2+\log T}{\sqrt{T}}$ by Shamir and Zhang [43].

Remark 1.16. In order to incur a $\log T$ factor in the error of the $T$ iterate, Theorem 1.12 and Theorem 1.14 constructs a function $f_{T}$ parameterized by $T$. It is also possible to create a single function $f$, independent of $T$, which incurs an additional factor very slightly below $\log T$ for infinitely many $T$. This is described in Theorem 5.1 and Theorem 5.2.

### 1.3.3 High probability upper bound for suffix averaging

Interestingly, our proof of Theorem 1.9 requires understanding the suffix average. (In fact this connection is implicit in [43]). Hence, en route, we prove the following high probability bound on the error of the average of the last half of the iterates of SGD.

Theorem 1.17. Suppose $f$ is 1-strongly convex and 1-Lipschitz. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 / t$ and assume $T$ is even. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$ and $\delta \in(0,1)$ be arbitrary. Then, with probability at least $1-\delta$,

$$
f\left(\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} x_{t}\right)-f\left(x^{*}\right) \leq O\left(\frac{\log (1 / \delta)}{T}\right)
$$

Remark 1.18. This upper bound is optimal. Indeed, Section 5.2 shows that the error is $\Omega(\log (1 / \delta) / T)$ even for the one-dimensional function $f(x)=x^{2} / 2$.

Theorem 1.17 is an improvement over the $O(\log (\log (T) / \delta) / T)$ bounds independently proven by Rakhlin et al. [36] (for suffix averaging) and Hazan and Kale [17] (for EpochGD). Once again, we defer the statement of the theorem for general strongly-convex and Lipschitz parameters to Section 6.1.

### 1.4 Techniques

Final iterate. When analyzing gradient descent, it simplifies matters greatly to consider the expected error. This is because the effect of a gradient step is usually bounded by the subgradient inequality; so by linearity of expectation, one can plug in the expected subgradient, thus eliminating the noise [7, §6.1].

High probability bounds are more difficult. (Indeed, it is not a priori obvious that the error of the final iterate is tightly concentrated.) A high probability analysis must somehow control the total noise that accumulates from each noisy subgradient step. Fortunately, the accumulated noise forms a zero-mean martingale but unfortunately, the martingale depends on previous iterates in a highly nontrivial manner. Indeed, suppose $\left(X_{t}\right)$ is the martingale of the accumulated noise and let $\operatorname{var}_{t-1}=\mathrm{E}\left[\left(X_{t}-X_{t-1}\right)^{2} \mid X_{1}, \ldots, X_{t-1}\right]$ be the conditional variance at time $t$ and let $\operatorname{Var}_{t}=\sum_{i=1}^{t} \operatorname{Var}_{i-1}$ be the sum of conditional variances (SCV). Freedman's inequality roughly states that $X_{T} \lesssim \sqrt{\operatorname{Var}_{T}}$. A significant technical step of our analysis (Lemma 3.4) shows that the sum of squared conditional magnitudes $(\mathrm{SSCM}),\left(M_{t}\right)_{t \leq T}$ of the accumulated noise exhibits the "chicken and egg" phenomenon alluded to in the discussion of Theorem 1.11. Roughly speaking, we have $M_{T} \leq \alpha X_{T-1}+\beta$ (where $\alpha, \beta>0$ are scalars), which implies a bound on $\operatorname{Var}_{T}$ since Lemma 1.8 states that $\operatorname{Var}_{T} \leq M_{T}$. Therefore, an inductive argument using Freedman's inequality shows that $X_{T} \lesssim \sqrt{\alpha X_{T-1}+\beta} \lesssim \sqrt{\alpha \sqrt{\alpha X_{T-2}+\beta}+\beta} \lesssim \cdots$. This naive analysis invokes Freedman's inequality $T$ times, so a union bound incurs an extra factor $\log T$ in the bound on $X_{T}$. This
can be improved via a trick [6]: by upper-bounding the SSCM by a power-of-two (and by $T$ ), it suffices to invoke Freedman's inequality $\log T$ times, which only incurs an extra factor $\log \log T$ in the bound on $X_{T}$.

Notice that this analysis actually shows that $X_{t} \lesssim \sqrt{M_{t}}$ for all $t \leq T$, whereas the original goal was only to control $X_{T}$. Any analysis that simultaneously controls all $X_{t}, t \leq T$, must necessarily incur an extra factor $\log \log T$. This is a consequence of the Law of the Iterated Logarithm ${ }^{3}$. Previous work employs exactly such an analysis [17, 22, 36] and incurs the $\log \log T$ factor. Rakhlin et al. [36] explicitly raise the question of whether this $\log \log T$ factor is necessary.

Our work circumvents this issue by developing a generalization of Freedman's Inequality (Theorem 1.11) to handle martingales of the above form, which ultimately yields optimal high-probability bounds. We are no longer hindered by the Law of the Iterated Logarithm because our variant of Freedman's Inequality does not require us to have fine grained control over the martingale over all times.

Another important tool that we employ is a new bound on the Euclidean distance between the iterates computed by SGD (Lemma 3.3). This is useful because, by the subgradient inequality, the change in the error at different iterations can be bounded using the distance between iterates. Various naive approaches yield a bound of the form $\left\|x_{a}-x_{b}\right\|^{2} \leq \frac{(b-a)^{2}}{\min \left\{a^{2}, b^{2}\right\}}$ (in the strongly convex case). We derive a much stronger bound, comparable to $\left\|x_{a}-x_{b}\right\|^{2} \leq \frac{|b-a|}{\min \left\{a^{2}, b^{2}\right\}}$. Naturally, in the stochastic case, there are additional noise terms that contribute to the technical challenge of our analysis. Nevertheless, this new distance bound could be useful in further understanding non-smooth gradient descent (even in the non-stochastic setting).

As in previous work on the strongly convex case [43], the error of the suffix average plays a critical role in bounding the error of the final iterate. Therefore, we also need a tight high probability bound on the error of the suffix average.

Suffix averaging. To complete the optimal high probability analysis on the final iterate, we need a high probability bound on the suffix average that avoids the $\log \log T$ factor. As in the final iterate setting, the accumulated noise for the suffix average forms a zero-mean martingale, $\left(X_{t}\right)_{T / 2}^{T}$, but now the squared conditional magnitude at step $t$ satisfies $m_{t} \leq \alpha_{t} m_{t-1}+\beta_{t} \hat{w}_{t} \sqrt{m_{t-1}}+\gamma_{t}$, where $\hat{w}_{t}$ is a conditionally mean-zero random variable and $\alpha_{t}, \beta_{t}$ and $\gamma_{t}$ are constants. In [36], using Freedman's Inequality combined with the trick from [6], they obtain a bound on a similar martingale but do so over all time steps and incur a $\log \log T$ factor. However, our goal is only to bound $X_{T}$ and according to Freedman's Inequality $X_{T} \lesssim \sqrt{M_{T}}$, where $M_{T}$ is the sum of squared conditional magnitudes at time $T$. So, our goal becomes to bound $M_{T}$. To do so, we develop a probabilistic tool to bound the $t$ iterate of a stochastic process that satisfies a recursive dependence on the $(t-1)$ iterate similar to the one exhibited by $M_{t}$.

Theorem 1.19. Let $\left(X_{t}\right)_{t=1}^{T}$ be a stochastic process and let $\left(\mathscr{F}_{t}\right)_{t=1}^{T}$ be a filtration such that $X_{t}$ is $\mathscr{F}_{t}$ measurable and $X_{t}$ is non-negative almost surely. Let $\alpha_{t} \in[0,1)$ and $\beta_{t}, \gamma_{t} \geq 0$ for every $t$. Assume that $\mathrm{E}\left[\exp \left(\lambda X_{1}\right)\right] \leq$ $\exp (\lambda K)$ for $\lambda \in(0,1 / K]$ where $K=\max _{1 \leq t \leq T}\left(\frac{2 \gamma_{t}}{1-\alpha_{t}}, \frac{2 \beta_{t}^{2}}{1-\alpha_{t}}\right)$. Let $\hat{w}_{t}$ be a mean-zero random variable conditioned on $\mathscr{F}_{t}$ such that $\left|\hat{w}_{t}\right| \leq 1$ almost surely for every $t$. Suppose that $X_{t+1} \leq \alpha_{t} X_{t}+\beta_{t} \hat{w}_{t} \sqrt{X_{t}}+\gamma_{t}$ for every $t$. Then, the following hold.

- For every $t, \operatorname{Pr}\left[X_{t} \geq K \log (1 / \delta)\right] \leq \mathrm{e} \delta$.

[^2]- More generally, if $\sigma_{1}, \ldots, \sigma_{T} \geq 0$, then $\operatorname{Pr}\left[\sum_{t=1}^{T} \sigma_{t} X_{t} \geq K \log (1 / \delta) \sum_{t=1}^{T} \sigma_{t}\right] \leq \mathrm{e} \delta$.

The recursion $X_{t+1} \leq \alpha_{t}+\beta_{t} \hat{w}_{t} \sqrt{X_{t}}+\gamma_{t}$ presents two challenges that make it difficult to analyze. Firstly, the fact that it is a non-linear recurrence makes it unclear how one should unwind $X_{t+1}$. Furthermore, unraveling the recurrence introduces many $\hat{w}_{t}$ terms in a non-trivial way. Interestingly, if we instead consider the moment generating function (MGF) of $X_{t+1}$, then we can derive an analogous recursive MGF relationship which removes this non-linear dependence and removes the $\hat{w}_{t}$ term. This greatly simplifies the recursion and leads to a surprisingly clean analysis. The proof of Theorem 1.19 can be found in Section 4.2. (The recursive MGF bound which removes the non-linear dependence is by Claim 4.6.)
Deterministic lower bound. As mentioned above, a challenge with non-smooth gradient is that the error of the $T$ iterate may not monotonically decrease with $T$, even in the deterministic setting. The full extent of this non-decreasing behavior seems not to have been previously understood. We develop a technique that forces the error to be monotonically increasing for $\Omega(T)$ consecutive iterations. The idea is as follows. If GD takes a step in a certain direction, a non-differentiable point can allow the function to suddenly increase in that direction. If the function were one-dimensional, the next iteration of GD would then be guaranteed to step in the opposite direction, thereby decreasing the function. However, in higher dimensions, the second gradient step could be nearly orthogonal to the first step, and the function could have yet another non-differentiable point in this second direction. In sufficiently high dimensions, this behavior can be repeated for many iterations. The tricky aspect is designing the function to have this behavior while also being convex. We show that this is possible, leading to the unexpectedly large error in the $T$ iteration. We believe that this example illuminates some non-obvious behavior of gradient descent.

## Chapter 2

## Finite Dimensional Lower Bounds

### 2.1 Lower bound on error of final iterate, strongly convex case

In this section we prove that the final iterate of SGD for strongly convex functions has error that is suboptimal by a factor $\Omega(\log T)$, even in the non-stochastic case. We give the proof of Theorem 1.12 in the case where $c=1$. Theorem 1.12 can be obtained in full generality from the analysis in this section by applying the following reduction, which is easily verifiable via induction.

Lemma 2.1. Suppose that executing Algorithm 1 over the feasible region $\mathscr{X} \subset \mathbb{R}^{n}$, on the convex function $f: \mathbb{R}^{n} \mapsto \mathbb{R}$, using initial point $x_{1}$, step-sizes $\eta_{t}$, and map $\sigma$ such that $\sigma(x) \in \partial f(x)$ as a subgradient oracle, yields the iterates $x_{1}, x_{2}, \ldots$. Then, executing Algorithm $\sqrt{1}$ over $\mathscr{X}$ on the function $(1 / c) \cdot f$, using initial point $x_{1}$, step-sizes $c \cdot \eta_{t}$, and subgradient oracle $(1 / c) \sigma$ also yields the iterates $x_{1}, x_{2}, \ldots$.

When $c=1$, we define a function $f=f_{T}$, depending on $T$, for which the final iterate produced by Algorithm 1 has $f\left(x_{T}\right)=\Omega(\log (T) / T)$ and $\min _{x \in \mathscr{X}} f(x) \leq 0$, thereby proving (1.2). Let $\mathscr{X}$ be the Euclidean unit ball in $\mathbb{R}^{T}$. Define $f: \mathscr{X} \rightarrow \mathbb{R}$ and $h_{i} \in \mathbb{R}^{T}$ for $i \in[T+1]$ by

$$
\begin{aligned}
f(x) & =\max _{i \in[T+1]} H_{i}(x) \quad \text { where } \quad H_{i}(x)=h_{i}^{\top} x+\frac{1}{2}\|x\|^{2} \\
h_{i, j} & =\left\{\begin{array}{ll}
a_{j} & (\text { if } 1 \leq j<i) \\
-1 & (\text { if } i=j \leq T) \\
0 & (\text { if } i<j \leq T)
\end{array} \quad \text { and } \quad a_{j}=\frac{1}{2(T+1-j)} \quad \text { (for } j \in[T]\right) .
\end{aligned}
$$

It is easy to see that $f$ is 1 -strongly convex due to the $\frac{1}{2}\|x\|^{2}$ term. Furthermore $f$ is 3 -Lipschitz over $\mathscr{X}$ because $\left\|\nabla H_{i}(x)\right\| \leq\left\|h_{i}\right\|+1$ and $\left\|h_{i}\right\|^{2} \leq 1+\frac{1}{4} \sum_{j=1}^{T} \frac{1}{(T+1-j)^{2}}<1+\frac{1}{2}$. Finally, the minimum value of $f$ over $\mathscr{X}$ is non-positive because $f(0)=0$.

Subgradient oracle. In order to execute Algorithm 1 on $f$ we must specify a subgradient oracle. First, we require the following claim, which follows from standard facts in convex analysis [19, Theorem 4.4.2].

Claim 2.2. $\partial f(x)$ is the convex hull of $\left\{h_{i}+x: i \in \mathscr{I}(x)\right\}$, where $\mathscr{I}(x)=\left\{i: H_{i}(x)=f(x)\right\}$.
Our subgradient oracle is non-stochastic: given $x$, it simply returns $h_{i^{\prime}}+x$ where $i^{\prime}=\min \mathscr{I}(x)$.

Explicit description of iterates. Next we will explicitly describe the iterates produced by executing Algorithm 1 on $f$. Define the points $z_{t} \in \mathbb{R}^{T}$ for $t \in[T+1]$ by $z_{1}=0$ and

$$
z_{t, j}=\left\{\begin{array}{ll}
\frac{1-(t-j-1) a_{j}}{t-1} & (\text { if } 1 \leq j<t) \\
0 & (\text { if } t \leq j \leq T) .
\end{array} \quad(\text { for } t>1)\right.
$$

We will show inductively that these are precisely the first $T$ iterates produced by Algorithm 1 when using the subgradient oracle defined above. The following claim is easy to verify from the definition of $z_{t}$.

## Claim 2.3.

- For $t \in[T+1], z_{t}$ is non-negative. In particular, $z_{t, j} \geq \frac{1}{2(t-1)}$ for $j<t$ and $z_{t, j}=0$ for $j \geq t$.
- $\left\|z_{1}\right\|=0$ and $\left\|z_{t}\right\|^{2} \leq \frac{1}{t-1}$ for $t>1$. Thus $z_{t} \in \mathscr{X}$ for all $t \in[T+1]$.

The "triangular shape" of the $h_{i}$ vectors allows us to determine the value and subdifferential at $z_{t}$.
Claim 2.4. $f\left(z_{t}\right)=H_{t}\left(z_{t}\right)$ for all $t \in[T+1]$. The subgradient oracle for $f$ at $z_{t}$ returns the vector $h_{t}+z_{t}$.
Proof. We claim that $h_{t}^{\top} z_{t}=h_{i}^{\top} z_{t}$ for all $i>t$. By definition, $z_{t}$ is supported on its first $t-1$ coordinates. However, $h_{t}$ and $h_{i}$ agree on the first $t-1$ coordinates (for $i>t$ ). This proves the subclaim.

Next we claim that $z_{t}^{\top} h_{t}>z_{t}^{\top} h_{i}$ for all $1 \leq i<t$. This also follows from the definition of $z_{t}$ and $h_{i}$ :

$$
z_{t}^{\top}\left(h_{t}-h_{i}\right)=\sum_{j=1}^{t-1} z_{t, j}\left(h_{t, j}-h_{i, j}\right)=\sum_{j=i}^{t-1} z_{t, j}\left(h_{t, j}-h_{i, j}\right)=z_{t, i}\left(a_{i}+1\right)+\sum_{j=i+1}^{t-1} z_{t, j} a_{j}>0 .
$$

These two claims imply that $H_{t}\left(z_{t}\right) \geq H_{i}\left(z_{t}\right)$ for all $i \in[T+1]$, and therefore $f\left(z_{t}\right)=H_{t}\left(z_{t}\right)$. Moreover $\mathscr{I}\left(z_{t}\right)=\left\{i: H_{i}\left(z_{t}\right)=f\left(z_{t}\right)\right\}=\{t, \ldots, T+1\}$. Thus, when evaluating the subgradient oracle at the vector $z_{t}$, it returns the vector $h_{t}+z_{t}$.

Since the subgradient returned at $z_{t}$ is determined by Claim 2.4, and the next iterate of SGD arises from a step in the opposite direction, a straightforward induction proof allows us to show the following lemma. Recall that $\eta_{t}=1 / t$ since we assume $c=1$.

Lemma 2.5. For the function $f$ constructed in this section, the vector $x_{t}$ in Algorithm $\square$ equals $z_{t}$, for every $t \in[T+1]$.

Proof. By definition, $z_{1}=x_{1}=0$. By Claim 2.4, the subgradient returned at $x_{1}$ is $h_{1}+x_{1}=h_{1}$, so Algorithm 1 sets $y_{2}=x_{1}-\eta_{1} h_{1}=e_{1}$, the first standard basis vector. Then Algorithm 1 projects onto the feasible region, obtaining $x_{2}=\Pi_{\mathscr{X}}\left(y_{2}\right)$, which equals $e_{1}$ since $y_{2} \in \mathscr{X}$. Since $z_{2}$ also equals $e_{1}$, the base case is proven.

So assume $z_{t}=x_{t}$ for $2 \leq t<T$; we will prove that $z_{t+1}=x_{t+1}$. By Claim 2.4, the subgradient returned at
$x_{t}$ is $\hat{g}_{t}=h_{t}+z_{t}$. Then Algorithm 1 sets $y_{t+1}=x_{t}-\eta_{t} \hat{g}_{t}$. Since $x_{t}=z_{t}$ and $\eta_{t}=1 / t$, we obtain

$$
\begin{aligned}
y_{t+1, j} & =z_{t, j}-\frac{1}{t}\left(h_{t, j}+z_{t, j}\right) \\
& =\frac{t-1}{t} z_{t, j}-\frac{1}{t} h_{t, j} \\
& =\frac{t-1}{t}\left\{\begin{array}{ll}
\frac{1-(t-j-1) a_{j}}{t-1} & (\text { for } j<t) \\
0 & (\text { for } j \geq t)
\end{array}\right\}-\frac{1}{t}\left\{\begin{array}{ll}
a_{j} & (\text { for } j<t) \\
-1 & (\text { for } j=t) \\
0 & (\text { for } j>t)
\end{array}\right\} \\
& =\frac{1}{t}\left\{\begin{array}{ll}
1-(t-j-1) a_{j} & (\text { for } j<t) \\
0 & \text { (for } j \geq t)
\end{array}\right\}-\frac{1}{t}\left\{\begin{array}{ll}
a_{j} & (\text { for } j<t) \\
-1 & \text { (for } j=t) \\
0 & \text { (for } j>t)
\end{array}\right\} \\
& =\frac{1}{t}\left\{\begin{array}{ll}
1-(t-j) a_{j} & (\text { for } j<t) \\
1 & (\text { for } j=t) \\
0 & (\text { for } j \geq t+1)
\end{array}\right\}
\end{aligned}
$$

So $y_{t+1}=z_{t+1}$. Since $x_{t+1}=\Pi_{\mathscr{X}}\left(y_{t+1}\right)$ is defined to be the projection onto $\mathscr{X}$, and $y_{t+1} \in \mathscr{X}$ by Claim 2.3, we have $x_{t+1}=y_{t+1}=z_{t+1}$.

The value of the final iterate is easy to determine from Lemma 2.5 and Claim 2.4:

$$
f\left(x_{T+1}\right)=f\left(z_{T+1}\right)=H_{T+1}\left(z_{T+1}\right) \geq \sum_{j=1}^{T} h_{T+1, j} \cdot z_{T+1, j} \geq \sum_{j=1}^{T} \frac{1}{2(T+1-j)} \cdot \frac{1}{2 T}>\frac{\log T}{4 T} .
$$

(Here the second inequality uses Claim 2.3.) This proves (1.2). A small modification of the last calculation proves (1.3); details may be found in Claim 2.11 in the case where $c=1$ (the general case follows from Lemma 2.1). This completes the proof of Theorem 1.12 .

### 2.2 Lower bound on error of final iterate, Lipschitz case

In this section we prove a lower bound result for Lipschitz functions analogous to those in Section 2.1. Throughout this section we will assume that $\eta_{t}=\frac{c}{\sqrt{t}}$ where $c=1$. Specifically, we define a function $f=f_{T}$, depending on $T$, for which the final iterate produced by Algorithm 1 has $f\left(x_{T}\right)=\Omega(\log (T) / \sqrt{T})$, thereby proving (1.4) when $c=1$. Then, Eq. (1.4) for arbitrary $c>0$ is a corollary of the result with $c=1$ and Lemma 2.1.

The function $f$ is defined as follows. As before, $\mathscr{X}$ denotes the Euclidean unit ball in $\mathbb{R}^{T}$. For $i \in[T]$, define the positive scalar parameters

$$
a_{i}=\frac{1}{8(T-i+1)}
$$

$$
b_{i}=\frac{\sqrt{i}}{2 \sqrt{T}}
$$

Define $f: \mathscr{X} \rightarrow \mathbb{R}$ and $h_{i} \in \mathbb{R}^{T}$ for $i \in[T+1]$ by

$$
f(x)=\max _{i \in[T+1]} h_{i}^{\top} x \quad \text { where } \quad h_{i, j}= \begin{cases}a_{j} & \text { (if } 1 \leq j<i) \\ -b_{i} & (\text { if } i=j \leq T) . \\ 0 & (\text { if } i<j \leq T)\end{cases}
$$

Note that $f$ is 1-Lipschitz over $\mathscr{X}$ because

$$
\left\|h_{i}\right\|^{2} \leq \sum_{j=1}^{T} a_{j}^{2}+b_{T}^{2}=\frac{1}{64} \sum_{j=1}^{T} \frac{1}{j^{2}}+\frac{1}{4}<\frac{1}{2} .
$$

Also, the minimum value of $f$ over $\mathscr{X}$ is non-positive because $f(0)=0$.
Subgradient oracle. In order to execute Algorithm 1 on $f$ we must specify a subgradient oracle. Similar to Claim 2.2. [19, Theorem 4.4.2] implies

Claim 2.6. $\partial f(x)$ is the convex hull of $\left\{h_{i}: i \in \mathscr{I}(x)\right\}$, where $\mathscr{I}(x)=\left\{i: h_{i}^{\top} x=f(x)\right\}$.
Our subgradient oracle is as follows: given $x$, it simply returns $h_{i^{\prime}}+x$ where $i^{\prime}=\min \mathscr{I}(x)$.
Explicit description of iterates. Next we will explicitly describe the iterates produced by executing Algorithm 1 on $f$. Define the points $z_{t} \in \mathbb{R}^{T}$ for $t \in[T+1]$ by $z_{1}=0$ and

$$
z_{t, j}=\left\{\begin{array}{ll}
\left(\frac{b_{j}}{\sqrt{j}}-a_{j} \sum_{k=j+1}^{t-1} \frac{1}{\sqrt{k}}\right) & (\text { if } 1 \leq j<t) \\
0 & (\text { if } t \leq j \leq T) .
\end{array} \quad(\text { for } t>1) .\right.
$$

We will show inductively that these are precisely the first $T$ iterates produced by Algorithm 1 when using the subgradient oracle defined above.

Claim 2.7. For $t \in[T+1], z_{t}$ is non-negative. In particular, $z_{t, j} \geq \frac{1}{4 \sqrt{T}}$ for $j<t$ and $z_{t, j}=0$ for $j \geq t$.
Proof. By definition, $z_{t, j}=0$ for all $j \geq t$. For $j<t$,

$$
\begin{aligned}
z_{t, j} & =\left(\frac{b_{j}}{\sqrt{j}}-a_{j} \sum_{k=j+1}^{t-1} \frac{1}{\sqrt{k}}\right) \\
& =\left(\frac{1}{2 \sqrt{T}}-\frac{1}{8(T-j+1)} \sum_{k=j+1}^{t-1} \frac{1}{\sqrt{k}}\right) \quad\left(\text { by definition of } a_{j} \text { and } b_{j}\right) \\
& \geq \frac{1}{2 \sqrt{T}}-\frac{1}{4(T-j+1)} \frac{t-1-j}{\sqrt{t-1}} \quad(\text { by Claim A.10) } \\
& \geq \frac{1}{2 \sqrt{T}}-\frac{1}{4 \sqrt{T}} \quad(\text { by Claim A.11), replacing } t \text { with } t+1 \\
& =\frac{1}{4 \sqrt{T}} .
\end{aligned}
$$

Claim 2.8. $z_{t, j} \leq 1 / \sqrt{T}$ for all $j$. In particular, $z_{t} \in \mathscr{X}\left(\right.$ the unit ball in $\left.\mathbb{R}^{T}\right)$.
Proof. We have $z_{t, j}=0$ for all $j \geq t$, and for $j<t$, we have

$$
z_{t, j}=\left(\frac{b_{j}}{\sqrt{j}}-a_{j} \sum_{k=j+1}^{t} \frac{1}{\sqrt{k}}\right) \leq \frac{b_{j}}{\sqrt{j}}=\frac{1}{2 \sqrt{T}} .
$$

Since Claim 2.7 shows that $z_{t} \geq 0$, we have $\left\|z_{t}\right\| \leq 1$, and therefore $z_{t} \in \mathscr{X}$.
The "triangular shape" of the $h_{i}$ vectors allows us to determine the value and subdifferential at $z_{t}$.
Claim 2.9. $f\left(z_{t}\right)=h_{t}^{T} z_{t}$ for all $t \in[T+1]$. The subgradient oracle for $f$ at $z_{t}$ returns the vector $h_{t}$.
Proof. We claim that $h_{t}^{\top} z_{t}=h_{i}^{\top} z_{t}$ for all $i>t$. By definition, $z_{t}$ is supported on its first $t-1$ coordinates. However, $h_{t}$ and $h_{i}$ agree on the first $t-1$ coordinates (for $i>t$ ). This proves the subclaim.

Next we claim that $z_{t}^{\top} h_{t}>z_{t}^{\top} h_{i}$ for all $1 \leq i<t$. This also follows from the definition of $z_{t}$ and $h_{i}$ :

$$
\begin{aligned}
z_{t}^{\top}\left(h_{t}-h_{i}\right) & =\sum_{j=1}^{t-1} z_{t, j}\left(h_{t, j}-h_{i, j}\right) \quad\left(z_{t} \text { is supported on first } t-1 \text { coordinates }\right) \\
& =\sum_{j=i}^{t-1} z_{t, j}\left(h_{t, j}-h_{i, j}\right) \quad\left(h_{i} \text { and } h_{t} \text { agree on first } i-1 \text { coordinates }\right) \\
& =z_{t, i}\left(a_{i}+b_{i}\right)+\sum_{j=i+1}^{t-1} z_{t, j} a_{j} \\
& >0
\end{aligned}
$$

These two claims imply that $h_{t}^{\top} z_{t} \geq h_{i}^{\top} z_{t}$ for all $i \in[T+1]$, and therefore $f\left(z_{t}\right)=h_{t}^{\top} z_{t}$. Moreover $\mathscr{I}\left(z_{t}\right)=$ $\left\{i: h_{i}^{\top} z_{t}=f\left(z_{t}\right)\right\}=\{t, \ldots, T+1\}$. Thus, when evaluating the subgradient oracle at the vector $z_{t}$, it returns the vector $h_{t}$.

Since the subgradient returned at $z_{t}$ is determined by Claim 2.9, and the next iterate of SGD arises from a step in the opposite direction, a straightforward induction proof allows us to show the following lemma.

Lemma 2.10. For the function $f$ constructed in this section, the vector $x_{t}$ in Algorithm 1 equals $z_{t}$, for every $t \in[T+1]$.

Proof. The proof is by induction. By definition $x_{1}=0$ and $z_{1}=0$, establishing the base case.
So assume $z_{t}=x_{t}$ for $t \leq T$; we will prove that $z_{t+1}=x_{t+1}$. Recall that Algorithm 1 sets $y_{t+1}=x_{t}-\eta_{t} g_{t}$, and that $\eta_{t}=\frac{1}{\sqrt{t}}$. By the inductive hypothesis, $x_{t}=z_{t}$. By Claim 2.9, the algorithm uses the subgradient $g_{t}=h_{t}$.

Thus,

$$
\begin{aligned}
y_{t+1, j} & =z_{t, j}-\frac{1}{\sqrt{t}} h_{t, j} \\
& =\left\{\begin{array}{ll}
\frac{b_{j}}{\sqrt{j}}-a_{j} \sum_{k=j+1}^{t-1} \frac{1}{\sqrt{k}} & (\text { for } 1 \leq j<t) \\
0 & (\text { for } j \geq t)
\end{array}\right\}-\frac{1}{\sqrt{t}}\left\{\begin{array}{ll}
a_{j} & (\text { for } 1 \leq j<t) \\
-b_{t} & (\text { for } j=t) \\
0 & (\text { for } j>t)
\end{array}\right\} \\
& =\left\{\begin{array}{ll}
\frac{b_{j}}{\sqrt{j}}-a_{j} \sum_{k=j+1}^{t} \frac{1}{\sqrt{k}} & (\text { for } j<t) \\
\frac{b_{t}}{\sqrt{t}} & (\text { for } j=t) \\
0 & (\text { for } j>t)
\end{array}\right\}
\end{aligned}
$$

So $y_{t+1}=z_{t+1}$. Since $x_{t+1}=\Pi_{\mathscr{B}_{T}}\left(y_{t+1}\right)$ by definition, and $y_{t+1} \in \mathscr{X}$ by Claim 2.8, we have $x_{t+1}=y_{t+1}=$ $z_{t+1}$.

The value of the final iterate is easy to determine from Lemma 2.5 and Claim 2.4:

$$
f\left(x_{T+1}\right)=f\left(z_{T+1}\right)=h_{T+1}^{\top} z_{T+1}=\sum_{j=1}^{T} h_{T+1, j} \cdot z_{T+1, j} \geq \sum_{j=1}^{T} \frac{1}{8(T+1-j)} \cdot \frac{1}{4 \sqrt{T}}>\frac{\log T}{32 \sqrt{T}} .
$$

(Here the second inequality uses Claim 2.7.) This proves (1.4). A small modification of the last calculation proves (1.5) in the case where $c=1$ (the general case follows from Lemma 2.1); details may be found in Claim 2.12. The proof of (1.6) may be found in Subsection 2.3.3. This completes the proof of Theorem 1.14.

### 2.3 Omitted proofs for the lower bounds

### 2.3.1 Strongly convex case

The following claim proves Eq. (1.3) when $c=1$. The result in full generality follows then as a corollary of the case when $c=1$ and Lemma 2.1.

Claim 2.11. For any $k \in[T]$, let $\bar{x}=\sum_{t=T-k+2}^{T+1} \lambda_{t} x_{t}$ be any convex combination of the last $k$ iterates. Then

$$
f(\bar{x}) \geq \frac{\ln (T)-\ln (k)}{4 T} .
$$

Proof. By Lemma 2.5, $x_{t}=z_{t} \forall t \in[T+1]$. By Claim 2.3, every $z_{t} \geq 0$ so $\bar{x} \geq 0$. Moreover, $z_{t, j} \geq 1 / 2 T$ for all
$T-k+2 \leq t \leq T+1$ and $1 \leq j \leq T-k+1$. Consequently, $\bar{x}_{j} \geq 1 / 2 T$ for all $1 \leq j \leq T-k+1$. Thus,

$$
\begin{aligned}
f(\bar{x}) & \geq h_{T+1}^{\top} \bar{x} \quad \text { (by definition of } f \text { ) } \\
& =\sum_{j=1}^{T-k+1} h_{T+1, j} \underbrace{\bar{x}_{j}}_{\geq 1 / 2 T}+\sum_{j=T-k+2}^{T} \underbrace{h_{T+1, j} \bar{x}_{j}}_{\geq 0} \\
& \geq \sum_{j=1}^{T-k+1} a_{j} \cdot \frac{1}{2 T} \\
& =\frac{1}{2 T} \sum_{j=1}^{T-k+1} \frac{1}{2(T+1-j)} \\
& \geq \frac{1}{4 T} \sum_{j=1}^{T-k+1} \frac{1}{T+1-j} \\
& \geq \frac{1}{4 T} \int_{1}^{T-k+1} \frac{1}{T+1-x} d x \\
& =\frac{\log (T)-\log (k)}{4 T}
\end{aligned}
$$

### 2.3.2 Lipschitz case

The following claim proves Eq. (1.5) in the case when $c=1$. The result in full generality follows from the case $c=1$ and Lemma 2.1.

Claim 2.12. For any $k \in[T]$, let $\bar{x}=\sum_{t=T-k+2}^{T+1} \lambda_{t} x_{t}$ be any convex combination of the last $k$ iterates. Then

$$
f(\bar{x}) \geq \frac{\ln (T)-\ln (k+1)}{32 \sqrt{T}}
$$

Proof. By Lemma 2.10, $x_{t}=z_{t}$ for all $t$. By Claim 2.7, every $z_{t} \geq 0$ so $\bar{x} \geq 0$. Moreover, $z_{t, j} \geq 1 / 4 \sqrt{T}$ for all $T-k+2 \leq t \leq T+1$ and $1 \leq j \leq T-k+1$, and $z_{t, T} \geq 0$ for all $t \leq T+1$. Consequently, $\bar{x}_{j} \geq 1 / 4 \sqrt{T}$ for all
$1 \leq j \leq T-k+1$ and $\bar{x}_{T} \geq 0$. Thus,

$$
\begin{aligned}
f(\bar{x}) & \geq h_{T+1}^{\top} \bar{x} \quad \text { (by definition of } f \text { ) } \\
& =\sum_{j=1}^{T-k+1} h_{T+1, j} \bar{x}_{j}+\sum_{j=T-k+2}^{T} \underbrace{h_{T+1, j} \bar{x}_{j}}_{\geq 0} \\
& \geq \sum_{j=1}^{T-k+1} a_{j} \frac{1}{4 \sqrt{T}} \\
& =\frac{1}{4 \sqrt{T}} \sum_{j=1}^{T-k+1} \frac{1}{8(T-j+1)} \\
& \geq \frac{1}{32 \sqrt{T}} \int_{1}^{T-k+1} \frac{1}{T-x+1} d x \\
& =\frac{\log (T)-\log (k)}{32 \sqrt{T}}
\end{aligned}
$$

### 2.3.3 Monotonicity

The following claim completes the proof of Eq. (1.6) when $c=1$. The general result follows as a consequence of the case when $c=1$ and Lemma 2.1.

Claim 2.13. For any $i \leq T$, we have $f\left(x_{i+1}\right) \geq f\left(x_{i}\right)+1 / 32 \sqrt{T}(T-i+1)$.

## Proof.

$$
\begin{aligned}
f\left(x_{i+1}\right)-f\left(x_{i}\right) & =h_{i+1}^{\top} z_{i+1}-h_{i}^{\top} z_{i} \quad \text { (by Claim2.9) } \\
& =\sum_{j=1}^{i}\left(h_{i+1, j} z_{i+1, j}-h_{i, j} z_{i, j}\right) \\
& =\sum_{j=1}^{i-1}\left(h_{i+1, j} z_{i+1, j}-h_{i, j} z_{i, j}\right)+(h_{i+1, i} z_{i+1, i}-h_{i, i} \underbrace{z_{i, i}}_{=0}) \\
& =\sum_{j=1}^{i-1} a_{j}\left(z_{i+1, j}-z_{i, j}\right)+a_{i} z_{i+1, i} \\
& =\sum_{j=1}^{i-1} a_{j} \cdot\left(\frac{-a_{j}}{\sqrt{i}}\right)+\frac{1}{8(T-i+1)} z_{i+1, i} \\
& \geq-\frac{1}{64 \sqrt{i}} \sum_{j=1}^{i-1}\left(\frac{1}{T-j+1}\right)^{2}+\frac{1}{32 \sqrt{T}(T-i+1)} \quad \text { (by Claim 2.7) } \\
& \geq \frac{1}{64 \sqrt{T}(T-i+1)} \quad \text { (by Claim2.14) }
\end{aligned}
$$

Claim 2.14. For any $i \leq T$

$$
\frac{1}{\sqrt{ } i} \sum_{j=1}^{i-1}\left(\frac{1}{T-j+1}\right)^{2} \leq \frac{1}{\sqrt{T}} \cdot \frac{1}{T-i+1}
$$

Proof. Applying Claim A. 12 shows that

$$
\sum_{j=1}^{i-1}\left(\frac{1}{T-j+1}\right)^{2}=\sum_{\ell=T-i+2}^{T} \frac{1}{\ell^{2}} \leq \frac{1}{T-i+1}-\frac{1}{T}=\frac{i-1}{T(T-i+1)} \leq=\frac{i}{T(T-i+1)}
$$

So it suffices to prove that

$$
\frac{\sqrt{i}}{T(T-i+1)} \leq \frac{1}{\sqrt{T}} \cdot \frac{1}{T-i+1}
$$

This obviously holds as $i \leq T$.

## Chapter 3

## High Probability Bounds

### 3.1 Upper bound on error of final iterate, strongly convex case

We now turn to the proof of the upper bound on the error of the final iterate of SGD, in the case where $f$ is 1 -strongly convex and 1-Lipschitz (Theorem 1.9). Recall that the step size used by Algorithm 1 in this case is $\eta_{t}=1 / t$. We will write $\hat{g}_{t}=g_{t}-\hat{z}_{t}$, where $\hat{g}_{t}$ is the vector returned by the oracle at the point $x_{t}$, $g_{t} \in \partial f\left(x_{t}\right)$, and $\hat{z}_{t}$ is the noise. Let $\mathscr{F}_{t}=\sigma\left(\hat{z}_{1}, \ldots, \hat{z}_{t}\right)$ be the $\sigma$-algebra generated by the first $t$ steps of SGD. Finally, recall that $\left\|\hat{z}_{t}\right\| \leq 1$ and $\mathrm{E}\left[\hat{z}_{t} \mid \mathscr{F}_{t-1}\right]=0$. Without loss of generality, we may assume that $T \geq 4$ since $f\left(x_{T}\right)-f\left(x^{*}\right) \leq O(1)$ for $T<4$. Moreover, we may assume without loss of generality that $T$ is even because $f\left(x_{T}\right)-f\left(x_{T-1}\right) \leq O(1 / T)$.

We begin with the following lemma which can be inferred from the proof of Theorem 1 in Shamir and Zhang [43]. For completeness, we provide a proof in Section 3.3.

Lemma 3.1. Let $f$ be 1 -strongly convex and 1-Lipschitz. Suppose that we run SGD (Algorithm 1) with step sizes $\eta_{t}=1 / t$. Assume that $T$ is even. Then

$$
f\left(x_{T}\right) \leq \underbrace{\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} f\left(x_{t}\right)}_{\text {suffix average }}+\underbrace{\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle}_{Z_{T} \text {, the noise term }}+O\left(\frac{\log T}{T}\right) .
$$

Lemma 3.1 asserts that the error of the last iterate is upper bounded by the sum of the error of the suffix average and some noise terms (up to the additive $O(\log (T) / T)$ term). Thus, it remains to show that the error due to the suffix average is small with high probability (Theorem 1.17) and the noise terms, which we denote by $Z_{T}$, are small. We defer the proof of Theorem 1.17 to Subsection 3.1.3. By changing the order of summation, we can write

$$
\begin{aligned}
Z_{T} & =\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, w_{t}\right\rangle \\
\text { where } \quad w_{t} & =\sum_{j=T / 2}^{t} \alpha_{j}\left(x_{t}-x_{j}\right) \quad \text { and } \quad \alpha_{j}=\frac{1}{(T-j)(T-j+1)} \quad \text { for } j \in[T-1],
\end{aligned}
$$

and set $\alpha_{T}=0$ to ensure a summand of 0 when $j=t=T$. The main technical difficulty is to show that $Z_{T}$ is small with high probability. Formally, we prove the following lemma, whose proof is outlined in Subsection 3.1.1.

Lemma 3.2. $Z_{T} \leq O\left(\frac{\log (T) \log (1 / \delta)}{T}\right)$ with probability at least $1-\delta$.
Given Theorem 1.17 and Lemma 3.2, the proof of Theorem 1.9 is immediate when $T$ is even. In the case where $T$ is odd, we may apply the argument for $T-1$ and then use the fact that $f\left(x_{T}\right) \leq f\left(x_{T-1}\right)+O(1 / T)$ since $\eta_{t}=1 / T$ and $\left\|\hat{g}_{t}\right\|=O(1)$.

### 3.1.1 Bounding the noise

The main technical difficulty in the proof is to understand the noise term, which we have denoted by $Z_{T}$. Notice that $\left(Z_{t}\right)_{T / 2 \leq t \leq T}$ is a martingale with respect to $\left(\mathscr{F}_{t}\right)_{T / 2 \leq t \leq T}$ since $\mathrm{E}\left[\hat{z}_{t} \mid \mathscr{F}_{t-1}\right]=0, w_{t}$ is $\mathscr{F}_{t-1}$ measurable and $\mathrm{E}\left[\left|\left\langle\hat{z}_{t}, w_{t}\right\rangle\right|\right]<\infty$. The last property holds because we may use the fact that $\left\|x_{t}-x_{j}\right\|=O(1)$. The natural starting point is to better understand the sum of squared magnitudes (SSCM) of $Z_{T}$. Notice that $\left|\left\langle\hat{z}_{t}, w_{t}\right\rangle\right| \leq\left\|w_{t}\right\|$ and $w_{t}$ is $\mathscr{F}_{t-1}$ measurable. Therefore, we use $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ as the SSCM process of $Z_{T}$. We we will see that $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ is bounded by a linear transformation of $Z_{T}$. This "chicken and egg" relationship inspires us to derive a new probabilistic tool (generalizing Freedman's Inequality) to disentangle the SSCM from the martingale.

The main challenge in analyzing $\left\|w_{t}\right\|$ is to precisely analyze the distance $\left\|x_{t}-x_{j}\right\|$ between SGD iterates. A loose bound of $\left\|x_{t}-x_{j}\right\|^{2} \lesssim(t-j) \sum_{i=j}^{t-1} \frac{\left\|\hat{i}_{i}\right\|^{2}}{i^{2}}$ follows easily from Jensen's Inequality. We prove the following tighter bound, which may be of independent interest. The proof is in Section 3.3 .

Lemma 3.3. Suppose f is 1-Lipschitz and 1-strongly convex. Suppose we run Algorithm 1 for $T$ iterations with step sizes $\eta_{t}=1 / t$. Let $a<b$. Then,

$$
\left\|x_{a}-x_{b}\right\|^{2} \leq \sum_{i=a}^{b-1} \frac{\left\|\hat{g}_{i}\right\|^{2}}{i^{2}}+2 \sum_{i=a}^{b-1} \frac{\left(f\left(x_{a}\right)-f\left(x_{i}\right)\right)}{i}+2 \sum_{i=a}^{b-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{a}\right\rangle}{i} .
$$

Using Lemma 3.3 and some delicate calculations we obtain the following upper bound on $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$, revealing the surprisingly intricate relationship between $Z_{T}$ (the martingale) and $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ (its SSCM process). This is the main technical step that inspired our probabilistic tool (the generalized Freedman's Inequality).

Lemma 3.4 (Main Technical Lemma). There exists positive values $R_{1}=O\left(\frac{\log ^{2} T}{T^{2}}\right), R_{2}=O\left(\frac{\log T}{T}\right), C_{t}=$ $\Theta(\log (T-t)), R_{3}=O\left(\frac{\log T}{T^{2}}\right)$ such that

$$
\begin{equation*}
\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq R_{1}+R_{2}\left\|x_{T / 2}-x^{*}\right\|^{2}+\underbrace{\sum_{t=T / 2}^{T-1} \frac{C_{t}}{t}\left\langle\hat{z}_{t}, w_{t}\right\rangle}_{\approx O(\log (T) / T) Z_{T}}+R_{3} \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle . \tag{3.2}
\end{equation*}
$$

This bound is mysterious in that the left-hand side is an upper bound on the sum of squared magnitudes of $Z_{T}$, whereas the third term on the right-hand side is essentially a scaled version of $Z_{T}$ itself. This is the "chicken and egg phenomenon" alluded to in Section 1.4, and it poses another one of the main challenges of bounding $Z_{T}$. This bound inspires our main probabilistic tool, which we restate for convenience here.

Theorem 1.11 (Generalized Freedman). Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Suppose $v_{i-1}$, for $i \in[n]$, are positive and $\mathscr{F}_{i-1}$-measurable random variables such that $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$ for all $i \in[n], \lambda>0$. Let $S_{t}=\sum_{i=1}^{t} d_{i}$ and $V_{t}=\sum_{i=1}^{t} v_{i-1}$. Let $\alpha_{i} \geq 0$ and set $\alpha=\max _{i \in[n]} \alpha_{i}$. Then

$$
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] \leq \exp \left(-\frac{x}{4 \alpha+8 \beta / x}\right) \quad \forall x, \beta>0
$$

In order to apply Theorem 1.11 , we need to refine Lemma 3.4 to replace the terms $\left\|x_{T / 2}-x^{*}\right\|^{2}$ and $R_{3} \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t},\left(x_{t}-x^{*}\right)\right\rangle$ with sufficient high probability upper bounds. Rakhlin et al. [36] showed that $\left\|x_{t}-x^{*}\right\|^{2} \leq$ $O(\log \log (T) / T)$ for all $\frac{T}{2} \leq t \leq T$ simultaneously, with high probability, which does not suffice for our purposes. In contrast, our analysis only needs a high probability bound on $\left\|x_{T / 2}-x^{*}\right\|^{2}$ and $R_{3} \sum_{t=T / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2}$; this allows us to avoid a $\log \log T$ factor here by foregoing a simultaneous analysis on all of the $\left\|x_{t}-x^{*}\right\|^{2}$ terms. Indeed, we have

## Theorem 3.5. Both of the following hold:

- For all $t \geq 2,\left\|x_{t}-x^{*}\right\|^{2} \leq O(\log (1 / \delta) / t)$ with probability $1-\delta$, and
- Let $\sigma_{t} \geq 0$ for $t=2, \ldots, T$. Then, $\sum_{t=2}^{T} \sigma_{t}\left\|x_{t}-x^{*}\right\|^{2}=O\left(\sum_{t=2}^{T} \frac{\sigma_{t}}{t} \log (1 / \delta)\right)$ w.p. $1-\delta$.

The proof of Theorem 3.5, in Subsection 3.1.2, uses our tool for bounding recursive stochastic processes (Theorem 1.19). Therefore, we need to expose a recursive relationship between $\left\|x_{t+1}-x^{*}\right\|^{2}$ and $\left\|x_{t}-x^{*}\right\|^{2}$ that satisfies the conditions of Theorem 1.19. Interestingly, Theorem 3.5 is also the main ingredient in the analysis of the error of the suffix average (see Subsection 3.1.3). We now have enough to give our refined version of Lemma 3.4, which is now in a format usable by Freedman's Inequality.
Lemma 3.6. For every $\delta>0$ there exists positive values $R=O\left(\frac{\log ^{2} T \log (1 / \delta)}{T^{2}}\right), C_{t}=\Theta(\log (T-t))$ such that $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq R+\sum_{t=T / 2}^{T-1} \frac{C_{t}}{t}\left\langle\hat{z}_{t}, w_{t}\right\rangle$, with probability at least $1-\delta$.

Proof. The lemma essentially follows from combining our bounds in Theorem 3.5 with an easy corollary of Freedman's Inequality (Corollary 4.4) which states that a high probability bound of $M$ on the SSCM of a martingale implies a high probability bound of $\sqrt{M}$ on the martingale.

Let $R_{1}, R_{2}, R_{3}$ and $C_{t}$ be as in Lemma 3.4. Consider the resulting upper bound on $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$. We already have a bound on the first term in Eq. (3.2), namely $R_{1}=O\left(\log ^{2}(T) / T^{2}\right)$. We know proceed to give a high probability bound on the second term, and the fourth term. The first claim in Theorem 3.5 gives $R_{2}\left\|x_{T / 2}-x^{*}\right\|^{2}=O\left(\frac{\log T \log (1 / \delta)}{T^{2}}\right)$ with probability at least $1-\delta$ because $R_{2}=O(\log (T) / T)$.

By the second claim in Theorem 3.5, we have $R_{3}^{2} \Sigma_{t=T / 2}^{T-1}\left\|x_{t}-x^{*}\right\|^{2}=O\left(\frac{\log ^{2} T}{T^{4}} \log (1 / \delta)\right)$ with probability at least $1-\delta$ because $R_{3}=O\left(\frac{\log T}{T^{2}}\right)$. Hence, we have derived a high probability bound on the SSCM of $R_{3} \sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$. Therefore, we turn this into a high probability bound on the martingale itself by applying Corollary 4.4 and obtain $R_{3} \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle=O\left(\frac{\log T \log (1 / \delta)}{T^{2}}\right)$ with probability at least $1-\delta$.

Now that we have derived an upper bound on the sum of squared conditional magnitudes of $Z_{T}$ in the form required by our Generalized Freedman Inequality (Theorem 1.11), we are finally ready to prove Lemma 3.2 (our high probability upper bound on the noise, $Z_{T}$ ).

Proof (of Lemma 3.2). We have demonstrated that $Z_{T}$ satisfies the "Chicken and Egg" phenomenon with high probability. Translating this into a high probability upper bound on the martingale $Z_{T}$ itself is a corollary of Theorem 1.11. Indeed, if $\left(M_{t}\right)_{T / 2 \leq t \leq T}$ is a martingale with increments $d_{i}$ and if its SSCM process at time step $T$ is bounded by $R \log (1 / \delta)+\sum_{t=T / 2}^{T} \alpha_{t} d_{t}$ with $\max _{t} \alpha_{t}=O(\sqrt{R})$. Then Corollary 4.5 bounds the martingale at time step $T$ by $\sqrt{R} \log (1 / \delta)$ with high probability.

Recall that our martingale at time $T$ is $Z_{T}=\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, w_{t}\right\rangle$. Let $a_{t}=\hat{z}_{t}, b_{t}=w_{t}$, and $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$ for $t=T / 2, \ldots, T$ and $a_{t}=b_{t}=d_{t}=0$ for $t<T / 2$. Then, $Z_{T}=\sum_{t=T / 2}^{T} d_{t}$ as in the conclusion of Corollary 4.5. To satisfy the hypothesis of Corollary 4.5 , we will use Lemma 3.6 which shows

$$
\sum_{t=1}^{T}\left\|b_{t}\right\|^{2}=\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq R \log (1 / \delta)+\sum_{t=T / 2}^{T} \underbrace{\frac{C_{t}}{t}}_{:=\alpha_{t}} \underbrace{\left\langle\hat{z}_{t}, w_{t}\right\rangle}_{=d_{t}},
$$

where $R=O\left(\log (T)^{2} / T^{2}\right)$. Notice that $\max _{t} \alpha_{t}=\max _{t} \frac{C_{t}}{t}=O(\log (T) / T)=O(\sqrt{R})$. Hence, applying Corollary 4.5 proves that $Z_{T}=O(\sqrt{R} \log (1 / \delta))=O((\log T \log (1 / \delta)) / T)$ with probability at least $1-\delta$, as required.

### 3.1.2 High probability bounds on squared distances to $x^{*}$

In this section, we prove Theorem 3.5. We begin with the following claim which can be extracted from [36, Equation (11)] by taking $G=4$ (since $\left.\left\|\hat{g}_{t}\right\|^{2} \leq\left(\left\|\hat{z}_{t}\right\|+\left\|g_{t}\right\|\right)^{2} \leq(1+1)^{2}=4\right), \lambda=1$, and $\eta_{t}=1 / t$.

Claim 3.7 ([36, Proof of Lemma 6]). Suppose fis 1 -strongly-convex and 1-Lipschitz. Define $Y_{t}=t\left\|x_{t+1}-x^{*}\right\|^{2}$ and $U_{t}=\left\langle\hat{z}_{t+1}, x_{t+1}-x^{*}\right\rangle /\left\|x_{t+1}-x^{*}\right\|_{2}$. Then

$$
Y_{t+1} \leq\left(\frac{t-1}{t}\right) Y_{t}+2 \cdot U_{t} \sqrt{\frac{Y_{t}}{t}}+\frac{4}{t+1} .
$$

This claim exposes a recursive relationship between $\left\|x_{t+1}-x^{*}\right\|^{2}$ and $\left\|x_{t}-x^{*}\right\|^{2}$ and inspires our probabilistic tool for recursive stochastic processes (Theorem 1.19). We prove Theorem 3.5 using this tool:
Proof (of Theorem 3.5). Consider the stochastic process $\left(Y_{t}\right)_{t=1}^{T-1}$ where $Y_{t}$ is as defined by Claim 3.7. Note that $Y_{t}$ satisfies the conditions of Theorem 1.19 with $X_{t}=Y_{t}, \hat{w}_{t}=U_{t}, \alpha_{t}=\frac{t-1}{t}=1-1 / t, \beta_{t}=2 / \sqrt{t}$, and $\gamma_{t}=4 /(t+1)$. Observe that $U_{t}$ is a $\mathscr{F}_{t+1}$ measurable random variable which is mean zero conditioned on $\mathscr{F}_{t}$. Furthermore, note that $\left|U_{t}\right| \leq 1$ with probability 1 because $\left\|\hat{z}_{t+1}\right\| \leq 1$ with probability 1 . Furthermore, it is easy to check that $\max _{1 \leq t \leq T}\left(\frac{2 \gamma_{t}}{1-\alpha_{t}}, \frac{2 \beta^{2}}{1-\alpha_{t}}\right)=8$ with the above setup. Lastly, we observe that $\left\|x_{2}-x^{*}\right\|^{2} \leq 4$ with probability 1 . Indeed by 1 -strong-convexity and 1 -Lipschitzness of $f$,

$$
\left\|x_{t}-x^{*}\right\| \geq\left\langle g_{t}, x_{t}-x^{*}\right\rangle \geq \frac{1}{2}\left\|x_{t}-x^{*}\right\|^{2} .
$$

Thus, taking $K=8$, it follows that $\mathrm{E}\left[\exp \left(\lambda X_{1}\right)\right] \leq \exp (\lambda K)$, as required by Theorem 1.19. So, we may apply Theorem 1.19 to obtain:

- For every $t=1, \ldots T-1, \operatorname{Pr}\left[Y_{t} \geq 8 \log (1 / \delta)\right] \leq \mathrm{e} \delta$.
- Let $\sigma_{t}^{\prime} \geq 0$ for $t=1, \ldots, T-1$. Then, $\operatorname{Pr}\left[\sum_{t=1}^{T-1} \sigma_{t}^{\prime} Y_{t} \geq 8 \log (1 / \delta) \sum_{t=1}^{T-1} \sigma_{t}^{\prime}\right] \leq \mathrm{e} \delta$.

Recalling that $Y_{t}=t\left\|x_{t+1}-x^{*}\right\|^{2}$ and setting $\sigma_{t}^{\prime}=\sigma_{t} / t$ and adjusting $\delta$ as required proves Theorem 3.5.

### 3.1.3 Upper bound on error of suffix averaging

To complete the proof of the final iterate upper bound (Theorem 1.9), it still remains to prove the suffix averaging upper bound (Theorem 1.17). In this section, we prove this result as a corollary of the high probability bounds on $\left\|x_{t}-x^{*}\right\|^{2}$ that we obtained in the previous subsection. See Section 3.4 for an alternative proof of Theorem 1.17 which does not involve the high probability bounds on $\left\|x_{t}-x^{*}\right\|^{2}$.

The following proof of Theorem 1.17 is quite short and involves several ingredients. Some of the ingredients are fairly standard: Lemma 3.14 is a standard analysis of Algorithm 1 and Corollary 4.4 is an easy corollary of Freedman's inequality which takes a high probability bound on the sum of squared magnitudes (SSCM) process of a martingale and converts it into a high probability bound on the martingale itself. The main novel ingredient is Theorem 3.5 which allows one to bound $\sum_{t=T / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2}$ by $O(\log (1 / \delta))$ with probability at least $1-\delta$. This summation is the SSCM process of a martingale which arises from an application of Lemma 3.14. Then, Corollary 4.4 converts this high probability bound on the SSCM to a high probability bound on the martingale. Proof (of Theorem 1.17). By Lemma 3.14 with $w=x^{*}$ we have

$$
\begin{equation*}
\sum_{t=T / 2}^{T}\left[f\left(x_{t}\right)-f\left(x^{*}\right)\right] \leq \underbrace{\frac{1}{2} \sum_{t=T / 2}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}}_{(a)}+\underbrace{\frac{1}{2 \eta_{T / 2}\left\|x_{T / 2}-x^{*}\right\|^{2}}}_{(b)}+\underbrace{\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle}_{(c)} \tag{3.3}
\end{equation*}
$$

It suffices to bound the right hand side of (3.3) by $O(\log (1 / \delta))$ with probability at least $1-\delta$. Indeed, bounding $\left\|\hat{g}_{t}\right\|^{2}$ by 4 , (a) in (3.3) is bounded by $O(1)$. Term (b) is bounded by $O(\log (1 / \delta))$ by Theorem 3.5.

It remains to bound (c). Theorem 3.5 implies $\sum_{t=T / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2}=O(\log (1 / \delta))$ with probability at least $1-\delta$. Therefore, Corollary 4.4 shows that (c) is at most $O(\log (1 / \delta))$ with probability at least $1-\delta$.

### 3.2 Upper bound on error of final iterate, Lipschitz case: proof sketch

In this section we provide a proof sketch of the upper bound of the final iterate of SGD, in the case where $f$ is 1 Lipschitz but not necessarily strongly-convex (Theorem 1.10). The proof of Theorem 1.10 closely resembles the proof of Theorem 1.9 and we will highlight the main important differences. Perhaps the most notable difference is that the analysis in the Lipschitz case does not require a high probability bound on $\left\|x_{t}-x^{*}\right\|^{2}$.

Recall that the step size used by Algorithm 1 in this case is $\eta_{t}=1 / \sqrt{t}$. We will write $\hat{g}_{t}=g_{t}-\hat{z}_{t}$, where $\hat{g}_{t}$ is the vector returned by the oracle at the point $x_{t}, g_{t} \in \partial f\left(x_{t}\right)$, and $\hat{z}_{t}$ is the noise. Let $\mathscr{F}_{t}=\sigma\left(\hat{z}_{1}, \ldots, \hat{z}_{t}\right)$ be the $\sigma$-algebra generated by the first $t$ steps of SGD. Finally, recall that $\left\|\hat{z}_{t}\right\| \leq 1$ and $\mathrm{E}\left[\hat{z}_{t} \mid \mathscr{F}_{t-1}\right]=0$.

As before, we begin with a lemma which can be obtained by modifying the proof of Lemma 3.1 to replace applications of strong convexity with the subgradient inequality.

Lemma 3.8. Let $f$ be 1-Lipschitz. Suppose that we run $S G D\left(\right.$ Algorithm 1) with step sizes $\eta_{t}=\frac{1}{\sqrt{t}}$. Then,

$$
f\left(x_{T}\right) \leq \underbrace{\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} f\left(x_{t}\right)}_{\text {suffix average }}+\underbrace{\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle}_{z_{T}, \text { the noise term }}+O\left(\frac{\log (T)}{\sqrt{T}}\right) .
$$

Lemma 3.8 asserts that the error of the last iterate is bounded by the sum of the error of the average of the iterates and some noise terms (up to the additive $O(\log T / \sqrt{T})$ term). A standard analysis (similar to the proof of Lemma 3.14) reveals $\sum_{t=T / 2}^{T}\left[f\left(x_{t}\right)-f\left(x^{*}\right)\right] \leq O(\sqrt{T})+\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$. Applying Azuma's inequality on the summation (using the diameter bound to obtain $\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle^{2} \leq 1$ ) shows

Lemma 3.9. For every $\boldsymbol{\delta} \in(0,1)$,

$$
\frac{1}{T / 2+1}\left[\sum_{t=T / 2}^{T} f\left(x_{t}\right)-f\left(x^{*}\right)\right]=O(\sqrt{\log (1 / \delta) / T}),
$$

with probability at least $1-\delta$.
As a consequence of Lemma 3.9, it is enough to prove that the error due to the noise terms are small in order to complete the proof of Theorem 1.10. By changing the order of summation, we can write $Z_{T}=\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, w_{t}\right\rangle$ where

$$
w_{t}=\sum_{j=1}^{t-1} \alpha_{j}\left(x_{t}-x_{j}\right) \quad \text { and } \quad \alpha_{j}=\frac{1}{(T-j)(T-j+1)} .
$$

Just as in Section 3.1, the main technical difficulty is to show that $Z_{T}$ is small with high probability. Formally, we prove the following lemma, whose proof is outlined in Subsection 3.2.1.

Lemma 3.10. For every $\delta \in(0,1), Z_{T} \leq O(\log (T) \log (1 / \delta) / \sqrt{T})$ with probability at least $1-\delta$.
Given Lemma 3.9 and Lemma 3.10, the proof of Theorem 1.10 is straightforward. The next sub-section provides a proof sketch of Lemma 3.10.

### 3.2.1 Bounding the noise

The goal of this section is to prove Lemma 3.10. Just as in Section 3.1, the main technical difficulty is to understand the noise term, denoted $Z_{T}$. Observe that $\left(Z_{t}\right)_{T / 2 \leq t \leq T}$ a martingale, and $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ is the SSCM of $Z_{T}$. The SSCM of $Z_{T}$ will be shown to exhibit the "chicken and egg" relationship which we have already seen explicitly exhibited by the SSCM of the noise terms in the strongly convex case. That is, we will see that the $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ is bounded by a linear transformation of $Z_{T}$. We will again use our Generalized Freedman to disentangle the sum of squared magnitudes from the martingale.

The distance $\left\|x_{t}-x_{j}\right\|$ between SGD iterates is again a crucial quantity to understand in order to bound $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ (see Subsection 3.1 .1 to see why). Therefore, we develop a distance estimate analogous to Lemma 3.3

Lemma 3.11. Suppose $f$ is l-Lipschitz. Suppose we run Algorithm 1 for $T$ iterations with step sizes $\eta_{t}=1 / \sqrt{t}$. Let $a<b$. Then,

$$
\left\|x_{a}-x_{b}\right\|^{2} \leq \sum_{i=a}^{b-1} \frac{\left\|\hat{g}_{i}\right\|^{2}}{i}+2 \sum_{i=a}^{b-1} \frac{\left(f\left(x_{a}\right)-f\left(x_{i}\right)\right)}{\sqrt{i}}+2 \sum_{i=a}^{b-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{a}\right\rangle}{\sqrt{i}} .
$$

We then use Lemma 3.11 to prove Lemma 3.12, our main upper bound on $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$. This follows from some delicate calculations similar to those in Subsection 3.3.4, replacing the strongly-convex distance estimate (Lemma 3.3) with the Lipschitz distance estimate (Lemma 3.11), along with some other minor modifications.

This upper bound reveals the surprisingly intricate relationship between $Z_{T}$ (the martingale) and $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ (its SSCM).

Lemma 3.12 (Main Technical Lemma (Lipschitz Case)). There exists positive values $R_{1}=O\left(\frac{\log ^{2} T}{T}\right), R_{2}=$ $O\left(\frac{\log T}{T^{1.5}}\right)$, and $C_{t}=O(\log T)$, such that

$$
\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq R_{1}+R_{2} \sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\underbrace{\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, \frac{C_{t}}{\sqrt{t}} w_{t}\right\rangle}_{\approx O(\log T / \sqrt{T}) Z_{T}}
$$

Just as in Lemma 3.4, the left-hand side is an upper bound on the sum of squared magnitudes of $Z_{T}$, whereas the right-hand side essentially contains a scaled version of $Z_{T}$ itself. This is another instance of the "chicken and egg phenomenon" alluded to in Section 1.4, and it is the main challenge of bounding $Z_{T}$. For convenience, we restate our main probabilistic tool which allows us to deal with the chicken and egg phenomenon.

Theorem 1.11 (Generalized Freedman). Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Suppose $v_{i-1}$, for $i \in[n]$, are positive and $\mathscr{F}_{i-1}$-measurable random variables such that $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$ for all $i \in[n], \lambda>0$. Let $S_{t}=\sum_{i=1}^{t} d_{i}$ and $V_{t}=\sum_{i=1}^{t} v_{i-1}$. Let $\alpha_{i} \geq 0$ and set $\alpha=\max _{i \in[n]} \alpha_{i}$. Then

$$
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] \leq \exp \left(-\frac{x}{4 \alpha+8 \beta / x}\right) \quad \forall x, \beta>0
$$

In order to apply Theorem 1.11 , we need to refine Lemma 3.12 to replace $R_{2} \sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$ with a sufficient high probability upper bound. This is similar to the refinement of Lemma 3.4 from Subsection 3.1.1. However, unlike the refinement in Subsection 3.1 .1 (which required a high probability bound on $\sum_{t=T / 2}^{T} A_{t}\left\|x_{t}-x^{*}\right\|^{2}$ without any diameter bound), the refinement here is quite easy. Using the diameter bound, the almost sure bound of $\left\|\hat{z}_{t}\right\| \leq 1$, and Azuma's inequality, we can bound $\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$ by $\sqrt{T \log (1 / \delta)}$ with probability at least $1-\delta$. This yields the following lemma.
Lemma 3.13. For every $\delta \in(0,1)$, there exists positive values $R=O\left(\frac{\log ^{2} T \sqrt{\log (1 / \delta)}}{T}\right), C_{t}=O(\log T)$, such that $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq R+\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, \frac{C_{t}}{\sqrt{t}} w_{t}\right\rangle$, with probability at least $1-\delta$.

Now that we have derived an upper bound on the sum of squared magnitutdes of $Z_{T}$ in the form required by Generalized Freedman Inequality (Theorem 1.11), we are now finally ready to prove Lemma 3.10 (the high probability upper bound on the noise, $Z_{T}$ ).
Proof (of Lemma 3.10). We have demonstrated that $Z_{T}$ satisfies the "Chicken and Egg" phenomenon with high probability. Translating this into a high probability upper bound on the martingale $Z_{T}$ itself is a corollary of Theorem 1.11 .

Indeed, consider a filtration $\left\{\mathscr{F}_{t}\right\}_{t=T / 2}^{T}$. Let $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$ define a martingale difference sequence where $\left\|a_{t}\right\| \leq 1$ and $\mathrm{E}\left[a_{t} \mid \mathscr{F}_{t-1}\right]=0$. Suppose there are positive values, $R, \alpha_{t}$, such that $\max _{t=T / 2}^{T}\left\{\alpha_{t}\right\}=O(\sqrt{R})$ and $\sum_{t=T / 2}^{T}\left\|b_{t}\right\|^{2} \leq \sum_{t=T / 2}^{T} \alpha_{t} d_{t}+R \sqrt{\log (1 / \delta)}$ with probability at least $1-\delta$. Then, Corollary 4.5 bounds the martingale at time step $T$ by $\sqrt{R} \log (1 / \delta)$ with high probability.

Observe that Lemma 3.13 allows us to apply Corollary 4.5 with $a_{t}=\hat{z}_{t}, b_{t}=w_{t}, \alpha_{t}=\left(C_{t} / \sqrt{t}\right)$ for $t=$ $T / 2, \ldots, T-1, \alpha_{T}=0, \max _{t=T / 2}^{T}\left\{\alpha_{t}\right\}=O(\log T / \sqrt{T})$, and $R=O\left(\log ^{2} T / T\right)$ to prove Lemma 3.10

### 3.3 Omitted proofs from Section 3.1

### 3.3.1 Standard analysis of SGD

The following lemma is standard.
Lemma 3.14. Let $f$ be an 1 -strongly convex and 1 -Lipschitz function. Consider running Algorithm 1 for $T$ iterations. Then, for every $w \in \mathscr{X}$ and every $k \in[T]$,

$$
\sum_{t=k}^{T}\left[f\left(x_{t}\right)-f(w)\right] \leq \frac{1}{2} \sum_{t=k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\frac{1}{2 \eta_{k}}\left\|x_{k}-w\right\|^{2}+\sum_{t=k}^{T}\left\langle\hat{z}_{t}, x_{t}-w\right\rangle .
$$

## Proof.

$$
\begin{aligned}
f\left(x_{t}\right)-f(w) & \leq\left\langle g_{t}, x_{t}-w\right\rangle-\frac{1}{2}\left\|x_{t}-w\right\|^{2} \quad \text { (by strong-convexity) } \\
& =\left\langle\hat{g}_{t}, x_{t}-w\right\rangle-\frac{1}{2}\left\|x_{t}-w\right\|^{2}+\left\langle\hat{z}_{t}, x_{t}-w\right\rangle \quad\left(\hat{g}_{t}=g_{t}-\hat{z}_{t}\right) \\
& =\frac{1}{\eta_{t}}\left\langle x_{t}-y_{t+1}, x_{t}-w\right\rangle-\frac{1}{2}\left\|x_{t}-w\right\|^{2}+\left\langle\hat{z}_{t}, x_{t}-w\right\rangle \quad\left(y_{t+1}=x_{t}-\eta_{t} \hat{g}_{t}\right) \\
& =\frac{1}{2 \eta_{t}}\left(\left\|x_{t}-y_{t+1}\right\|^{2}+\left\|x_{t}-w\right\|^{2}-\left\|y_{t+1}-w\right\|^{2}\right)-\frac{1}{2}\left\|x_{t}-w\right\|^{2}+\left\langle\hat{z}_{t}, x_{t}-w\right\rangle \\
& \leq \frac{1}{2 \eta_{t}}\left(\left\|\eta_{t} \hat{g}_{t}\right\|^{2}+\left\|x_{t}-w\right\|^{2}-\left\|x_{t+1}-w\right\|^{2}\right)-\frac{1}{2}\left\|x_{t}-w\right\|^{2}+\left\langle\hat{z}_{t}, x_{t}-w\right\rangle \quad \text { (by Claim A.8). }
\end{aligned}
$$

Now, summing $t$ from $k$ to $T$,

$$
\begin{aligned}
& \sum_{t=k}^{T}\left[f\left(x_{t}\right)-f(w)\right] \\
& \quad \leq \frac{1}{2} \sum_{t=k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\frac{1}{2} \sum_{t=k+1}^{T} \underbrace{\left(\frac{1}{\eta_{t}}-\frac{1}{\eta_{t-1}}-1\right)}_{=0}\left\|x_{t}-w\right\|^{2}+\left(\frac{1}{2 \eta_{k}}-\frac{1}{2}\right)\left\|x_{k}-w\right\|^{2}+\sum_{t=k}^{T}\left\langle\hat{z}_{t}, x_{t}-w\right\rangle \\
& \quad \leq \frac{1}{2} \sum_{t=k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\frac{1}{2 \eta_{k}}\left\|x_{k}-w\right\|^{2}+\sum_{t=k}^{T}\left\langle\hat{z}_{t}, x_{t}-w\right\rangle \quad\left(\eta_{t}=1 / t\right),
\end{aligned}
$$

as desired.

### 3.3.2 Proof of Lemma 3.1

Lemma 3.1, Let $f$ be 1 -strongly convex and 1-Lipschitz. Suppose that we run SGD (Algorithm 1) with step sizes $\eta_{t}=1 / t$. Assume that $T$ is even. Then

$$
f\left(x_{T}\right) \leq \underbrace{\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} f\left(x_{t}\right)}_{\text {suffix average }}+\underbrace{\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle}_{z_{T}, \text { the noise term }}+O\left(\frac{\log T}{T}\right) .
$$

Proof (of Lemma 3.1). Let $k \in[T-1]$. Apply Lemma 3.14, replacing $k$ with $T-k$ and $w=x_{T-k}$ to obtain:

$$
\sum_{t=T-k}^{T}\left[f\left(x_{t}\right)-f\left(x_{T-k}\right)\right] \leq \frac{1}{2} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle .
$$

Now, divide this by $k+1$ and define $S_{k}=\frac{1}{k+1} \sum_{t=T-k}^{T} f\left(x_{t}\right)$ to obtain

$$
S_{k}-f\left(x_{T-k}\right) \leq \frac{1}{2(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\frac{1}{k+1} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle
$$

Observe that $k S_{k-1}=(k+1) S_{k}-f\left(x_{T-k}\right)$. Combining this with the previous inequality yields

$$
k S_{k-1}=k S_{k}+\left(S_{k}-f\left(x_{T-k}\right)\right) \leq k S_{k}+\frac{1}{2(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\frac{1}{k+1} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle
$$

Dividing by $k$, we obtain:

$$
S_{k-1} \leq S_{k}+\frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{\hat{g}}_{t}\right\|^{2}+\frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle .
$$

Thus, by induction:

$$
\begin{align*}
f\left(x_{T}\right) & =S_{0} \\
& \leq S_{T / 2}+\sum_{k=1}^{T / 2} \frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle  \tag{3.4}\\
& =\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} f\left(x_{t}\right)+\sum_{k=1}^{T / 2} \frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle .
\end{align*}
$$

Since we assume that $f$ is 1 Lipschitz, we have $\left\|g_{t}\right\| \leq 1$. Recall that we assume that the noise is bounded,
i.e. $\left\|\hat{z}_{t}\right\| \leq 1$. Thus $\left\|\hat{g}_{t}\right\|^{2} \leq 4$. Recall that $\eta_{t}=1 / t$. So we can bound the middle term as

$$
\begin{aligned}
\sum_{k=1}^{T / 2} \frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2} & \leq 2 \sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T} \frac{1}{t} \\
& \leq 2 \sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \cdot \frac{k+1}{T-k} \\
& =2 \sum_{k=1}^{T / 2} \frac{1}{k(T-k)} \\
& \leq \frac{4}{T} \sum_{k=1}^{T / 2} \frac{1}{k} \\
& =O\left(\frac{\log T}{T}\right) .
\end{aligned}
$$

This completes the proof.

### 3.3.3 Proof of Lemma 3.3

Lemma 3.3. Suppose $f$ is 1 -Lipschitz and 1 -strongly convex. Suppose we run Algorithm 1 for $T$ iterations with step sizes $\eta_{t}=1 / t$. Let $a<b$. Then,

$$
\left\|x_{a}-x_{b}\right\|^{2} \leq \sum_{i=a}^{b-1} \frac{\left\|\hat{g}_{i}\right\|^{2}}{i^{2}}+2 \sum_{i=a}^{b-1} \frac{\left(f\left(x_{a}\right)-f\left(x_{i}\right)\right)}{i}+2 \sum_{i=a}^{b-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{a}\right\rangle}{i} .
$$

Proof (of Lemma 3.3).

$$
\begin{aligned}
\left\|x_{a}-x_{b}\right\|^{2} & =\left\|x_{a}-\Pi_{\mathscr{X}}\left(y_{b}\right)\right\|_{2}^{2} \\
& \leq\left\|x_{a}-y_{b}\right\|_{2}^{2} \quad(\text { ClaimA.8) } \\
& =\left\|x_{a}-x_{b-1}+x_{b-1}-y_{b}\right\|_{2}^{2} \\
& =\left\|x_{a}-x_{b-1}\right\|_{2}^{2}+\left\|x_{b-1}-y_{b}\right\|_{2}^{2}+2\left\langle\eta_{b-1} \hat{g}_{b-1}, x_{a}-x_{b-1}\right\rangle \\
& =\left\|x_{a}-x_{b-1}\right\|_{2}^{2}+\eta_{b-1}^{2}\left\|\hat{g}_{b-1}\right\|_{2}^{2}+2\left\langle\eta_{b-1} \hat{g}_{b-1}, x_{a}-x_{b-1}\right\rangle \\
& =\left\|x_{a}-x_{b-1}\right\|_{2}^{2}+\eta_{b-1}^{2}\left\|\hat{g}_{b-1}\right\|_{2}^{2}+2\left\langle\eta_{b-1} g_{b-1}, x_{a}-x_{b-1}\right\rangle+2\left\langle\eta_{b-1} \hat{z}_{b-1}, x_{b-1}-x_{a}\right\rangle
\end{aligned}
$$

Repeating this argument iteratively on $\left\|x_{a}-x_{b-1}\right\|,\left\|x_{a}-x_{b-2}\right\|, \ldots,\left\|x_{a}-x_{a+1}\right\|$, we obtain:

$$
\left\|x_{a}-x_{b}\right\|^{2} \leq \sum_{i=a}^{b-1} \frac{\left\|\hat{g}_{i}\right\|_{2}^{2}}{i^{2}}+2 \sum_{i=a}^{b-1} \frac{\left\langle g_{i}, x_{a}-x_{i}\right\rangle}{i}+2 \sum_{i=a}^{b-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{a}\right\rangle}{i} .
$$

Applying the subgradient inequality $\left\langle g_{i}, x_{a}-x_{i}\right\rangle \leq f\left(x_{a}\right)-f\left(x_{i}\right)$ to each term of the second summation gives the desired result.

### 3.3.4 Proof of Lemma 3.4

Proof (of Lemma 3.4). Recall from Eq. (3.1) that $w_{t}=\sum_{j=T / 2}^{t-1} \alpha_{j}\left(x_{t}-x_{j}\right)$.
Definition 3.15. Define $B_{T}:=\sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j}\left\|x_{t}-x_{j}\right\|^{2}$.
Claim 3.16. $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq B_{T}$.
Proof. Let $A_{t}=\sum_{j=T / 2}^{t-1} \alpha_{j}$. Then

$$
\begin{aligned}
\left\|w_{t}\right\|^{2} & =A_{t}^{2}\left\|\sum_{j=T / 2}^{T-1} \frac{\alpha_{j}}{A_{t}}\left(x_{t}-x_{j}\right)\right\|^{2} \\
& \leq A_{t}^{2} \sum_{j=T / 2}^{T-1} \frac{\alpha_{j}}{A_{t}}\left\|x_{t}-x_{j}\right\|^{2} \\
& \leq \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j}\left\|x_{t}-x_{j}\right\|^{2}
\end{aligned}
$$

where the first inequality is due to the convexity of $\|\cdot\|^{2}$ and the second inequality is Claim A.13.
Using the definition of $B_{T}$ and Lemma 3.3, let us write $B_{T} \leq \Lambda_{1}+\Lambda_{2}+\Lambda_{3}$ where

$$
\begin{aligned}
& \Lambda_{1}:=4 \sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j} \sum_{i=j}^{t-1} \frac{1}{i^{2}} \quad\left(\text { since }\left\|\hat{g}_{t}\right\|^{2} \leq 4 \text { for all } t\right. \text { ) } \\
& \left.\Lambda_{2}:=2 \sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j} \sum_{i=j}^{t-1} \frac{\left(F_{j}-F_{i}\right)}{i} \quad \quad \text { (where } F_{a}:=f\left(x_{a}\right)-f\left(x^{*}\right)\right), \\
& \Lambda_{3}:=2 \sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j} \sum_{i=j}^{t-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{j}\right\rangle}{i}
\end{aligned}
$$

Let us bound each of the terms separately. Recall from Eq. (3.1) that $\alpha_{j}=\frac{1}{(T-j)(T-j+1)}$ for $j \in[T-1]$.
Claim 3.17. $\Lambda_{1} \leq O\left(\frac{\log ^{2}(T)}{T^{2}}\right)$.
Proof. This follows from some straightforward calculations. Indeed,

$$
\begin{aligned}
\Lambda_{1} & =4 \sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j} \sum_{i=j}^{t-1} \frac{1}{i^{2}} \\
& \leq 4 \sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \frac{1}{(T-j)(T-j+1)} \frac{(T-j)}{(T / 2)^{2}} \\
& \leq \frac{4}{(T / 2)^{2}} \sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \frac{1}{T-j+1} \\
& \leq O\left(\frac{\log ^{2}(T)}{T^{2}}\right)
\end{aligned}
$$

## Claim 3.18.

$$
\Lambda_{2} \leq O\left(\frac{\log (T)}{T^{2}}\right)+O\left(\frac{\log (T)}{T}\right)\left\|x_{T / 2}-x^{*}\right\|_{2}^{2}+O\left(\frac{\log (T)}{T^{2}}\right) \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle
$$

We will prove Claim 3.18 in the next section.

## Claim 3.19.

$$
\Lambda_{3}=\sum_{i=T / 2}^{T-1}\left\langle\hat{z}_{i}, \frac{C_{i}}{i} w_{i}\right\rangle
$$

where $C_{i}:=\sum_{\ell=i+1}^{T} \frac{2}{T-\ell+1}=\Theta(\log (T-i))$.
Proof. Rearranging the order of summation in $\Lambda_{3}$ we get:

$$
\begin{aligned}
\Lambda_{3} & =\sum_{t=T / 2}^{T} \frac{2}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j} \sum_{i=j}^{t-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{j}\right\rangle}{i} \\
& =\sum_{t=T / 2}^{T} \frac{2}{T-t+1} \sum_{i=T / 2}^{t-1} \frac{\left\langle\hat{z}_{i}, \sum_{j=T / 2}^{i-1} \alpha_{j}\left(x_{i}-x_{j}\right)\right\rangle}{i} \\
& =\sum_{t=T / 2}^{T} \frac{2}{T-t+1} \sum_{i=T / 2}^{t-1} \frac{\left\langle\hat{z}_{i}, w_{i}\right\rangle}{i} \\
& =\sum_{i=T / 2}^{T-1}\left\langle\hat{z}_{i}, \frac{\sum_{t=i+1}^{T} \frac{2}{T-t+1}}{i} w_{i}\right\rangle \\
& =\sum_{i=T / 2}^{T-1}\left\langle\hat{z}_{i}, \frac{C_{i}}{i} w_{i}\right\rangle,
\end{aligned}
$$

as desired.
The previous three claims and the fact that $B_{T}$ is an upper bound on $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2}$ (Claim 3.16) complete the proof of Lemma 3.4.

### 3.3.5 Proof of Claim 3.18

Let us rewrite

$$
\Lambda_{2}=\sum_{a=T / 2}^{T-1} \gamma_{a} F_{a}
$$

and determine the coefficients $\gamma_{a}$.
Claim 3.20. For each $a \in\{T / 2, \ldots, T-1\}, \gamma_{a}=O\left(\frac{\log (T)}{T^{2}}\right)$.
Proof. In the definition of $\Lambda_{2}$, the indices providing a positive coefficient for $F_{a}$ must satisfy $j=a, a \leq i$, and
$a \leq t-1$. Recall that we assume $T \geq 4$, so $a \geq 2$. Hence, the positive contribution to $\gamma_{a}$ is:

$$
\begin{aligned}
& \sum_{t=1+a}^{T} \frac{2}{T-t+1} \alpha_{a} \sum_{i=a}^{t-1} \frac{1}{i} \\
& \leq \sum_{t=1+a}^{T}\left(\frac{2}{T-t+1} \alpha_{a}\right)(\log (T /(a-1))) \quad \text { (by Claim A.15) } \\
& \leq \sum_{t=1+a}^{T}\left(\frac{2}{T-t+1} \alpha_{a}\right)\left(\frac{T-a+1}{a-1}\right) \quad \text { (by Claim A.14) } \\
& =\sum_{t=1+a}^{T}\left(\frac{2}{T-t+1}\right)\left(\frac{1}{(T-a)(T-a+1)}\right)\left(\frac{T-a+1}{a-1}\right) \\
& =\frac{1}{T-a} \sum_{t=1+a}^{T} \frac{2}{(T-t+1)(a-1)} .
\end{aligned}
$$

The terms contributing to the negative portion of $\gamma_{a}$ satisfy, $i=a, j \leq a$, and $a \leq t-1$. The negative contribution can be written as

$$
\begin{aligned}
& -\sum_{t=1+a}^{T} \frac{2}{T-t+1} \sum_{j=T / 2}^{a} \alpha_{j} \cdot \frac{1}{a} \\
& =-\sum_{t=1+a}^{T}\left(\frac{2}{T-t+1}\right)\left(\frac{1}{a}\right)\left(\frac{1}{T-a}-\frac{1}{T / 2+1}\right) \quad \text { (by Claim A.13) } \\
& =-\sum_{t=1+a}^{T}\left(\frac{2}{T-t+1}\right)\left(\frac{1}{a}\right)\left(\frac{2 a-T+2}{2(T / 2+1)(T-a)}\right) \\
& =-\frac{1}{(T / 2+1)(T-a)} \sum_{t=1+a}^{T}\left(\frac{2}{T-t+1}\right)\left(\frac{2 a-T+2}{2 a}\right) \\
& =-\frac{2}{(T+2)(T-a)} \sum_{t=1+a}^{T}\left(\frac{2}{T-t+1}\right)\left(1-\frac{T-2}{2 a}\right) .
\end{aligned}
$$

Now, combining the positive and negative contribution we see:

$$
\begin{aligned}
\gamma_{a} & \leq \frac{1}{T-a} \sum_{t=1+a}^{T} \frac{2}{T-t+1}\left(\frac{1}{a-1}-\frac{2}{T+2}\left(1-\frac{T-2}{2 a}\right)\right) \\
& =\frac{1}{T-a} \sum_{t=1+a}^{T} \frac{2}{T-t+1}\left(\frac{T+2-2(a-1)\left(1-\frac{T-2}{2 a}\right)}{(a-1)(T+2)}\right) \\
& =\frac{1}{T-a} \sum_{t=1+a}^{T} \frac{2}{T-t+1}\left(\frac{T+2-2(a-1)+\frac{2(T-2)(a-1)}{2 a}}{(a-1)(T+2)}\right) \\
& \leq \frac{1}{T-a} \sum_{t=1+a}^{T} \frac{2}{T-t+1}\left(\frac{2(T-a)+2}{(T+2)(a-1)}\right) \\
& \leq \frac{1}{T-a} \sum_{t=1+a}^{T} \frac{2}{T-t+1}\left(\frac{2(T-a)+2(T-a)}{(T+2)(a-1)}\right) \quad(a \leq T-1) \\
& =\frac{1}{(T+2)(a-1)} \sum_{t=1+a}^{T} \frac{8}{T-t+1} \\
& \leq \frac{1}{(T+2)(T / 2-1)} \sum_{t=1+a}^{T} \frac{8}{T-t+1} \quad(a \geq T / 2) \\
& =O\left(\frac{\log (T)}{T^{2}}\right),
\end{aligned}
$$

as desired.
Proof (of Claim 3.18).

$$
\begin{aligned}
\Lambda_{2} & =\sum_{a=T / 2}^{T-1} \gamma_{a} F_{a} \\
& \leq O\left(\frac{\log (T)}{T^{2}}\right) \sum_{a=T / 2}^{T-1}\left(f\left(x_{a}\right)-f\left(x^{*}\right)\right) \quad\left(\text { by Claim } 3.20 \text { and the definition of } F_{a}\right)
\end{aligned}
$$

Then by Lemma 3.14 with $k=T / 2$ and $w=x^{*}$,

$$
\begin{align*}
& \leq O\left(\frac{\log (T)}{T^{2}}\right)\left(\frac{1}{2} \sum_{t=T / 2}^{T-1} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\frac{1}{2 \eta_{T / 2}}\left\|x_{T / 2}-x^{*}\right\|^{2}+\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle\right)  \tag{3.5}\\
& \leq O\left(\frac{\log (T)}{T^{2}}\right) \sum_{t=T / 2}^{T-1} \frac{1}{t}+O\left(\frac{\log (T)}{T}\right)\left\|x_{T / 2}-x^{*}\right\|^{2}+O\left(\frac{\log (T)}{T^{2}}\right) \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle \quad\left(\left\|\hat{g}_{t}\right\| \leq 2\right) \\
& \leq O\left(\frac{\log (T)}{T^{2}}\right)+O\left(\frac{\log (T)}{T}\right)\left\|x_{T / 2}-x^{*}\right\|^{2}+O\left(\frac{\log (T)}{T^{2}}\right) \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle
\end{align*}
$$

as desired.

### 3.3.6 Proof of Claim 3.7

Proof (of Claim 3.7). We begin by stating two consequences of strong convexity:

1. $\left\langle g_{t}, x_{t}-x^{*}\right\rangle \geq f\left(x_{t}\right)-f\left(x^{*}\right)+\frac{1}{2}\left\|x_{t}-x^{*}\right\|^{2}$,
2. $f\left(x_{t}\right)-f\left(x^{*}\right) \geq \frac{1}{2}\left\|x_{t}-x^{*}\right\|^{2} \quad$ (since $0 \in \partial f\left(x^{*}\right)$ ).

The analysis proceeds as follows:

$$
\begin{aligned}
\left\|x_{t+1}-x^{*}\right\|^{2} & =\left\|\Pi_{\mathscr{X}}\left(x_{t}-\eta_{t} \hat{g}_{t}\right)-x^{*}\right\|^{2} \\
& \leq\left\|x_{t}-\eta_{t} \hat{g}_{t}-x^{*}\right\|^{2} \quad \text { (Claim A.8) } \\
& =\left\|x_{t}-x^{*}\right\|^{2}-2 \eta_{t}\left\langle\hat{g}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
& =\left\|x_{t}-x^{*}\right\|^{2}-2 \eta_{t}\left\langle g_{t}, x_{t}-x^{*}\right\rangle+2 \eta_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
& \leq\left\|x_{t}-x^{*}\right\|^{2}-2 \eta_{t}\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right)-\frac{1}{t}\left\|x_{t}-x^{*}\right\|^{2}+2 \eta_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
& \leq\left(1-\frac{2}{t}\right)\left\|x_{t}-x^{*}\right\|^{2}+2 \eta_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
& =\left(\frac{t-2}{t}\right) \frac{Y_{t-1}}{t-1}+\frac{2}{t} U_{t-1} \sqrt{\frac{Y_{t-1}}{t-1}}+\frac{\left\|\hat{g}_{t}\right\|^{2}}{t^{2}} .
\end{aligned}
$$

Recall that $\left\|\hat{g}_{t}\right\|^{2} \leq 4$ because $\hat{z}_{t} \leq 1$ and $f$ is 1-Lipschitz. Multiplying through by $t$ and bounding $\left\|\hat{g}_{t}\right\|^{2}$ by 4 yields the desired result.

### 3.4 Alternative proof of Theorem 1.17

In this section we demonstrate how to prove Theorem 1.17 using the Generalized Freedman inequality. In particular, we will not use Theorem 3.5 (the high probability bound on $\left\|x_{t}-x^{*}\right\|^{2}$ ), which was the main tool used to bound the error of suffix-averaging in Subsection 3.1.3. Here, we state a specialized form of the Generalized Freedman's Inequality which is a direct corollary from Lemma 4.3. Notice that Theorem 3.21 does not include $V_{T}$ in the event which it bounds whereas Theorem 1.11 includes $V_{T}$. This is because Theorem 3.21 assumes that $V_{T}$ satisfies the "chicken and egg" phenomenon almost surely whereas Theorem 1.11 does not make this assumption.

Theorem 3.21. Let $\left\{d_{t}, \mathscr{F}_{t}\right\}_{t=1}^{T}$ be a martingale difference sequence. Suppose that, for $t \in[T], v_{t-1}$ are nonnegative $\mathscr{F}_{t-1}$-measurable random variables satisfying $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{t-1}\right)$ for all $\lambda>0$. Let $S_{T}=\sum_{t=1}^{T} d_{t}$ and $V_{T}=\sum_{t=1}^{T} v_{t-1}$. Suppose there exists $\alpha_{1}, \ldots, \alpha_{T}, \beta \in \mathbb{R}_{\geq 0}$ such that $V_{T} \leq \sum_{t=1}^{T} \alpha_{t} d_{t}+\beta$. Let $\alpha \geq \max _{t \in[T]} \alpha_{t}$. Then

$$
\operatorname{Pr}\left[S_{T} \geq x\right] \leq \exp \left(-\frac{x^{2}}{4 \alpha \cdot x+8 \beta}\right)
$$

The main idea of this proof is to upper bound the error of the suffix average by a martingale whose sum of squared conditional magnitudes (SSCM) is bounded above by a linear combination of its own increments, where the coefficients in the linear combination are all $O(1)$. Informally, we will show

$$
\sum_{t=T / 2}^{T}\left[f\left(x_{t}\right)-f\left(x^{*}\right)\right] \leq \sum_{t=1}^{T} d_{t}+O(1) \quad \text { and } \quad \sum_{t=1}^{T} d_{t}^{2} \leq \sum_{t=1}^{T} O(1) d_{t}+O(1)
$$

Then, an application of Theorem 3.21 using $\alpha=O(1), \beta=O(1)$ and $x=O(\log (1 / \delta))$ proves Theorem 1.17. More formally, we prove the following lemmata.

Lemma 3.22. Let $f$ be a 1 strongly-convex and 1-Lipschitz function over $\mathscr{X}$. Consider running SGD (Algorithm 1) until time $T$ with step size $\eta_{t}=1 / t$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$. Then,

$$
\begin{equation*}
\sum_{t=T / 2}^{T}\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right) \leq \zeta+\sum_{t=2}^{T / 2-1} \xi_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle \tag{3.6}
\end{equation*}
$$

where $\zeta=O(1)$ and $\xi_{t}=\Theta\left(\frac{t}{T}\right)$.
Lemma 3.23. Let $\xi_{t}$ be as in Lemma 3.22. Then,

$$
\begin{equation*}
\sum_{t=2}^{T / 2-1} \xi_{t}^{2}\left\|x_{t}-x^{*}\right\|^{2}+\sum_{t=T / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2} \leq \sigma+\sum_{t=2}^{T / 2-1} \sigma_{t} \xi_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\sum_{t=T / 2}^{T} \sigma_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle \tag{3.7}
\end{equation*}
$$

where $\sigma$ and $\sigma_{t}$ are $O(1)$ for all $t$.
Lemma 3.22 and Lemma 3.23 suffice for us to prove Theorem 1.17 by applying Theorem 3.21 .
Proof (of Theorem 1.17). It suffices to bound $\sum_{t=T / 2}^{T}\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right)$ by $O(\log (1 / \delta))$ with probability at least $1-\delta$. Let $d_{t}=\xi_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$ for $t=2, \ldots, T / 2-1, d_{t}=\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$ for $t=T / 2, \ldots, T$, and $d_{1}=0$. Applying Lemma 3.22, it suffices to bound $\sum_{t=1}^{T} d_{t}$ by $O(\log (1 / \delta))$ with probability at least $1-\delta$. We check the conditions needed to apply Theorem 3.21 .

Let $v_{t-1}=0$ for $t=1, v_{t-1}=\xi_{t}^{2}\left\|x_{t}-x^{*}\right\|^{2}$ for $t=2, \ldots, T / 2-1$ and $v_{t-1}=\left\|x_{t}-x^{*}\right\|^{2}$ for $t=T / 2, \ldots, T$. Using Cauchy-Schwarz and the almost sure bound on $\left\|\hat{z}_{t}\right\|$, we see $\left|\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle\right| \leq\left\|x_{t}-x^{*}\right\|$. Because $\left\|x_{t}-x^{*}\right\|$ is $\mathscr{F}_{t-1}$-measurable, this implies (via Hoeffdings Lemma - Lemma A.5) that for every $t$ and $\lambda>0$ we have $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{t-1}\right)$.

Next, applying Lemma 3.23, we have $\sum_{t=1} v_{t-1} \leq \sigma+\sum_{t=1}^{T} \sigma_{t} d_{t}$ with $\sigma_{t}, \sigma=O(1)$. Setting $\beta=\sigma$ and $\alpha_{t}=\sigma_{t}$, we have $\alpha=\max _{t \in[T]} \alpha_{t}=O(1)$, we may now apply Theorem 3.21 using $\beta=O(1), \alpha=O(1)$, $x=O(\log (1 / \delta))$ to obtain the desired result.

A tool which we will use repeatedly to prove the two lemmata above is the following result from [36].
Lemma 3.24 ([36, Lemma 6]). Let $f$ be $\lambda$ strongly-convex. Consider running $S G D$ (Algorithm 1) until time step $T$ with step size $\eta_{t}=1 /(\lambda t)$. Then, for all $t \geq 3$

$$
\left\|x_{t}-x^{*}\right\|^{2} \leq \frac{2}{\lambda(t-2)(t-1)} \sum_{i=2}^{t-1}(i-1)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\frac{\left\|\hat{g}_{t-1}\right\|^{2}}{\lambda^{2}(t-1)}
$$

### 3.4.1 Proof of Lemma $\mathbf{3 . 2 2}$

Proof (of Lemma 3.22). By Lemma 3.14 with $w=x^{*}$ we have

$$
\sum_{t=T / 2}^{T}\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right) \leq \underbrace{\frac{1}{2} \sum_{t=T / 2}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}}_{(a)}+\underbrace{\frac{1}{2 \eta_{T / 2}}\left\|x_{T / 2}-x^{*}\right\|^{2}}_{(b)}+\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle
$$

Observe that (a) is bounded by $O(1)$ by bounding $\left\|\hat{g}_{t}\right\|^{2}$ by 4 using 1-Lipschitzness, that $\left\|\hat{z}_{t}\right\| \leq 1$ almost surely, and that $\eta_{t}=1 / t$.

Now, we bound (b). Applying Lemma 3.24 and recalling $\eta_{T / 2}=T / 2$, we obtain

$$
\left\|x_{T / 2}-x^{*}\right\|^{2} \leq \frac{T}{(T / 2-2)(T / 2-1)} \sum_{t=2}^{T / 2-1}(t-1)\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\frac{\left\|\hat{g}_{T / 2-1}\right\|^{2}}{T / 2-1}
$$

Now, setting $\zeta=(a)+\frac{\left\|\hat{g}_{t-1}\right\|^{2}}{(T / 2-1)}$ and $\xi_{t}=\frac{T(t-1)}{(T / 2-2)(T / 2-1)}$ completes the proof of Lemma 3.22.

### 3.4.2 Proof of Lemma 3.23

Proof (of Lemma 3.23). Applying Lemma 3.24 and rearranging the sum on the first line, we have

$$
\begin{aligned}
\sum_{t=2}^{T / 2-1} \xi_{t}^{2}\left\|x_{t}-x^{*}\right\|^{2} \leq & \xi_{2}^{2}\left\|x_{2}-x^{*}\right\|^{2}+\sum_{t=3}^{T / 2-1} \xi_{t}^{2}\left(\frac{2}{(t-2)(t-1)} \sum_{i=2}^{t-1}(i-1)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\frac{\left\|\hat{g}_{t-1}\right\|^{2}}{t-1}\right) \\
= & \underbrace{\xi_{2}^{2}\left\|x_{2}-x^{*}\right\|^{2}+\sum_{t=3}^{T / 2-1} \frac{\xi_{t}^{2}\left\|\hat{g}_{t-1}\right\|^{2}}{(t-1)}}_{:=s_{1}} \\
& +\sum_{i=2}^{T / 2-2}(i-1)\left(\sum_{t=i+1}^{T / 2-1} \frac{\xi_{t}^{2}}{(t-2)(t-1)}\right) \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle
\end{aligned}
$$

One may use 1-Lipschitz and 1 strong convexity to bound $\left\|x_{2}-x^{*}\right\|^{2}$ by $O(1)$. Using Lipschitzness and the assumption that $\left\|\hat{z}_{t}\right\| \leq 1$ almost surely, and recalling that $\xi_{t}=\Theta(t / T)$, we can bound $s_{1}$ by $O(1)$.

Next, applying Lemma 3.24 and rearranging and splitting the sum on the first line below we have again we have

$$
\begin{aligned}
\sum_{t=T / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2} \leq & \sum_{t=T / 2}^{T} \frac{2}{(t-2)(t-1)} \sum_{i=2}^{t-1}(i-1)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\sum_{t=T / 2}^{T} \frac{\left\|\hat{g}_{t-1}\right\|^{2}}{t-1} \\
= & \underbrace{\sum_{t=T / 2}^{T} \frac{\left\|\hat{g}_{t-1}\right\|^{2}}{t-1}}_{:=s_{2}}+\sum_{i=2}^{T / 2-1}(i-1)\left(\sum_{t=T / 2}^{T} \frac{2}{(t-2)(t-1)}\right) \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle \\
& +\sum_{t=T / 2}^{T}(i-1)\left(\sum_{t=i+1}^{T} \frac{2}{(t-1)(t-2)}\right) \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle .
\end{aligned}
$$

Notice that $s_{2}=O(1)$ by bounding $\left\|\hat{g}_{t-1}\right\|^{2}$ using Lipschitzness of $f$ and the assumption that $\left\|\hat{z}_{t}\right\| \leq 1$ almost surely. Therefore we have,

$$
\begin{aligned}
& \sum_{t=2}^{T / 2-1} \xi_{t}^{2}\left\|x_{t}-x^{*}\right\|^{2}+\sum_{t=t / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2} \\
& \leq s_{1}+s_{2}+\sum_{i=2}^{T / 2-2}(i-1)\left(\sum_{t=i+1}^{T / 2-1} \frac{\xi_{t}^{2}}{(t-2)(t-1)}\right) \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle \\
& \quad+\sum_{i=2}^{T / 2-1}(i-1)\left(\sum_{t=T / 2}^{T} \frac{2}{(t-2)(t-1)}\right) \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle \\
& \quad+\sum_{t=T / 2}^{T}(i-1)\left(\sum_{t=i+1}^{T} \frac{2}{(t-1)(t-2)}\right) \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle
\end{aligned}
$$

We rewrite the right hand side of the above inequality as

$$
\sigma+\sum_{i=2}^{T / 2-1} \tilde{\sigma}_{i}\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\sum_{i=T / 2}^{T} \sigma_{i}\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle
$$

where $\sigma=s_{1}+s_{2}, \sigma_{i}=(i-1)\left(\sum_{t=i+1}^{T} \frac{2}{(t-1)(t-2)}\right)$ for $i=T / 2, \ldots, T$ and

$$
\tilde{\sigma}_{i}:= \begin{cases}(i-1)\left(\sum_{t=i+1}^{T / 2-1} \frac{\xi_{t}^{2}}{(t-2)(t-1)}+\sum_{t=T / 2}^{T} \frac{2}{(t-2)(t-1)}\right) & \text { for } i=2, \ldots, T / 2-2 \\ (i-1)\left(\sum_{t=T / 2}^{T} \frac{2}{(t-2)(t-1)}\right) & \text { for } i=T / 2-1\end{cases}
$$

Note that $\sigma_{i}=O(1)$ for all $i=T / 2, \ldots, T$ and $\sigma=O(1)$ as well (recalling that $s_{1}$ and $s_{2}$ are $O(1)$ ). Next, using $\xi_{i}=\Theta(i / T)$ one can verify that $\tilde{\sigma}_{i}=O(i / T)$. Again, because $\xi_{i}=\Theta(i / T)$, this means that we can write $\tilde{\sigma}_{i}=\sigma_{i} \xi_{i}$ for some $\sigma_{i}=O(1)$, completing the proof of Lemma 3.23

### 3.5 High probability bound on a non-uniform averaging scheme

In this section, we prove that a non-uniform averaging scheme attains the optimal $O(1 / T)$ rate with high probability. Recall that we have already seen that the suffix average attains the optimal $O(1 / T)$ with high probability in Section 3.4. The averaging scheme was first proposed and analyzed in expectation by Lacoste-Julien et al. [26]. The analysis of the final iterate, suffix-average, and this non-uniform averaging scheme can all be seen as applications of the Generalized Freedman inequality, Theorem 1.11.

Theorem 3.25. Let $\mathscr{X} \subseteq \mathbb{R}^{n}$ be a convex set. Suppose that $f: \mathscr{X} \rightarrow \mathbb{R}$ is $\mu$-strongly convex (with respect to $\|\cdot\|_{2}$ ) and L-Lipschitz. Assume that:
(a) $g_{t} \in \partial f\left(x_{t}\right)$ for all $t$ (with probability 1 ).
(b) $\left\|\hat{z}_{t}\right\| \leq L$ (with probability 1 ).

Set $\eta_{t}=\frac{2}{\mu(t+1)}$ and $\gamma_{t}=\frac{t}{T(T+1) / 2}$. Then, for any $\delta \in(0,1)$, with probability at least $1-\delta$,

$$
f\left(\sum_{t=1}^{T} \gamma_{t} x_{t}\right)-f\left(x^{*}\right) \leq O\left(\frac{L^{2} \cdot \log (1 / \delta)}{\mu} \cdot \frac{1}{T}\right) .
$$

### 3.5.1 Main idea of proof of Theorem 3.25

The main idea of the proof is to follow the in-expectation analysis by Lacoste-Julien et al. [26], but keep track of the mean zero "noise" terms which appear due to the stochastic nature of the subgradient oracle. In particular, Lacoste-Julien et al. [26] repeatedly use the subgradient inequality for $\mu$-strongly-convex functions (see Eq. (1.1)):

$$
f\left(x_{t}\right)-f\left(x^{*}\right) \leq\left\langle g_{t}, x_{t}-x^{*}\right\rangle-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2},
$$

where $x_{t}$ is the current iterate, $x^{*}$ is the minimizer, and $g_{t} \in \partial f\left(x_{t}\right)$. The subgradient oracle used by SGD produces $\hat{g}_{t}$ which is not necessarily a member of $\partial f\left(x_{t}\right)$, and therefore the above inequality is not valid. However, since $\mathrm{E}\left[\hat{g}_{t}\right] \in \partial f\left(x_{t}\right)$, we may write $\hat{g}_{t}=g_{t}-\hat{z}_{t}$, where $\mathrm{E}\left[\hat{z}_{t} \mid \mathscr{F}_{t-1}\right]=0$. Therefore, we obtain a "noisy" subgradient inequality:

$$
\begin{align*}
& f\left(x_{t}\right)-f\left(x^{*}\right) \\
& \quad \leq\left\langle g_{t}, x_{t}-x^{*}\right\rangle-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2}+\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle . \tag{3.8}
\end{align*}
$$

Now, applying the analysis of Lacoste-Julien et al. [26] and replacing applications of the subgradient inequality with Eq. (3.8) we obtain the following inequality.

Claim 3.26. Let $Z_{T}=\sum_{t=1}^{T} t\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$. Then,

$$
f\left(\sum_{t=1}^{T} \gamma_{t} x_{t}\right)-f\left(x^{*}\right) \leq O\left(\frac{L^{2}}{\mu T}\right)+O\left(\frac{1}{T^{2}}\right) Z_{T}
$$

Therefore, the main challenge lies in bounding $Z_{T}$ by $O(T)$ with high probability. Notice that $Z_{T}$ is the sum of conditionally mean-zero increments, making it the value of a martingale at time $T$. The standard Azuma inequality would require an almost sure bound of $O(1 / T)$ on its total variance, denoted $V_{T}=$ $O\left(\sum_{t=1}^{T} t^{2}\left\|x_{t}-x^{*}\right\|_{2}^{2}\right)$, in order to obtain the desired bound on $Z_{T}$.

On the other hand, the classic Freedman inequality would require a high probability bound of $O(1 / T)$ on $V_{T}$. The most obvious way to do this is come up with tail bounds on $\left\|x_{t}-x^{*}\right\|^{2}$ directly and this is the approach taken by Rakhlin et al. [36], which led to the suboptimal $O(\log (\log (T)) / T)$ convergence rate for the suffix-averaging strategy.

Instead, we turn to the Generalized Freedman Inequality by Harvey et al. [15], which can help us derive the desired high-probability bound if we are able to prove that $V_{T}$ satisfies some specific recursive structure with $Z_{T}$ - that is, $V_{T} \leq O(T) Z_{T}+O\left(T^{2}\right)$. The advantage of this approach is that, unlike the approach of applying the classic Freedman inequality, we no longer require a tail bound on $\left\|x_{t}-x^{*}\right\|^{2}$. Instead, we can achieve our goal by using elementary analysis. This results in an elegant proof of our main result using a technique which we
believe can be broadly applicable to other first order stochastic optimization procedures.

### 3.5.2 High probability upper bound analysis

Assuming Claim 3.26 holds, it remains to bound the quantity $Z_{T}=\sum_{t=1}^{T} t\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$ with high probability. The strategy here will be to show that $V_{T}:=L^{2} \sum_{t=1}^{T} t^{2}\left\|x_{t}-x^{*}\right\|^{2}$ (an upper bound on the sum of the squared increments of $Z_{T}$ ), satisfies a recursive property involving $Z_{T}$ again. In particular, we will show that $V_{T}$ is bounded by a linear transformation of $Z_{T}$ with probability one. Then, applying Theorem 3.21 gives

Lemma 3.27. Let $Z_{T}=\sum_{t=1}^{T} t \cdot\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle$. Then for any $\delta \in(0,1), Z_{T} \leq O\left(\frac{L^{2}}{\mu} \cdot T \log (1 / \delta)\right)$, with probability at least $1-\delta$.

Lemma 3.27 and Claim 3.26 together prove Theorem 3.25. The proof of Claim 3.26 can be found in Subsection 3.5.3 and the proof of Lemma 3.27 can be found in Subsection 3.5.4.

### 3.5.3 Proof of Claim 3.26

The proof follows carefully the analysis of Lacoste-Julien et al. [26], but we must be careful with the noise terms as our goal is obtain a high probability bound.
Proof (of Claim 3.26). We write $\hat{z}_{t}=g_{t}-\hat{g}_{t}$. Since $f$ is $\mu$-strongly convex, we have

$$
\begin{aligned}
f\left(x_{t}\right)-f\left(x^{*}\right) \leq & \left\langle g_{t}, x_{t}-x^{*}\right\rangle-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2} \\
= & \left\langle\hat{g}_{t}, x_{t}-x^{*}\right\rangle-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2} \\
& +\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle .
\end{aligned}
$$

The first two terms can be bounded as follows.

$$
\begin{aligned}
& \left\langle\hat{g}_{t}, x_{t}-x^{*}\right\rangle-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2} \\
& =\frac{1}{\eta_{t}}\left\langle x_{t}-y_{t+1}, x_{t}-x^{*}\right\rangle-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2} \\
& =\frac{1}{2 \eta_{t}}\left(\left\|x_{t}-y_{t+1}\right\|_{2}^{2}+\left\|x_{t}-x^{*}\right\|_{2}^{2}-\left\|y_{t+1}-x^{*}\right\|_{2}^{2}\right)-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2} \\
& \leq \frac{1}{2 \eta_{t}}\left(\left\|x_{t}-y_{t+1}\right\|_{2}^{2}+\left\|x_{t}-x^{*}\right\|_{2}^{2}-\left\|x_{t+1}-x^{*}\right\|_{2}^{2}\right)-\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|_{2}^{2} .
\end{aligned}
$$

The first line uses the definition of Algorithm 1 and the last line uses a property of Euclidean projections: since $x_{t+1}$ is the projected point $\Pi_{\mathscr{X}}\left(y_{t+1}\right)$ and $x^{*} \in \mathscr{X}$, we have $\left\|x_{t+1}-x^{*}\right\|_{2}^{2} \leq\left\|y_{t+1}-x^{*}\right\|_{2}^{2}$.

It is convenient to scale by $t$ in order to later obtain a telescoping sum. Using the definition of the gradient
step, i.e. $x_{t}-y_{t+1}=\eta_{t} \hat{g}_{t}$, we have

$$
\begin{aligned}
t & \cdot\left(f\left(x_{t}\right)-f\left(x^{*}\right)-\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle\right) \\
& \leq \frac{t\left\|\eta_{t} \hat{g}_{t}\right\|_{2}^{2}}{2 \eta_{t}}+t\left(\frac{1}{2 \eta_{t}}-\frac{\mu}{2}\right)\left\|x_{t}-x^{*}\right\|_{2}^{2}-\frac{t}{2 \eta_{t}}\left\|x_{t+1}-x^{*}\right\|_{2}^{2} \\
& =\frac{t\left\|\hat{g}_{t}\right\|_{2}^{2}}{\mu(t+1)}+\left(\frac{\mu t(t+1)}{4}-\frac{2 \mu t}{4}\right)\left\|x_{t}-x^{*}\right\|_{2}^{2}-\frac{t(t+1) \mu}{4}\left\|x_{t+1}-x^{*}\right\|_{2}^{2} \\
& \leq \frac{(2 L)^{2}}{\mu}+\frac{\mu}{4} \cdot\left(t(t-1)\left\|x_{t}-x^{*}\right\|_{2}^{2}-t(t+1)\left\|x_{t+1}-x^{*}\right\|_{2}^{2}\right) .
\end{aligned}
$$

Now, summing over $t$, the right-hand side telescopes and we obtain $\sum_{t=1}^{T} t \cdot\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right)$ is bounded above by

$$
\sum_{t=1}^{T} t \cdot\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\frac{4 L^{2} \cdot T}{\mu}
$$

Dividing by $T(T+1) / 2$ and applying Jensen's inequality, we obtain that

$$
\begin{aligned}
f\left(\sum_{t=1}^{T} \gamma_{t} x_{t}\right)-f\left(x^{*}\right) & \leq \sum_{t=1}^{T} \gamma_{t} \cdot\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right) \\
& \leq \frac{2}{T(T+1)} \underbrace{\sum_{t=1}^{T} t \cdot\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle}_{=Z_{T}}+\frac{8 L^{2}}{\mu(T+1)}
\end{aligned}
$$

### 3.5.4 Bounding $Z_{T}$

Observe that $Z_{T}$ is a sum of a martingale difference sequence. Define $d_{t}=t \cdot\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle, v_{t-1}:=t^{2}\left\|x_{t}-x^{*}\right\|$, and $V_{T}=L^{2} \sum_{t=1}^{T} v_{t-1}$. Note that $v_{t-1}$ is $\mathscr{F}_{t-1}$-measurable. The next claim shows that $v_{t-1}$ and $d_{t}$ satisfy the assumptions of Generalized Freedman's inequality (Theorem 3.21).
Claim 3.28. For all $t$ and $\lambda>0$, we have $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} L^{2} \cdot v_{t-1}\right)$.
Proof. First, we can apply Cauchy-Schwarz to get that $\left|t\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle\right| \leq t \cdot\left\|\hat{z}_{t}\right\| \cdot\left\|x_{t}-x^{*}\right\| \leq t \cdot L \cdot\left\|x_{t}-x^{*}\right\|$ because $\left\|\hat{z}_{t}\right\| \leq L$ a.s. Next, applying Hoeffding's Lemma ( [30]-Lemma 2.6), we have $\mathrm{E}\left[\exp \left(\lambda t\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle\right) \mid \mathscr{F}_{t-1}\right] \leq$ $\exp \left(\frac{\lambda^{2}}{2} L^{2} \cdot t^{2}\left\|x_{t}-x^{*}\right\|^{2}\right)$.

To bound $Z_{T}$, we will show that we can bound its sum of squared magnitudes (SSCM) by a linear combination of the increments. This will allow us to use the Generalized Freedman Inequality (Theorem 3.21).
Lemma 3.29. There exists non-negative constants $\alpha_{1}, \ldots, \alpha_{T}$ such that $\max _{i \in[T]}\left\{\alpha_{i}\right\}=O\left(\frac{L^{2}}{\mu} \cdot T\right)$ and $\beta=$ $O\left(\frac{L^{4}}{\mu^{2}} \cdot T^{2}\right)$ such that $V_{T} \leq \sum_{t=1}^{T} \alpha_{t} d_{t}+\beta$.
Proof (of Lemma 3.27). By Claim 3.28, we have $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} L^{2} \cdot v_{t-1}\right)$ for all $\lambda>0$ and $V_{T}=\sum_{t=1}^{T} L^{2} \cdot v_{t-1}$. By Lemma 3.29, we have $V_{T} \leq \sum_{t=1}^{T} \cdot \alpha_{t} d_{t}+\beta$. Plugging $\alpha=O\left(\frac{L^{2}}{\mu} \cdot T\right), \beta=O\left(\frac{L^{4}}{\mu^{2}} \cdot T^{2}\right)$, and $x=O\left(\frac{L^{2}}{\mu} \cdot T \log (1 / \delta)\right)$ into Theorem 3.21 proves the lemma.

It remains to prove Lemma 3.29. To do so, we will need the following two lemmata, which are adapted from [36] to use the step sizes $\eta_{t}=\frac{2}{\mu(t+1)}$. For completeness, we provide a proof in the supplementary material.
Lemma 3.30 ([36] - Lemma 5). With probability 1, and for all $t,\left\|x_{t}-x^{*}\right\| \leq \frac{2 L}{\mu}$.
Lemma 3.31 ([36]-Lemma 6). For all $t \geq 3$, there exists non-negative numbers $a_{1}(t), \ldots, a_{t}(t)$ with $a_{i}(t)=$ $\Theta\left(i^{3} / t^{4}\right)$ and $b_{1}(t), \ldots, b_{t}(t)$ with $b_{i}(t)=\Theta\left(i^{2} / t^{4}\right)$, such that with probability $1\left\|x_{t+1}-x^{*}\right\|^{2}$ is bounded above by

$$
\frac{4}{\mu} \sum_{i=3}^{t} a_{i}(t)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\frac{4}{\mu^{2}} \sum_{i=3}^{t} b_{i}(t)\left\|\hat{g}_{t}\right\|^{2}
$$

Remark 3.32. Lemma 3.30 and Lemma 3.31 are true regardless of the assumption we place on $\hat{z}_{t}$.
Proof (of Lemma 3.29). Recall $\left\|\hat{g}_{i}\right\| \leq 2 L$ because $f$ is $L$-Lipschitz and $\left\|\hat{z}_{i}\right\| \leq L$ almost surely. By Lemma 3.30 and Lemma 3.31, we bound $\sum_{t=1}^{T} v_{t-1}$ and then multiply through by $L^{2}$ to obtain a bound on $V_{T}$ :

$$
\begin{aligned}
\sum_{t=1}^{T} v_{t-1} & =\sum_{t=1}^{T} t^{2} \cdot\left\|x_{t}-x^{*}\right\|^{2} \\
& \leq \frac{56 L^{2}}{\mu^{2}}+\sum_{t=4}^{T} t^{2}\left(\frac{4}{\mu} \sum_{i=3}^{t-1} a_{i}(t-1)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle\right)+\frac{4}{\mu^{2}} \sum_{t=4}^{T}\left(\sum_{i=3}^{t-1} b_{i}(t-1)\left\|\hat{g}_{i}\right\|^{2}\right) \\
& \leq \frac{56 L^{2}}{\mu^{2}}+\sum_{t=4}^{T} t^{2}\left(\frac{4}{\mu} \sum_{i=3}^{t-1} a_{i}(t-1)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle\right)+\frac{4(2 L)^{2}}{\mu^{2}} \sum_{t=4}^{T}\left(\sum_{i=3}^{t-1} b_{i}(t-1)\right) \\
& =\frac{4}{\mu} \sum_{t=4}^{T} t^{2}\left(\sum_{i=3}^{t-1} a_{i}(t-1)\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle\right)+\frac{16 \cdot L+^{2}}{\mu^{2}} \sum_{t=4}^{T} t^{2}\left(\sum_{i=3}^{t-1} b_{i}(t-1)\right)+\frac{56 L^{2}}{\mu^{2}} \\
& =\sum_{i=3}^{T-1} \underbrace{\frac{4}{\mu}\left(\sum_{t=i+1}^{T} t^{2} \cdot \frac{a_{i}(t-1)}{i}\right)}_{:=\alpha_{i}} \cdot i\langle\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\underbrace{\frac{16 \cdot L^{2}}{\mu^{2}} \sum_{t=4}^{T} t^{2}\left(\sum_{i=3}^{t-1} b_{i}(t-1)\right)+\frac{56 L^{2}}{\mu^{2}}}_{:=\beta}
\end{aligned}
$$

Define $\alpha_{1}, \alpha_{2}, \alpha_{T}=0$. We have $V_{T} \leq \sum_{i=1}^{T} \alpha_{i} \cdot i \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\beta$. It remains to show $\max \left\{\alpha_{i}\right\}=O\left(\frac{T}{\mu}\right)$ and $\beta=O\left(\frac{L^{2}}{\mu^{2}} T^{2}\right)$ (multiplying through by $L^{2}$ yields the bound on $V_{T}$ ). To bound $\max \left\{\alpha_{i}\right\}$, observe that for $i \in\{3, \ldots, T-1\}$,

$$
\begin{aligned}
\sum_{t=i+1}^{T} t^{2} \cdot \frac{a_{i}(t-1)}{i} & =\sum_{t=i+1}^{T} t^{2} O\left(\frac{i^{2}}{t^{4}}\right) \\
& =\sum_{t=i+1}^{T} t^{2} O\left(\frac{1}{t^{2}}\right)=O(T-i)
\end{aligned}
$$

To bound $\beta$, observe

$$
\begin{aligned}
\sum_{t=4}^{T} t^{2}\left(\sum_{i=3}^{t-1} b_{i}(t-1)\right) & =\sum_{t=4}^{T} t^{2} \sum_{i=3}^{t-1} O\left(\frac{i^{2}}{t^{4}}\right) \\
& =\sum_{t=4}^{T} t^{2} \sum_{i=3}^{t-1} O\left(\frac{1}{t^{2}}\right) \\
& =\sum_{t=4}^{T} O(t)=O\left(T^{2}\right)
\end{aligned}
$$

### 3.5.5 Missing proofs from Subsection 3.5.4

Both of the proofs in this section are slight modifications of the proofs found by Rakhlin et al. [36].
Proof (of Lemma 3.30). Due to strong convexity and the fact that $f\left(x_{t}\right)-f\left(x^{*}\right) \geq 0$, we have

$$
\begin{aligned}
L\left\|x_{t}-x^{*}\right\| & \geq\left\|g_{t}\right\|\left\|x_{t}-x^{*}\right\| \\
& \geq\left\langle g_{t}, x_{t}-x^{*}\right\rangle \\
& \geq \frac{\mu}{2}\left\|x_{t}-x^{*}\right\|^{2},
\end{aligned}
$$

where we used $L$-Lipschitzness of $f$ to bound $\left\|g_{t}\right\|$ by $L$.
Proof (of Lemma 3.31). The definition of strong convexity yields

$$
\left\langle g_{t}, x_{t}-x^{*}\right\rangle \geq f\left(x_{t}\right)-f\left(x^{*}\right)+\frac{\mu}{2}\left\|x_{t}-x^{*}\right\|^{2} .
$$

Strong convexity and the fact that $0 \in \partial f\left(x^{*}\right)$ implies

$$
f\left(x_{t}\right)-f\left(x^{*}\right) \geq \frac{\mu}{2}\left\|x_{t}-x^{*}\right\|^{2} .
$$

Next, recall that for any $x \in \mathscr{X}$, and for any $z$, we have $\left\|\Pi_{\mathscr{X}}(z)-x\right\| \leq\|z-x\|$. Lastly, recall $\eta_{t}=\frac{2}{\mu(t+1)}$. Using these, we have

$$
\begin{align*}
\| & x_{t+1}-x^{*} \|^{2} \\
=\left\|\Pi_{\mathscr{X}}\left(x_{t}-\eta_{t} \hat{g}_{t}\right)-x^{*}\right\|^{2} \leq & \left\|x_{t}-\eta_{t} \hat{g}_{t}-x^{*}\right\|^{2} \\
= & \left\|x_{t}-x^{*}\right\|^{2}-2 \eta_{t}\left\langle\hat{g}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
= & \left\|x_{t}-x^{*}\right\|^{2}-2 \eta_{t}\left\langle g_{t}, x_{t}-x^{*}\right\rangle+2 \eta_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle \\
& +\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
\leq & \left\|x_{t}-x^{*}\right\|^{2}-2 \eta_{t}\left(f\left(x_{t}\right)-f\left(x^{*}\right)\right)-\eta_{t} \mu\left\|x_{t}-x^{*}\right\|^{2}+2 \eta_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
\leq & \left(1-2 \eta_{t} \mu\right)\left\|x_{t}-x^{*}\right\|^{2}+2 \eta_{t}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\eta_{t}^{2}\left\|\hat{g}_{t}\right\|^{2} \\
= & \left(1-\frac{4}{t+1}\right)\left\|x_{t}-x^{*}\right\|^{2}+\frac{4}{\mu(t+1)}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle+\frac{4}{\mu^{2}(t+1)^{2}}\left\|\hat{g}_{t}\right\|^{2} \tag{3.9}
\end{align*}
$$

Repeatedly applying Eq. (3.9) until $t=4$, yields the following upper bound on $\left\|x_{t+1}-x^{*}\right\|^{2}$

$$
\frac{4}{\mu} \sum_{i=4}^{t}\left[\frac{1}{i+1} \prod_{j=i+1}^{t}\left(1-\frac{4}{j+1}\right)\right] \cdot\left\langle\hat{z}_{i}, x_{i}-x^{*}\right\rangle+\frac{4}{\mu^{2}} \sum_{i=4}^{t}\left[\frac{1}{(i+1)^{2}} \prod_{j=i+1}^{t}\left(1-\frac{4}{j+1}\right)\right] \cdot\left\|\hat{g}_{t}\right\| .
$$

Observing that

$$
\begin{aligned}
\prod_{j=i+1}^{t}\left(1-\frac{4}{j+1}\right) & =\prod_{j=i+1}^{t} \frac{j-3}{j+1} \\
& =\frac{(i-2) \cdot(i-1) \cdot i \cdot(i+1)}{(t-2) \cdot(t-1) \cdot t \cdot(t+1)}
\end{aligned}
$$

proves the lemma by taking $a_{i}(t)=\frac{1}{i+1} \cdot \frac{(i-2) \cdot(i-1) \cdot \cdot \cdot(i+1)}{(t-2) \cdot(t-1) \cdot t \cdot(t+1)}$ and $b_{i}(t)=\frac{1}{(i+1)^{2}} \cdot \frac{(i-2) \cdot(i-1) \cdot \cdot \cdot(i+1)}{(t-2) \cdot(t-1) \cdot t \cdot(t+1)}$

## Chapter 4

## Probabilistic Tools

### 4.1 Proof of Theorem 1.11 and corollaries

In this section we prove Theorem 1.11 and derive some corollaries. We restate Theorem 1.11 here for convenience.

Theorem 1.11. Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Suppose $v_{i-1}$, for $i \in[n]$, are positive and $\mathscr{F}_{i-1}$-measurable random variables such that $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$ for all $i \in[n], \lambda>0$. Let $S_{t}=\sum_{i=1}^{t} d_{i}$ and $V_{t}=\sum_{i=1}^{t} v_{i-1}$. Let $\alpha_{i} \geq 0$ and set $\alpha=\max _{i \in[n]} \alpha_{i}$. Then

$$
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] \leq \exp \left(-\frac{x}{4 \alpha+8 \beta / x}\right) \quad \forall x, \beta>0
$$

The proof of Theorem 1.11 is inspired by a standard proof of Freedman's inequality. The standard proof begins with the observation that $M_{t}(\lambda):=\exp \left(\lambda S_{t}-\frac{\lambda^{2}}{2} V_{t}\right)$ defines a supermartingale for any $\lambda>0$ (recall that $S_{t}$ is the martingale at time $t$ and $V_{t}$ is the sum of squared conditional subgaussian norms (SSCSN) at time $n$ ). Then, noting that $\left\{S_{n} \geq x\right.$ and $\left.V_{n} \leq y\right\} \subset\left\{\lambda S_{n}-\frac{\lambda^{2}}{2} V_{n} \geq \lambda x-\frac{\lambda^{2}}{2} y\right\}$ for any $\lambda>0$ allows one to apply the exponentiated Markov inequality (Lemma A.1) to the larger event to obtain $\operatorname{Pr}\left[S_{n} \geq x, V_{n} \leq y\right] \leq$ $\exp \left(-\lambda x+\frac{\lambda^{2}}{2} y\right) \mathrm{E}\left[M_{n}\right]$. Since $\left(M_{t}\right)_{t \in \mathbb{N}}$ is a supermartingale with $M_{0}=1$, minimizing over $\lambda$ yields a simplified version of Freedman's inequality. To obtain Freedman's inequality in full generality, one may apply a modification of the above argument involving the stopping time $\tau=\min \left\{t: S_{t} \geq x, V_{t} \leq y\right\}$.

In our setting, we also aim to design a supermartingale whose role is similar to the supermartingale $M_{t}(\lambda)$ plays in the proof above. However, due to the entanglement between our martingale and its SSCSN process in the event whose probability we aim to bound (i.e. the chicken and egg phenomenon), some special care is required in order to derive such a supermartingale. Indeed, as we will see in the following proof, we will need to carefully balance the parameters $c$ and $\tilde{\lambda}$.
Proof (of Theorem 1.11). Suppose $0 \leq \lambda<1 /(2 \alpha)$; the actually choice of $\lambda$ will be optimized later. Define
$c=c(\lambda, \alpha)$ as in Claim 4.2. Let $\tilde{\lambda}=\lambda+c \lambda^{2} \alpha$. Define $\mathscr{U}_{0}:=1$ and for $t \in[n]$, define

$$
\mathscr{U}_{t}(\lambda):=\exp \left(\sum_{i=1}^{t}\left(\lambda+c \lambda^{2} \alpha_{i}\right) d_{i}-\sum_{i=1}^{t} \frac{\tilde{\lambda}^{2}}{2} v_{i-1}\right) .
$$

Claim 4.1. $\mathscr{U}_{t}(\lambda)$ is a supermartingale w.r.t. $\mathscr{F}_{t}$.
Explanation of the role of $\mathscr{U}_{t}(\lambda)$ and why it differs from $M_{t}(\lambda)$. Notice that the supermartingale $\mathscr{U}_{t}(\lambda)$ differs from $M_{t}(\lambda)$. The scaling on the increments $d_{i}$ in the definition of $\mathscr{U}_{t}(\lambda)$ are specifically designed with the goal of applying the exponentiated Markov inequality (Lemma A.1) to expose the expectation of a nonnegative supermartingale with bounded initial value. This was a key step in the proof of Freedman's inequality described above. In our setting, recalling that $S_{t}=\sum_{i=1}^{t} d_{i}$, we have

$$
\underbrace{\left\{\sum_{i=1}^{n}\left(\lambda+c \lambda^{2} \alpha_{i}\right) d_{i}-c \lambda^{2} V_{t} \geq \lambda x-c \lambda^{2} \beta\right\}}_{:=\mathscr{E}} \supset \underbrace{\left\{S_{t} \geq x, V_{t} \leq \sum_{i=1}^{n} \alpha_{i} d_{i}+\beta\right\}}_{:=\mathscr{G}},
$$

where the scaling on the increments $d_{i}$ in the event $\mathscr{E}$ matches the scaling in $\mathscr{U}_{t}(\lambda)$ and the event $\mathscr{G}$ is essentially the event we would like to analyze. Notice that $\mathscr{E}$ is an event which we may apply the exponentiated Markov inequality to. Ideally, an application of Lemma A. 1 on the event $\mathscr{E}$ would yield an upper bound of $\exp \left(-\lambda x+c \lambda^{2} \beta\right)$ times the expectation of a nonnegative supermartingale with bounded initial value as was the case in the standard proof outlined above. Instead, Lemma A. 1 yields the expectation of the following process $\exp \left(A_{n}-c \lambda^{2} V_{n}\right)$, where $A_{n}=\sum_{i=1}^{n}\left(\lambda+c \lambda^{2} \alpha_{i}\right) d_{i}$, and it is unclear whether this is a supermartingale. Now, according to Claim $4.1 \exp \left(A_{n}-\frac{\tilde{\lambda}^{2}}{2} V_{n}\right)$ is a supermartingale. In order to enforce that Lemma A. 1 yields an upper bound on the probability of $\mathscr{E}$ involving the expectation of a supermartingale, we will enforce $c \lambda^{2}=\frac{\tilde{\lambda}^{2}}{2}$ so that the expectation of the random process which results from applying Lemma A. 1 on the event $\mathscr{E}$ is equal to $\mathrm{E}\left[\mathscr{U}_{n}(\lambda)\right]$. Formally,

$$
\begin{aligned}
\operatorname{Pr}[\mathscr{G}] \leq \operatorname{Pr}[\mathscr{E}] & \leq \exp \left(-\lambda x-c \lambda^{2} \beta\right) \mathrm{E}\left[\exp \left(A_{n}-c \lambda^{2} V_{n}\right)\right] \quad \text { (by Lemma A.1) } \\
& \left.=\exp \left(-\lambda x-c \lambda^{2} \beta\right) \mathrm{E}\left[\mathscr{U}_{n}(\lambda)\right] \quad \text { (by choice of } c\right) \\
& \leq \exp \left(-\lambda x-c \lambda^{2} \beta\right) \quad\left(\mathscr{U}_{t}(\lambda)\right. \text { is a supermartingale). }
\end{aligned}
$$

Proof (of Claim 4.1). For all $t \in[n]$ :

$$
\begin{aligned}
\mathrm{E}\left[\mathscr{U}_{t}(\lambda) \mid \mathscr{F}_{t-1}\right] & =\mathscr{U}_{t-1}(\lambda) \exp \left(-\frac{\tilde{\lambda}^{2}}{2} v_{t-1}\right) \mathrm{E}\left[\exp \left(\left(\lambda+c \lambda^{2} \alpha_{t}\right) d_{t}\right) \mid \mathscr{F}_{t-1}\right] \\
& \leq \mathscr{U}_{t-1}(\lambda) \exp \left(-\frac{\tilde{\lambda}^{2}}{2} v_{t-1}\right) \exp \left(\frac{\left(\lambda+c \lambda^{2} \alpha_{t}\right)^{2}}{2} v_{t-1}\right) \\
& \leq \mathscr{U}_{t-1}(\lambda) \exp \left(-\frac{\tilde{\lambda}^{2}}{2} v_{t-1}\right) \exp \left(\frac{\tilde{\lambda}^{2}}{2} v_{t-1}\right) \\
& =\mathscr{U}_{t-1}(\lambda),
\end{aligned}
$$

where the second line follows from the assumption that $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{t-1}\right)$ for all $\lambda>0$ and the third line is because $\lambda+c \lambda^{2} \alpha_{t} \leq \tilde{\lambda}$ (since $c \geq 0$ and $\alpha_{t} \leq \alpha$ ). We conclude that $\mathscr{U}_{t}(\lambda)$ is a supermartingale w.r.t. $\mathscr{F}_{t}$.

Define the stopping time $T=\min \left\{t: S_{t} \geq x\right.$ and $\left.V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}$ with the convention that $\min \emptyset=\infty$. Since $\mathscr{U}_{t}$ is a supermartingale w.r.t. $\mathscr{F}_{t}$, then $\mathscr{U}_{T \wedge t}$ is a supermartingale w.r.t. $\mathscr{F}_{t}$ ([25, Theorem 10.15]). Recall that $S_{T \wedge n}=\sum_{i=1}^{T \wedge n} d_{i}$.

$$
\left.\begin{array}{rl}
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] & =\operatorname{Pr}\left[S_{T \wedge n} \geq x \text { and } V_{T \wedge n} \leq \sum_{i=1}^{T \wedge n} \alpha_{i} d_{i}+\beta\right] \\
& =\operatorname{Pr}[\underbrace{}_{:=\mathscr{A}} \lambda S_{T \wedge n} \geq \lambda x \text { and } c \lambda^{2} V_{T \wedge n} \leq c \lambda^{2} \sum_{i=1}^{T \wedge n} \alpha_{i} d_{i}+c \lambda^{2} \beta
\end{array}\right] .
$$

Recall that $c$ was chosen (via Claim 4.2) so that $c \lambda^{2}=\left(\lambda+c \lambda^{2} \alpha\right)^{2} / 2=\tilde{\lambda}^{2} / 2$. This selection of $c$ is crucial to connect the result of the application of Lemma A. 1 above to the supermartingale $\mathscr{U}_{t}(\lambda)$. Hence,

$$
\begin{aligned}
\mathrm{E}\left[\exp \left(\sum_{i=1}^{T \wedge n}\left(\lambda+c \lambda^{2} \alpha_{i}\right) d_{i}-c \lambda^{2} V_{T \wedge n}\right)\right] & =\mathrm{E}\left[\exp \left(\sum_{i=1}^{T \wedge n}\left(\lambda+c \lambda^{2} \alpha_{i}\right) d_{i}-\frac{\tilde{\lambda}^{2}}{2} V_{T \wedge n}\right)\right] \\
& =\mathrm{E}\left[\mathscr{U}_{T \wedge n}(\lambda)\right] \leq 1,
\end{aligned}
$$

where the inequality is by the optional stopping theorem for bounded stopping times ([25, Theorem 10.11]). Since $\lambda<1 /(2 \alpha)$ was arbitrary, we conclude that

$$
\begin{aligned}
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] & \leq \exp \left(-\lambda x+c \lambda^{2} \beta\right) \\
& \leq \exp \left(-\lambda x+2 \lambda^{2} \beta\right)
\end{aligned}
$$

where the inequality is because $c \leq 2$. Now, we can pick $\lambda=\frac{1}{2 \alpha+4 \beta / x}<\frac{1}{2 \alpha}$ to conclude that

$$
\begin{aligned}
\operatorname{Pr}\left[\bigcup_{t=1}^{n}\left\{S_{t} \geq x \text { and } V_{t} \leq \sum_{i=1}^{t} \alpha_{i} d_{i}+\beta\right\}\right] & \leq \exp (-\lambda(x-2 \lambda \beta)) \\
& \leq \exp \left(-\lambda\left(x-\frac{2 \beta}{2 \alpha+4 \beta / x}\right)\right) \\
& \leq \exp \left(-\lambda\left(x-\frac{2 \beta}{4 \beta / x}\right)\right) \\
& =\exp \left(-\frac{\lambda x}{2}\right) \\
& =\exp \left(-\frac{x}{4 \alpha+8 \beta / x}\right) .
\end{aligned}
$$

Claim 4.2. Let $\alpha \geq 0$ and $\lambda \in[0,1 / 2 \alpha)$. Then there exists $c=c(\lambda, \alpha) \in[0,2]$ such that $2 c \lambda^{2}=\left(\lambda+c \lambda^{2} \alpha\right)^{2}$.
Proof. If $\lambda=0$ or $\alpha=0$ then the claim is trivial (just take $c=1 / 2$ ). So assume $\alpha, \lambda>0$.
The equality $2 c \lambda^{2}=\left(\lambda+c \lambda^{2} \alpha\right)^{2}$ holds if and only if $p(c):=\alpha^{2} \lambda^{2} c^{2}+(2 \lambda \alpha-2) c+1=0$. The discriminant of $p$ is $(2 \lambda \alpha-2)^{2}-4 \alpha^{2} \lambda^{2}=4-8 \lambda \alpha$. Since $\lambda \alpha \leq 1 / 2$, the discriminant of $p$ is non-negative so the roots of $p$ are real. One root of $p$ is located at

$$
c=\frac{2-2 \alpha \lambda-\sqrt{(2 \alpha \lambda-2)^{2}-4 \lambda^{2} \alpha^{2}}}{2 \lambda^{2} \alpha^{2}}=\frac{1-\alpha \lambda-\sqrt{1-2 \alpha \lambda}}{\alpha^{2} \lambda^{2}} .
$$

Set $\gamma=\alpha \lambda$, and observe that $2 \gamma \in[0,1]$. Using the numeric inequality $\sqrt{1-x} \geq 1-x / 2-x^{2} / 2$ valid for all $x \leq 1$, we have

$$
c=\frac{1-\gamma-\sqrt{1-2 \gamma}}{\gamma^{2}} \leq \frac{1-\gamma-\left(1-\gamma-2 \gamma^{2}\right)}{\gamma^{2}}=2 .
$$

On the other hand, using the numeric inequality $\sqrt{1-x} \leq 1-x / 2-x^{2} / 8$ valid for all $x \in[0,1]$, we have

$$
c=\frac{1-\gamma-\sqrt{1-2 \gamma}}{\gamma^{2}} \geq \frac{1-\gamma-\left(1-\gamma-\gamma^{2} / 2\right)}{\gamma^{2}}=\frac{1}{2} \geq 0 .
$$

### 4.1.1 Corollaries of Theorem 1.11

In this thesis, we often deal with martingales, $M_{n}$, where the sum of squared conditional magnitudes (SSCM) of the martingale is bounded by a linear transformation of the martingale, with high probability (which is what we often refer to as the "chicken and egg" phenomenon - the bound on the SSCM of $M_{n}$ involves $M_{n}$ itself). Transforming these entangled high probability bounds on the SSCM into high probability bounds on the martingale itself are easy consequences of our Generalized Freedman inequality (Theorem 1.11).

Lemma 4.3. Let $\left\{d_{i}, \mathscr{F}_{i}\right\}_{i=1}^{n}$ be a martingale difference sequence. Let $v_{i-1}$ be a $\mathscr{F}_{i-1}$ measurable random variable such that $\mathrm{E}\left[\exp \left(\lambda d_{i}\right) \mid \mathscr{F}_{i-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2} v_{i-1}\right)$ for all $\lambda>0$ and for all $i \in[n]$. Define $S_{n}=\sum_{i=1}^{n} d_{i}$
and define $V_{n}=\sum_{i=1}^{n} v_{i-1}$. Suppose that there exists $\alpha_{1}, \ldots, \alpha_{n} \geq 0$ and $R(\delta)>0(f o r \delta \in(0,1))$ such that $\operatorname{Pr}\left[V_{n} \leq \sum_{i=1}^{n} \alpha_{i} d_{i}+R(\delta)\right] \geq 1-\delta$. Let $\alpha=\max _{i \in[n]} \alpha_{i}$. Then,

$$
\operatorname{Pr}\left[S_{n} \geq x\right] \leq \delta+\exp \left(-\frac{x^{2}}{4 \alpha x+8 R(\delta)}\right) \quad \forall x>0
$$

Proof. Fix $\delta \in(0,1)$. Define the events $\mathscr{E}(x)=\left\{S_{n} \geq x\right\}$ and $\mathscr{G}=\left\{V_{n} \leq \sum_{i=1}^{n} \alpha_{i} d_{i}+R(\delta)\right\}$. Then

$$
\begin{aligned}
\operatorname{Pr}\left[S_{n} \geq x\right] & =\operatorname{Pr}[\mathscr{E}(x) \wedge \mathscr{G}]+\operatorname{Pr}\left[\mathscr{E}(x) \wedge \mathscr{G}^{c}\right] \\
& \leq \operatorname{Pr}[\mathscr{E}(x) \wedge \mathscr{G}]+\underbrace{\operatorname{Pr}\left[\mathscr{G}^{c}\right]}_{\leq \delta} \\
& \leq \exp \left(-\frac{x^{2}}{4 \alpha x+8 R(\delta)}\right)+\delta,
\end{aligned}
$$

where the final inequality is due to applying Theorem 1.11 to $\operatorname{Pr}[\mathscr{E}(x) \wedge \mathscr{G}]$.
In this thesis, we use Lemma 4.3 via the following two corollaries. The first Corollary can be proven by using the original Freedman's inequality.

Corollary 4.4. Let $\left\{\mathscr{F}_{t}\right\}_{t=1}^{T}$ be a filtration and suppose that $a_{t}$ are $\mathscr{F}_{t}$-measurable random vectors and $b_{t}$ are $\mathscr{F}_{t-1}$-measurable random vectors. Further, suppose that

1. $\left\|a_{t}\right\| \leq 1$ almost surely and $\mathrm{E}\left[a_{t} \mid \mathscr{F}_{t-1}\right]=0$; and
2. $\sum_{t=1}^{T}\left\|b_{t}\right\|^{2} \leq R \log (1 / \delta)$ with probability at least $1-O(\delta)$.

Define $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$. Then $\sum_{t=1}^{T} d_{t} \leq O(\sqrt{R} \log (1 / \delta))$ with probability at least $1-O(\delta)$.
Proof. Since $\left\|a_{t}\right\| \leq 1$, by Cauchy-Schwarz we have that $\left|d_{t}\right| \leq\left\|b_{t}\right\|$. Therefore, $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq$ $\exp \left(\frac{\lambda^{2}}{2}\left\|b_{t}\right\|^{2}\right)$ for all $\lambda$ by Lemma A.5. Next, applying Lemma 4.3 with $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$ and $v_{t-1}=\left\|b_{t}\right\|^{2}, \alpha_{i}=0$ for all $i$, and $R(\boldsymbol{\delta})=R \log (1 / \delta)$ yields

$$
\operatorname{Pr}\left[\sum_{t=1}^{T} d_{t} \geq x\right] \leq \delta+\exp \left(-\frac{x^{2}}{8 R \log (1 / \delta)}\right) .
$$

The last term is at most $\delta$ by taking $x=\sqrt{8 R} \log (1 / \delta)$.
Corollary 4.5. Let $\left\{\mathscr{F}_{t}\right\}_{t=1}^{T}$ be a filtration and suppose that $a_{t}$ are $\mathscr{F}_{t}$-measurable random vectors and $b_{t}$ are $\mathscr{F}_{t-1}$-measurable random vectors. Define $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$. Assume that $\left\|a_{t}\right\| \leq 1$ almost surely and $\mathrm{E}\left[a_{t} \mid \mathscr{F}_{t-1}\right]=$ 0. Furthermore, suppose that there exists $R>0$ and non-negative values $\left\{\alpha_{t}\right\}_{t=1}^{T-1}$ where $\max \left\{\alpha_{t}\right\}_{t=1}^{T-1}=O(\sqrt{R})$, such that for every $\delta$ sufficiently small, with probability at least $1-O(\delta)$, we have $\sum_{t=1}^{T}\left\|b_{t}\right\|^{2} \leq \Sigma_{t=1}^{T-1} \alpha_{t} d_{t}+$ $R \log (1 / \delta)$. Then $\sum_{t=1}^{T} d_{t} \leq O(\sqrt{R} \log (1 / \delta))$ with probability at least $1-\delta$.

Proof. We prove only the first case, the second case can be proved by bounding $\sqrt{\log (1 / \delta)}$ by $\log (1 / \delta)$ and using the proof of the first case.

Since $\left\|a_{t}\right\| \leq 1$, by Cauchy-Schwarz we have that $\left|d_{t}\right| \leq\left\|b_{t}\right\|$. Therefore, $\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\frac{\lambda^{2}}{2}\left\|b_{t}\right\|^{2}\right)$ for all $\lambda$ by Lemma A.5. Next, applying Lemma 4.3 with $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$ and $v_{t-1}=\left\|b_{t}\right\|^{2}$, with $\alpha_{T}=0$, and
$R(\boldsymbol{\delta})=R \log (1 / \delta)$ yields

$$
\begin{equation*}
\operatorname{Pr}\left[\sum_{t=1}^{T} d_{t} \geq x\right] \leq \delta+\exp \left(-\frac{x^{2}}{4\left(\max _{t=1}^{T-1}\left\{\alpha_{t}\right\}\right) x+8 R \log (1 / \delta)}\right) . \tag{4.1}
\end{equation*}
$$

Recall that $\max _{t=1}^{T-1}\left\{\alpha_{t}\right\}=O(\sqrt{R})$. Thus, for some $x=\Theta(\sqrt{R} \log (1 / \delta))$, the last term in (4.1) is at most $\delta$. Replacing $\delta$ with $\delta / 2$ completes the proof.

### 4.2 Proof of Theorem 1.19

Theorem 1.19. Let $\left(X_{t}\right)_{t=1}^{T}$ be a stochastic process and let $\left(\mathscr{F}_{t}\right)_{t=1}^{T}$ be a filtration such that $X_{t}$ is $\mathscr{F}_{t}$ measurable and $X_{t}$ is non-negative almost surely. Let $\alpha_{t} \in[0,1)$ and $\beta_{t}, \gamma_{t} \geq 0$ for every $t$. Assume that $\mathrm{E}\left[\exp \left(\lambda X_{1}\right)\right] \leq$ $\exp (\lambda K)$ for $\lambda \in(0,1 / K]$ where $K=\max _{1 \leq t \leq T}\left(\frac{2 \gamma_{t}}{1-\alpha_{t}}, \frac{2 \beta_{t}^{2}}{1-\alpha_{t}}\right)$. Let $\hat{w}_{t}$ be a mean-zero random variable conditioned on $\mathscr{F}_{t}$ such that $\left|\hat{w}_{t}\right| \leq 1$ almost surely for every $t$. Suppose that $X_{t+1} \leq \alpha_{t} X_{t}+\beta_{t} \hat{w}_{t} \sqrt{X_{t}}+\gamma_{t}$ for every $t$. Then, the following hold.

- For every $t, \operatorname{Pr}\left[X_{t} \geq K \log (1 / \delta)\right] \leq \mathrm{e} \delta$.
- More generally, if $\sigma_{1}, \ldots, \sigma_{T} \geq 0$, then $\operatorname{Pr}\left[\sum_{t=1}^{T} \sigma_{t} X_{t} \geq K \log (1 / \delta) \sum_{t=1}^{T} \sigma_{t}\right] \leq \mathrm{e} \delta$.

Proof (of Theorem 1.19).
We begin by deriving a recursive MGF bound on $X_{t}$.
Claim 4.6. Suppose $0 \leq \lambda \leq \min _{1 \leq t \leq T}\left(\frac{1-\alpha_{t}}{2 \beta_{t}^{2}}\right)$. Then for every $t$,

$$
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] \leq \exp \left(\lambda \gamma_{t}\right) \mathrm{E}\left[\exp \left(\lambda X_{t}\left(\frac{1+\alpha_{t}}{2}\right)\right)\right] .
$$

Proof. Since $X_{t}$ is non-negative almost surely, we may define the random variable $X=\beta_{t} \hat{w}_{t} \sqrt{X_{t}}$. Since $\left|\hat{w}_{t}\right| \leq 1$ almost surely and $X_{t}$ is $\mathscr{F}_{t}$-measurable, $\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right) \mid \mathscr{F}_{t}\right] \leq \exp \left(\lambda^{2} \beta_{t}^{2} X_{t}\right)$ for all $\lambda$. Since $\mathrm{E}\left[\hat{w}_{t} \mid \mathscr{F}_{t}\right]=0$ we may apply Claim A. 6 with $c^{2}=\beta_{t}^{2} X_{t}$ to obtain

$$
\begin{equation*}
\mathrm{E}\left[\exp \left(\lambda \beta_{t} \hat{w}_{t} \sqrt{X_{t}}\right) \mid \mathscr{F}_{t}\right]=\mathrm{E}\left[\exp (\lambda X) \mid \mathscr{F}_{t}\right] \leq \exp \left(\lambda^{2} \beta_{t}^{2} X_{t}\right) . \tag{4.2}
\end{equation*}
$$

Hence,

$$
\begin{array}{rll}
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] & \leq \mathrm{E}\left[\exp \left(\lambda \alpha_{t} X_{t}+\lambda \beta_{t} \hat{w}_{t} \sqrt{X_{t}}+\lambda \gamma_{t}\right)\right] \quad \text { (by assumption) } \\
& =\mathrm{E}\left[\exp \left(\lambda \alpha_{t} X_{t}+\lambda \gamma_{t}\right) \mathrm{E}\left[\exp \left(\lambda \beta_{t} \hat{w}_{t} \sqrt{X_{t}}\right) \mid \mathscr{F}_{t}\right]\right] \\
& \leq \mathrm{E}\left[\exp \left(\lambda \alpha_{t} X_{t}+\lambda^{2} \beta_{t}^{2} X_{t}+\lambda \gamma_{t}\right)\right] \quad \text { (by Eq. (4.2)) } \\
& =\mathrm{E}\left[\exp \left(\lambda X_{t}\left(\alpha_{t}+\lambda \beta_{t}^{2}\right)+\lambda \gamma_{t}\right)\right] \\
& \leq \mathrm{E}\left[\exp \left(\lambda \gamma_{t}+\lambda X_{t}\left(\frac{1+\alpha_{t}}{2}\right)\right)\right] \quad\left(\text { because } \lambda \leq \frac{1-\alpha_{t}}{2 \beta_{t}^{2}}\right) .
\end{array}
$$

Next, we prove an MGF bound on $X_{t}$.

Claim 4.7. For every t and for all $0 \leq \lambda \leq 1 / K, \mathrm{E}\left[\exp \left(\lambda X_{t}\right)\right] \leq \exp (\lambda K)$.
Proof. Let $\lambda \leq 1 / K$. We proceed by induction over $t$. The base case holds by assumption. Assume that $\mathrm{E}\left[\exp \left(\lambda X_{t}\right)\right] \leq \exp (\lambda K)$. Now, consider the MGF of $X_{t+1}$ :

$$
\begin{align*}
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] & \leq \mathrm{E}\left[\exp \left(\lambda \gamma_{t}+\lambda X_{t}\left(\frac{1+\alpha_{t}}{2}\right)\right)\right] \quad \text { (by Claim 4.6) } \\
& \leq \exp \left(\lambda \gamma_{t}+\lambda K\left(\frac{1+\alpha_{t}}{2}\right)\right),
\end{align*}
$$

where the first inequality is valid because $\lambda \leq 1 / K \leq \min _{1 \leq t \leq T}\left(\frac{1-\alpha_{t}}{2 \beta_{t}^{2}}\right)$ and the second inequality follows because $\left(1+\alpha_{t}\right) / 2<1$ and so we can use the induction hypothesis since $\lambda\left(1+\alpha_{t}\right) / 2<\lambda \leq 1 / K$. Furthermore, the definition of $K$ ensures

$$
K \geq \frac{2 \gamma_{t}}{1-\alpha_{t}}=\frac{\gamma_{t}}{1-\left(\frac{1+\alpha_{t}}{2}\right)},
$$

which shows that $\gamma_{t}+K\left(\frac{1+\alpha_{t}}{2}\right) \leq K$. Hence,

$$
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] \leq \exp (\lambda K),
$$

as desired.
Now we are ready to complete the proof of both claims in Theorem 1.19. The first claim in Theorem 1.19 follows by observing our MGF bound on $X_{t}$ and then applying the transition from MGF bounds to tail bounds given by Claim A. 7 (with $c=1$ and $C=K$ ).

Next, we prove the second claim in Theorem 1.19. Claim 4.7 gives that for every $t$ and for all $\lambda \leq 1 /\left(\sigma_{t} K\right)$, we have $\mathrm{E}\left[\exp \left(\lambda \sigma_{t} X_{t}\right)\right] \leq \exp \left(\lambda \sigma_{t} K\right)$. Hence, we can combine these MGF bounds using Lemma A. 4 to obtain $\mathrm{E}\left[\exp \left(\lambda \sum_{t=1}^{T} \sigma_{t} X_{t}\right)\right] \leq \exp \left(\lambda K \sum_{t=1}^{T} \sigma_{t}\right)$ for all $\lambda \leq\left(K \sum_{t=1}^{T} \sigma_{t}\right)^{-1}$. With this MGF bound in hand, we may apply the transition from MGF bounds to tail bounds given by Claim A. 7 to complete the proof of the second claim in Theorem 1.19.

## Chapter 5

## Infinite Dimensional and Probabilistic Lower Bounds

### 5.1 Functions attaining large error infinitely often

In order to achieve large error for the $T$ iterate, Theorem 1.12 constructs a strongly convex function parameterized by $T$. (Similarly, Theorem 1.14 constructs a Lipschitz function parameterized by $T$.) It is not possible for a single function to achieve error $\omega(1 / T)$ for every $T \geq 1$ in the strongly-convex case (or $\omega(1 / \sqrt{T})$ for every $T \geq 1$ in the Lipschitz case). The reason is that this would contradict the fact that suffix averaging achieves error $O(1 / T)$ in the strongly-convex case (and that the average over all iterates achieves error $O(1 / \sqrt{T})$ in the Lipschitz case). Nevertheless, for every function $g(T)=o(\log (T) / T)$ it possible to construct a strongly convex function which achieves error $C \cdot g(T)$, for every $C>0$ for infinitely many $T$. (A similar statement is true for the Lipschitz case.) In the remainder of this section, we use $\ell_{2}$ to denote the space of square-summable sequences in $\mathbb{R}^{\mathbb{N}}$.

Theorem 5.1. For every non-negative $g(T)=o(\log (T) / T)$, and for any $c>0$, there exists a convex function $f: \mathscr{X} \rightarrow \mathbb{R}$ where $\mathscr{X} \subset \ell_{2}$, such that $f$ is $(3 / c)$-Lipschitz and $(1 / c)$-strongly convex, $\inf _{x \in \mathscr{X}} f(x)=0$ and satisfies the following. Suppose that Algorithm 1 is executed from the initial point $x_{1}=0$ with step sizes $\eta_{t}=c / t$. Then,

$$
\limsup _{T \rightarrow \infty} \frac{f\left(x_{T}\right)}{g(T)}=+\infty
$$

Theorem 5.2. For every non-negative $g(T)=o(\log (T) / \sqrt{T})$ and for every $c>0$, there exists a convex function $f: \mathscr{X} \rightarrow \mathbb{R}$ where $\mathscr{X} \subset \ell_{2}$, such that $f$ is $(1 / c)$-Lipschitz, $\inf _{x \in \mathscr{X}} f(x)=0$ and satisfies the following. Suppose that Algorithm 11 is executed from the initial point $x_{1}=0$ with step sizes $\eta_{t}=c / \sqrt{t}$. Then,

$$
\limsup _{T \rightarrow \infty} \frac{f\left(x_{T}\right)}{g(T)}=+\infty
$$

Remark 5.3. We provide the proof of Theorem 5.1 in Sub-subsection 5.1.1. The proof of Theorem 5.2 is omitted due to its similarity with the proof of Theorem 5.1. We prove Theorem 5.1 in the setting where $c=1$. The result follows in full generality as a corollary of the $c=1$ case and an analogous statement to Lemma 2.1 for Hilbert
spaces.
Since we are now working with infinite dimensional functions, rigour requires us to state the definition of the subdifferential of a convex function applicable to functions defined on a Hilbert space $E$.

Definition 5.4 ([5, Definition 2.30]). Let $E$ be a Hilbert space and let $f$ be a proper convex function defined on $E$. Then, $g \in E^{*}$ (the dual Hilbert space of $E$ ) is a subgradient of $f$ at $x$ if, for all $y \in E, f(y) \geq f(x)+\langle y-x, g\rangle$. The subdifferential of $f$ at $x$, denoted $\partial f(x)$, is the collection of subgradients of $f$ at $x$.

The main tool we use to prove Theorem 5.1 and Theorem 5.2 is the following natural result. In a nutshell, Lemma 5.5 states that running Algorithm 1 on an infinite sum of convex functions is equivalent to running an instance of Algorithm 1 for each summand in parallel. While the statement of the following result is fairly intuitive, the proof of Lemma 5.5 is rather technical. Therefore, we defer its proof to Subsection 5.1 .2 and focus on using Lemma 5.5 to prove Theorem 5.1 and Theorem 5.2.

Lemma 5.5. Consider a family of non-negative, convex functions, $\left\{f_{i}\right\}_{i=1}^{\infty}$, where $f_{i}: \mathbb{R}^{T_{i}} \rightarrow \mathbb{R}$. Let $\mathscr{X}_{i} \subseteq \mathbb{R}^{T_{i}}$ be a closed and convex set such that $\mathscr{X}_{i} \subseteq \mathscr{B}_{T_{i}}(0, R)$, where $\mathscr{B}_{T_{i}}(0, R)$ is the Euclidean ball of radius $R$ in $\mathbb{R}^{T_{i}}$. Assume that $f_{i}$ is bounded by $M$ and L Lipschitz on $\mathscr{X}_{i}$ for every i. Define $f: \prod_{i=1}^{\infty} \mathbb{R}^{T_{i}} \rightarrow \mathbb{R}$ and $\mathscr{X}$ as

$$
\begin{equation*}
f\left(x^{(1)}, x^{(2)}, \ldots\right)=\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} f_{i}\left(C_{i} x^{(i)}\right) \quad \text { and } \quad \mathscr{X}=\prod_{i=1}^{\infty} \frac{\mathscr{X}_{i}}{C_{i}}, \tag{5.1}
\end{equation*}
$$

where $x^{(i)} \in \mathbb{R}^{T_{i}}$ and $\sum_{i=1}^{\infty} \frac{1}{C_{i}} \leq 1$, with $C_{i} \in[1, \infty)$. Then, the following hold:

1. $f(x)$ is well-defined for every $x \in \mathscr{X}$ (i.e. $\lim _{n \rightarrow \infty} \sum_{i=1}^{n} \frac{1}{C_{i}^{2}} f_{i}\left(C_{i} x^{(i)}\right)$ exists for all $x \in \mathscr{X}$ ).
2. $f$ is convex.
3. If $f_{i}$ is $\alpha$ strongly convex on $\mathscr{X}_{i}$ for every $i$, then $f$ is $\alpha$ strongly convex on $\mathscr{X}$.
4. If $f_{i}$ is subdifferentiable on $\mathscr{X}_{i}\left(\partial f_{i}(x) \neq \emptyset\right.$ for every $\left.x \in \mathscr{X}_{i}\right)$, then $f$ is subdifferentiable on $\mathscr{X}$. Therefore, if one could execute Algorithm 1 individually for each $f_{i}$, then one can execute Algorithm 1 on the function $f$.
5. $f$ is L-Lipschitz on $\mathscr{X}$. That is, for every $x \in \mathscr{X}$ and $g \in \partial f(x),\|g\| \leq L$.
6. Let $\sigma_{i}$ be a map such that for every $x \in \mathscr{X}_{i}, \sigma_{i}(x) \in \partial f_{i}(x)$. Let $x_{t}^{(i)}$ denote the $t$-th iterate of Algorithm 1 on the function $f_{i}$ using the feasible region $\mathscr{X}_{i}$, step sizes $\eta_{t}$, initial point $x_{1}^{(i)}$ and the subgradient oracle $\sigma_{i}$. Then, there is a map $\sigma$ such that for every $x \in \mathscr{X}, \sigma(x) \in \partial f(x)$ and the $t$-th iterate of gradient descent on the function $f$ using the feasible region $\mathscr{X}$, step sizes $\eta_{t}$, initial point $x_{1}=\left(x_{1}^{(1)} / C_{1}, x_{1}^{(2)} / C_{2}, \ldots\right)$ and the subgradient oracle $\sigma$ is given by

$$
x_{t}=\left(\frac{x_{t}^{(1)}}{C_{1}}, \frac{x_{t}^{(2)}}{C_{2}}, \ldots\right)
$$

How Lemma 5.5 will be used. Lemma 5.5 allows one to carefully design a single infinite dimensional function from many finite dimensional functions (see Eq. (5.1)) while maintaining crucial properties such as convexity, Lipschitzness, and boundedness. Importantly, running Algorithm 1 on this infinite dimensional function is "equivalent" to running an instance of Algorithm 1 for each finite dimensional function in parallel: The value of the $t$-th iterate of the infinite dimensional instance can be obtained by a weighted sum of the values of $t$-th
iterates of each of the finite dimensional instances. Therefore, if we use $f_{i}=f_{T_{i}}$ where $f_{T_{i}}$ are the $T_{i}$-dimensional functions from Section 2.1 which exhibit $\Omega\left(\log \left(T_{i}\right) / T_{i}\right)$ error after $T_{i}$ iterations of Algorithm 1 , then we could enforce error $\Omega\left(\log \left(T_{i}\right) / T_{i}\right)$ at iteration $T_{i}$ as long as each $f_{i}$ were non-negative. Letting $\lim _{i \rightarrow \infty} T_{i}=\infty$ and ignoring the scaling factors $1 / C_{i}$, we have that $\limsup _{T \rightarrow \infty} \frac{f\left(x_{T}\right)}{\log (T) / T}=\Omega(1)$. The presence of the scaling factors $1 / C_{i}$, which are necessary for maintaining Lipschitz-ness, weaken the result to limsup $\sin _{T \rightarrow \infty} \frac{f\left(x_{T}\right)}{g(T)}=+\infty$ for any $g(T)=o(\log (T) / T)$.

### 5.1.1 Proof of Theorem 5.1

We will prove Lemma 5.6, which is quite similar to Theorem 5.1, except that it appears to have a stronger hypothesis. However, Lemma 5.7 implies that the hypothesis is actually not stronger: For each $g=o(\log (T) / T)$ we also have $g=o(\log (T) /(T \cdot h(T)))$ for some function $h$ such that $\lim _{T \rightarrow \infty} h(T)=+\infty$. Thus Theorem 5.1 follows from Lemma 5.6 .

Lemma 5.6. For every non-negative $g(T)=o(\log (T) /(T \cdot h(T)))$ where $\lim _{T \rightarrow \infty} h(T)=+\infty$, there exists a convex function $f: \mathscr{X} \rightarrow \mathbb{R}$ where $\mathscr{X} \subset \ell_{2}$ is convex and $f$ is 3-Lipschitz, 1 -strongly convex, $\inf _{x \in \mathscr{X}} f(x)=0$ and satisfies the following. Suppose that Algorithm 1 is executed from the initial point $x_{1}=0$ with step sizes $\eta_{t}=1 / t$. Then,

$$
\limsup _{T \rightarrow \infty} \frac{f\left(x_{T}\right)}{g(T)}=+\infty
$$

Lemma 5.7. Suppose $g(T)$ is a non-negative function such that $g(T)=o(\log (T) / T)$. Then we may write $g(T)=o(\log (T) /(T \cdot h(T)))$ for some $h(T)$ satisfying $\lim _{T \rightarrow \infty} h(T)=+\infty$.

Proof. Let $h(T)=\sqrt{\frac{\log (T) / T}{g(T)}}$. Then, $\lim _{T \rightarrow \infty} h(T)=+\infty$ because $g=o(\log (T) / T)$. We have

$$
\lim _{T \rightarrow \infty}\left[\frac{g(T)}{\log (T) /(T \cdot h(T))}\right]=\lim _{T \rightarrow \infty}\left[\sqrt{\frac{g(T)}{\log (T) / T}}\right]=0
$$

because $g(T)=o(\log (T) / T)$.
Proof (of Lemma 5.6).
Showing that limsup $\operatorname{sum}_{T \rightarrow \infty} \frac{f\left(x_{T}\right)}{g(T)}=+\infty$ is equivalent to showing the following:

$$
\begin{equation*}
\forall M>0, \forall N \in \mathbb{N}, \exists T \geq N \text { s.t. } f\left(x_{T}\right)>M g(T) \tag{5.2}
\end{equation*}
$$

We would like to apply Lemma 5.5 , and so we must define functions $f_{i}$ which satisfy the required properties. Let $C_{i}=2^{i}$. Let $T_{i} \geq i$ be such that

$$
\begin{equation*}
\forall t \geq T_{i} \geq i: g(t) \leq \frac{1}{4 C_{i}^{2}}\left(\frac{\log t}{t \cdot h(t)}\right) \tag{5.3}
\end{equation*}
$$

which is possible because $g(T)=o(\log (t) /(t \cdot h(t)))$. Our functions $f_{i}$ are defined mainly using the $T_{i}$-dimensional version of the function defined in Section 2.1, which we will denote by $f_{T_{i}}$ and provides the $\Omega(\log (T) / T)$ lower bound on the error of Algorithm 1. Recall some important properties of the function $f_{T_{i}}$ which were derived in Section 2.1. Let $\mathscr{B}_{T}(0, R)$ be the Euclidean ball of radius $R$ in $\mathbb{R}^{T}$.

- $f_{T_{i}}$ is 3-Lipschitz and 1-strongly convex over $\mathscr{B}_{T_{i}}(0,1)$,
- There exists a subgradient oracle such that running Algorithm 1 on $f_{T_{i}}$ using this oracle, feasible region $\mathscr{B}_{T_{i}}(0,1)$, and step sizes $\eta_{t}=1 / t$ satisfies $f_{T_{i}}\left(x_{T_{i}+1}\right) \geq \frac{\log T_{i}}{4 T_{i}}$ (this is the content of Theorem 1.12).

Defining the functions $f_{i}$. Using $f_{T_{i}}$ as the definition of $f_{i}$ in an application of Lemma 5.5 is problematic because $f_{T_{i}}$ is not guaranteed to be non-negative. As a consequence, we will not be able to assert that the value of the $T_{i}$-th iterate of Algorithm 1 on $f$ is $\Omega\left(\frac{\log \left(T_{i}\right)}{C_{i}^{2} T_{i}}\right)$, even though the proof ${ }^{1}$ Theorem 1.12 shows that this true for the $T_{i}$-th iterate of Algorithm 1 on $f_{T_{i}}$ and Lemma 5.5 guarantees that the value of the $t$-h iterate for $f$ is a scaled sum of the values of the $t$-th iterates of the $f_{T_{i}}$ 's. Instead, we augment the definition of $f_{T_{i}}$ so that the function remains Lipschitz, strongly convex, attains the lower bound from Theorem 1.12, and is also non-negative. Note that simply taking the max of 0 and $f_{T_{i}}$ is not a feasible approach since the resulting function is not strongly convex.

Let $f_{i}: \mathscr{B}_{T_{i}}(0,1) \rightarrow \mathbb{R}$ be defined as $f_{i}(x)=\max \left\{f_{T_{i}}(x), \frac{1}{2}\|x\|^{2}\right\}$. It is straightforward to check that $f_{i}$ is 3Lipschitz, bounded by 3 on $\mathscr{B}_{T_{i}}(0,1)$ and also 1 -strongly convex (these properties follow easily from the fact that $f_{T_{i}}$ is 3 -Lipschitz and 1 strongly convex on $\left.\mathscr{B}_{T_{i}}(0,1)\right)$. Also, because $f_{T_{i}}(0)=0$, we see that $\inf _{x \in \mathscr{B}_{T_{i}}(0,1)} f_{i}(x)=$ 0 . Finally, $f_{i}$ is subdifferentiable on $\mathscr{X}_{i}$, and there is a subgradient oracle for which $f_{i}$ can be made to achieve the same lower bound as $f_{T_{i}}$ achieves in Theorem 1.12. This is formalized in the following claim, whose proof we defer to Subsection 5.1.2.

Claim 5.8. There exists a subgradient oracle for the function $f_{i}$ such that if $x_{1}^{(i)}, x_{2}^{(i)}, \ldots$ are the iterates produced by running Algorithm 1 with the function $f_{i}$, the feasible region $\mathscr{B}_{T_{i}}(0,1)$, the step sizes $\eta_{t}=1 / t$, and initial point $x_{1}^{(i)}=0$ then,

$$
\begin{equation*}
f_{i}\left(x_{T_{i}+1}^{(i)}\right) \geq \frac{\log T_{i}}{4 T_{i}} \tag{5.4}
\end{equation*}
$$

Defining the function $f$. Recall that $C_{i}=2^{i}$. We define $f: \prod_{i=1}^{\infty} \mathscr{B}_{T_{i}}(0,1) / C_{i} \rightarrow \mathbb{R}$ as follows. Let $x=$ $\left(x^{(1)}, x^{(2)}, \ldots\right)$ be such that $x^{(i)} \in \mathscr{B}_{T_{i}}(0,1) / C_{i}$. Then, define

$$
f\left(x^{(1)}, x^{(2)}, \ldots\right):=\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} f_{i}\left(C_{i} x^{(i)}\right) .
$$

Note that $f$ is non-negative and $f(0)=0$. Therefore, $\inf _{x \in \mathscr{X}} f(x)=0$. Let $\sigma_{i}$ be the subgradient oracle for $f_{i}$ whose existence is guaranteed by Claim 5.8 and let $x_{t}^{(i)}$ denote the $t$-th iterate of Algorithm 1 on $f_{i}$ using the subgradient oracle $\sigma_{i}$, initial point $x_{1}^{(i)}=0$, and step size $\eta_{t}=1 / t$. Then, using Lemma 5.5 , we get the following:

- $f$ is well defined and subdifferentiable over $\mathscr{X}$,
- $f$ is 3-Lipschitz over $\mathscr{X}$,
- $f$ is 1 -strongly convex over $\mathscr{X}$,

[^3]- There exists a subgradient oracle, $\sigma$, for $f$ over $\mathscr{X}$ such that the $t$-th iterate, $x_{t}$, of Algorithm 1 on $f$ using the subgradient oracle $\sigma$, initial point $x_{1}=0$, and step size $\eta_{t}=1 / t$ satisfies,

$$
\begin{equation*}
x_{t}=\left(\frac{x_{t}^{(1)}}{C_{1}}, \frac{x_{t}^{(2)}}{C_{2}}, \ldots\right) . \tag{5.5}
\end{equation*}
$$

Showing Eq. (5.2) holds. Let $M>0$ and let $N \in \mathbb{N}$. The following is true because $\lim _{T \rightarrow \infty} h(T)=\infty$.

$$
\begin{equation*}
\exists n \text { s.t., } \forall T \geq n, h(T)>M \text {. } \tag{5.6}
\end{equation*}
$$

Consider $N^{\prime}=\max \{n, N\}$. Then, we have the following:

$$
\begin{aligned}
f\left(x_{T_{N^{\prime}}+1}\right) & =\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} f_{i}\left(x_{T_{N^{\prime}}+1}^{(i)}\right) \quad \text { (by definition of } f \text { and Eq. (5.5)) } \\
& \geq \frac{1}{C_{N^{\prime}}^{2}} f_{N^{\prime}}\left(x_{T_{N^{\prime}}+1}^{\left(N^{\prime}\right)}\right) \quad \text { (each } f_{i} \text { is non-negative) } \\
& \geq \frac{1}{4 C_{N^{\prime}}^{2}} \frac{\log T_{N^{\prime}}}{T_{N^{\prime}}} \quad \text { (by Eq. (5.4)) } \\
& \geq g\left(T_{N^{\prime}} h\left(T_{N^{\prime}}\right) \quad\right. \text { (by Eq. (5.3)) } \\
& >M \cdot g\left(T_{N^{\prime}}\right) \quad \text { (because } T_{N^{\prime}} \geq N^{\prime} \geq n \text { and using Eq. (5.6)). }
\end{aligned}
$$

Hence, we've shown for every $M>0$ and for every $N \in \mathbb{N}$, there exists $t \geq N$ (namely, $T_{N^{\prime}} \geq N^{\prime} \geq N$ ) such that $f\left(x_{t}\right)>M \cdot g(t)$. This demonstrates that Eq. (5.2) holds and therefore the proof is complete.

### 5.1.2 Proof of Lemma 5.5

Throughout this subsection, we work under the assumptions of Lemma 5.5. That is, we assume we have a family of non-negative convex functions $\left\{f_{i}\right\}_{i=1}^{\infty}$ such that $f_{i}: \mathbb{R}^{T_{i}} \rightarrow \mathbb{R}$ and closed convex sets $\mathscr{X}_{i} \subset \mathbb{R}^{T_{i}}$ such $\mathscr{X}_{i}$ is contained in some Euclidean ball of radius $R$, denoted $\mathscr{B}_{T_{i}}(0, R)$. We set $\mathscr{X}=\prod_{i=1}^{\infty} \frac{\mathscr{X}_{i}}{C_{i}}$ where $\sum_{i=1}^{\infty} \frac{1}{C_{i}} \leq 1$ and $C_{i} \in[1, \infty)$ and define $f: \prod_{i=1}^{\infty} \mathbb{R}^{T_{i}} \rightarrow \mathbb{R}$ as $f\left(x^{(1)}, x^{(2)}, \ldots\right)=\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} f_{i}\left(C_{i} x^{(i)}\right)$. We will prove Lemma 5.5 in pieces. Combining Claim 5.9, Claim 5.11, Claim 5.13, Claim 5.14, and Claim 5.15 proves Lemma 5.5.

First, let us check that $f$ is well defined.
Claim 5.9. For every $x \in \mathscr{X}, \lim _{n \rightarrow \infty} \sum_{i=1}^{n} \frac{1}{C_{i}^{2}} f_{i}\left(C_{i} x^{(i)}\right)$ exists and is finite.
Indeed, this follows as a corollary of the following claim since a series with non-negative summands converges if and only if it is bounded. Recall that $f_{i}$ are non-negative functions.

Claim 5.10. $f$ is bounded by on $\mathscr{X}$.
Proof. Let $x=\left(x^{(1)} / C_{1}, x^{(2)} / C_{2}, \ldots\right) \in \mathscr{X}$.

$$
f(x)=\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} f_{i}\left(x^{(i)}\right) \leq M \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} \leq M,
$$

because $f_{i}$ is bounded by $M$ on $\mathscr{X}_{i}$.

Next, we prove the implications involving convexity and strong convexity.
Claim 5.11. $f$ is a convex function. If $f_{i}$ is $\alpha$-strongly convex for every $i$, then $f$ is $\alpha$-strongly convex.
Proof. Convexity follows easily by considering $\lambda x+(1-\lambda) y$ where $x, y \in \prod_{i=1}^{\infty} \mathbb{R}^{T_{i}}$ and $\lambda \in(0,1)$. Indeed, since each $f_{i}$ is convex we have $f(\lambda x+(1-\lambda) y) \leq \lambda f(x)+(1-\lambda) f(y)$, as desired.

To check strong convexity, it suffices to prove that the function $g(x):=f(x)-\frac{\alpha}{2}\|x\|^{2}$ is convex. Let $x=$ $\left(x^{(1)}, x^{(2)}, \ldots\right)$ where $x^{(i)} \in \mathbb{R}^{T_{i}}$. Then,

$$
g(x)=\sum_{i=1}^{\infty}\left[\frac{1}{C_{i}^{2}} f_{i}\left(C_{i} x^{(i)}\right)-\frac{\alpha}{2}\left\|x^{(i)}\right\|^{2}\right]=\sum_{i=1}^{\infty}\left[\frac{1}{C_{i}^{2}}\left(f_{i}\left(C_{i} x^{(i)}\right)-\frac{\alpha}{2}\left\|C_{i} x^{(i)}\right\|^{2}\right)\right],
$$

which is convex because $f_{i}-\frac{\alpha}{2}\|\cdot\|^{2}$ is a convex function since $f_{i}$ is $\alpha$-strongly convex.
To prove the implications involving the subdifferentiability and Lipschitz-ness of $f$ on $\mathscr{X}$, we will require a characterization of the subdifferential of $f$ (Claim 5.17) which will also be useful in proving that running Algorithm 1 on $f$ is equivalent to running an instance of Algorithm 1 for each $f_{i}$ in parallel.

Claim 5.12. Let $x=\left(x^{(1)} / C_{1}, x^{(2)} / C_{2}, \ldots\right) \in \mathscr{X}\left(\right.$ that is $\left.x^{(i)} \in \mathscr{X}_{i}\right)$. Then, $\partial f(x)=\prod_{i=1}^{\infty} \frac{1}{C_{i}} \partial f_{i}\left(x^{(i)}\right)$
Claim 5.12 immediately proves the following claim regarding the subdifferentiability of $f$ on $\mathscr{X}$ and Lipschitzness is an easy consquence of Claim 5.12 and our assumptions.

Claim 5.13. Suppose for every i, for every $x \in \mathscr{X}_{i}$ that $\partial f_{i}(x) \neq \emptyset$. Then, $\partial f(x) \neq \emptyset$ for every $x \in \mathscr{X}$.
Claim 5.14. $f$ is L-Lipschitz on $\mathscr{X}$.
Proof. Let $x=\left(x^{(1)} / C_{1}, x^{(2)} / C_{2}, \ldots\right) \in \mathscr{X}$. By Claim 5.12, we may write any $g \in \partial f(x)$ as

$$
g=\left(g^{(1)} / C_{1}, g^{(2)} / C_{2}, \ldots\right)
$$

where $g^{(i)} \in \partial f_{i}\left(x^{(i)}\right)$. Hence,

$$
\|g\|^{2}=\sum_{i=1}^{\infty} \frac{\left\|g^{(i)}\right\|^{2}}{C_{i}^{2}} \leq L^{2} \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} \leq L^{2}
$$

Next, we will use Claim 5.12 to prove that that running Algorithm 1 on $f$ is equivalent to running an instance of Algorithm 1 for each $f_{i}$ in parallel.

Claim 5.15. Let $\sigma_{i}$ be a map such that for every $x \in \mathscr{X}_{i}, \sigma_{i}(x) \in \partial f_{i}(x)$. Let $x_{t}^{(i)}$ denote the $t$-th iterate of Algorithm 1 on the function $f_{i}$, using the feasible region $\mathscr{X}_{i}$, step sizes $\eta_{t}$, initial point $x_{1}^{(i)}$ and the subgradient oracle $\sigma_{i}$. Then, there is a map $\sigma$ such that for every $x \in \mathscr{X}, \sigma(x) \in \partial f(x)$ and the $t$-th iterate of gradient descent on the function $f$ using the feasible region $\mathscr{X}$, step sizes $\eta_{t}$, initial point $x_{1}=\left(x_{1}^{(1)} / C_{1}, x_{1}^{(2)} / C_{2}, \ldots\right)$ and the subgradient oracle $\sigma$ is given by

$$
x_{t}=\left(\frac{x_{t}^{(1)}}{C_{1}}, \frac{x_{t}^{(2)}}{C_{2}}, \ldots\right) .
$$

Proof. We begin by specifying $\sigma$. By Claim 5.12, the following definition of $\sigma$ is valid:

$$
\sigma\left(\frac{x^{(1)}}{C_{1}}, \frac{x^{(2)}}{C_{2}}, \ldots\right)=\left(\frac{1}{C_{1}} \sigma_{1}\left(x^{(1)}\right), \frac{1}{C_{2}} \sigma_{2}\left(x^{(2)}\right), \ldots\right)
$$

We proceed by induction, using the subgradient oracle $\sigma$. The base case is true by assumption, that is we assumed $x_{1}=\left(\frac{x_{1}^{(1)}}{C_{1}}, \frac{x_{1}^{(2)}}{C_{2}}, \ldots\right)$. Now, suppose $x_{t}=\left(\frac{x_{1}^{(1)}}{C_{1}}, \frac{x_{1}^{(2)}}{C_{2}}, \ldots\right)$. Then,

$$
\begin{aligned}
y_{t+1} & =x_{t}-\eta_{t} \sigma\left(x_{t}\right) \\
& =\left(\frac{x_{t}^{(1)}}{C_{1}}, \frac{x_{t}^{(2)}}{C_{2}}, \ldots\right)-\eta_{t} \sigma\left(\frac{x_{t}^{(1)}}{C_{1}}, \frac{x_{t}^{(2)}}{C_{2}}, \ldots\right) \quad \text { (by induction hypothesis) } \\
& =\left(\frac{x_{t}^{(1)}}{C_{1}}, \frac{x_{t}^{(2)}}{C_{2}}\right)-\eta_{t}\left(\frac{1}{C_{1}} \sigma_{1}\left(x_{t}^{(1)}\right), \frac{1}{C_{2}} \sigma_{2}\left(x_{t}^{(2)}\right), \ldots\right) \quad \text { (by definition of } \sigma \text { ) } \\
& =\left(\frac{1}{C_{1}}\left(x_{t}^{(1)}-\eta_{t} \sigma_{1}\left(x_{t}^{(1)}\right)\right), \frac{1}{C_{2}}\left(x_{t}^{(2)}-\eta_{t} \sigma_{2}\left(x_{t}^{(2)}\right)\right), \ldots\right) \\
& =\left(\frac{1}{C_{1}} y_{t+1}^{(1)}, \frac{1}{C_{2}} y_{t+1}^{(2)}, \ldots\right) .
\end{aligned}
$$

Then, $x_{t+1}=\Pi_{\mathscr{X}}\left(y_{t+1}\right)$. Now, we will apply Claim 5.16. To do so, we must check $y_{t+1} \in \ell_{2}$. Indeed, the following shows that this is true.

$$
\begin{aligned}
\left\|y_{t+1}\right\|^{2} & =\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} \| x_{t}^{(i)}-\eta_{t} \sigma_{i}\left(x_{t}^{(i))} \|^{2}\right. \\
& \leq \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}}\left(\left\|x_{t}^{(i)}\right\|^{2}+\left\|\sigma_{i}\left(x_{t}^{(i)}\right)\right\|^{2}+2\left\|x_{t}^{(i)}\right\|\left\|\sigma_{i}\left(x_{t}^{(i)}\right)\right\|\right) \quad \text { (by Cauchy-Schwarz) } \\
& =\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}}\left\|x_{t}^{(i)}\right\|^{2}+\sum_{i=1}^{\infty} \frac{2}{C_{i}^{2}}\left\|x_{t}^{(i)}\right\|\left\|\sigma_{i}\left(x_{t}^{(i)}\right)\right\|+\sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}}\left\|\sigma_{i}\left(x_{t}^{(i)}\right)\right\|^{2} \quad \text { (each series converges absolutely) } \\
& \leq R^{2} \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}}+R L \sum_{i=1}^{\infty} \frac{2}{C_{i}^{2}}+L^{2} \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} \quad \text { (since } \mathscr{X}_{i} \subset \mathscr{B}_{T_{i}}(0, R) \text { and } f_{i} \text { is } L \text { Lipschitz) } \\
& <\infty \quad \text { (because } \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} \leq 1 \text { ) }
\end{aligned}
$$

Therefore, by Claim 5.16, because each $\mathscr{X}_{i}$ is closed and convex we may compute this by computing the projection of $\frac{1}{C_{i}} y_{t+1}^{(i)}$ onto $\mathscr{X}_{i} / C_{i}$ and then concatenating the results. Recall that $\Pi_{\mathscr{X}_{i}}\left(y_{t+1}^{(i)}\right)=x_{t+1}^{(i)}$, by definition
of Algorithm 1. Hence, we have

$$
\begin{aligned}
\Pi_{\mathscr{X}_{i} / C_{i}}\left(\frac{1}{C_{i}} y_{t+1}^{(i)}\right) & =\underset{z \in \mathscr{X}_{i} / C_{i}}{\arg \min }\left\|z-\frac{1}{C_{i}} y_{t+1}^{(i)}\right\| \\
& =\frac{1}{C_{i}} \underset{z \in \mathscr{X}_{i}}{\arg \min }\left\|z-y_{t+1}^{(i)}\right\| \\
& =\frac{1}{C_{i}} \Pi_{\mathscr{X}_{i}}\left(y_{t+1}^{(i)}\right) \\
& =\frac{1}{C_{i}} x_{t+1}^{(i)} .
\end{aligned}
$$

Hence, we have

$$
x_{t+1}=\Pi_{\mathscr{X}}\left(y_{t+1}\right)=\left(\Pi_{\mathscr{X}_{1} / C_{1}}\left(\frac{1}{C_{1}} y_{t+1}^{(1)}\right), \Pi_{\mathscr{X}_{2} / C_{2}}\left(\frac{1}{C_{2}} y_{t+1}^{(2)}\right), \ldots\right)=\left(\frac{x_{t+1}^{(1)}}{C_{1}}, \frac{x_{t+1}^{(2)}}{C_{2}}, \ldots\right),
$$

as desired.
Claim 5.16. Let $\mathscr{Y}=\prod_{i=1}^{\infty} \mathscr{Y}_{i}$ where each $Y_{i} \subseteq \mathbb{R}^{T_{i}}$ is a closed convex set. Let $z=\left(z^{(1)}, z^{(2)}, \ldots\right) \in \ell_{2}$ where $z^{(i)} \in \mathbb{R}^{T_{i}}$. Then, $\Pi_{\mathscr{Y}}(z)=\left(\Pi_{\mathscr{V}_{1}}\left(z^{(1)}\right), \Pi_{\mathscr{V}_{2}}\left(z^{(2)}\right), \ldots\right)$.

Proof. Since $\prod_{i=1}^{\infty} \mathscr{Y}_{i}$ is closed and convex, then by [38, Theorem 4.10] we have that $\Pi_{\mathscr{Y}}(z)$ is achieved by a unique element for $z \in \ell_{2}$. Let $\Pi_{\mathscr{Y}}(z)=\left(y^{(1)}, y^{(2)}, \ldots\right)=: y$ where $y^{(i)} \in \mathscr{Y}_{i}$. Suppose that for some $i$, $y^{(i)} \neq \Pi_{\mathscr{Y}_{i}}\left(z^{(i)}\right)$. Then, by the uniqueness of the projection onto a convex set, we have that $\left\|y^{(i)}-z^{(i)}\right\|^{2}>$ $\left\|\Pi_{\mathscr{Y}_{i}}\left(z^{(i)}\right)-z^{(i)}\right\|^{2}$. Consider the point $y^{\prime}:=\left(y^{(1)}, \ldots y^{(i-1)}, \Pi_{\mathscr{Y}_{i}}\left(z^{(i)}\right), y^{(i+1)}, \ldots\right) \in \mathscr{Y}$. We have

$$
\|y-z\|^{2}=\sum_{j=1}^{\infty}\left\|y^{(j)}-z^{(j)}\right\|^{2}>\sum_{j \neq i}\left\|y^{(j)}-z^{(j)}\right\|^{2}+\left\|\Pi_{\mathscr{Y}_{i}}\left(z^{(i)}\right)-z^{(i)}\right\|^{2}=\left\|y^{\prime}-z\right\|^{2},
$$

which contradicts the assumption that $y=\Pi_{\mathscr{Y}}(z)$.

Next, we must check Claim 5.12 .

## Proof of Claim 5.12

The proof of Claim 5.12 depends on the following lemma.
Claim 5.17. Suppose $h: \ell_{2} \rightarrow \mathbb{R}$ is such that $h\left(y^{(1)}, y^{(2)}, \ldots\right)=\sum_{n=1}^{\infty} h_{n}\left(y^{(n)}\right)$ where each $h_{n}: \mathbb{R}^{T_{n}} \rightarrow \mathbb{R}$ is a convex function. Assume $h$ converges on some set $\mathscr{Y} \subseteq \ell_{2}$. Suppose that for every $y=\left(y^{(1)}, y^{(2)}, \ldots\right) \in \mathscr{Y}$ with $y^{(n)} \in \mathbb{R}^{T_{n}}$, we have that $\sum_{n=1}^{\infty}\left\|g^{(n)}\right\|<+\infty$ for every $g^{(n)} \in \partial h_{n}\left(y^{(n)}\right)$. Then, for all $y \in \mathscr{X}$

$$
\partial h\left(y^{(1)}, y^{(2)}, \ldots\right)=\partial h_{1}\left(y^{(1)}\right) \times \partial h_{2}\left(y^{(2)}\right) \times \ldots
$$

See Sub-subsection 5.1.2 for a proof. To prove Claim 5.12 we will apply Claim 5.17, which requires us to check $\mathscr{X} \subset \ell_{2}$.

Claim 5.18. $\mathscr{X} \subset \ell_{2}$.

Proof. Let $x=\left(x^{(1)} / C_{1}, x^{(2)} / C_{2}, \ldots\right) \in \mathscr{X}$.

$$
\|x\|^{2}=\sum_{i=1}^{\infty} \frac{\left\|x^{(i)}\right\|^{2}}{C_{i}^{2}} \leq R^{2} \sum_{i=1}^{\infty} \frac{1}{C_{i}^{2}} \leq R^{2}
$$

because $\mathscr{X}_{i} \subseteq \mathscr{B}_{T_{i}}(0, R)$.
Proof (of Claim 5.12). We will apply Claim 5.17 with $h_{n}=\frac{1}{C_{n}^{2}} f_{n} \circ C_{n} I_{n}$ where $I_{n}$ is the $n \times n$ identity matrix, $\mathscr{Y}=\mathscr{X}=\prod_{n=1}^{\infty} \frac{1}{C_{n}} \mathscr{X}_{n}$, and $h=f=\sum_{n=1}^{\infty} f_{n}$. To do so, we must check

- Each $f_{n}$ is convex (which implies $h_{n}$ is convex),
- $\mathscr{X}=\frac{1}{C_{i}} \prod_{i=1}^{\infty} \mathscr{X}_{i} \subset \ell_{2}$,
- $f$ is bounded everywhere on $\mathscr{X}$ (since $f(x)$ is a sum of non-negative numbers, it converges if and only if it is bounded),
- For every $x^{(i)} \in \mathscr{X}_{i}, g^{(i)} \in \partial\left(\frac{1}{C_{i}^{2}} f_{i} \circ C_{i} I_{T_{i}}\right)\left(x^{(i)} / C_{i}\right), \sum_{i=1}^{\infty}\left\|g^{(i)}\right\|<+\infty$, where $I_{T_{i}}$ is the identity matrix in $T_{i}$ dimensions.
The first three points are handled by assumption, Claim 5.18 and Claim 5.10. It remains to check the fourth point. By Claim A.9, $\partial\left(\frac{1}{C_{i}^{2}} f_{i} \circ C_{i} I_{T_{i}}\right)\left(x^{(i)} / C_{i}\right)=\frac{1}{C_{i}} \partial f_{i}\left(x^{(i)}\right)$. Furthermore, because $f_{i}$ is $L$-Lipschitz, then every subgradient of $f_{i}$ on $\mathscr{X}_{i}$ has norm at most $L$. Hence, for every $g \in \frac{1}{C_{i}} \partial f_{i}\left(x^{(i)}\right),\|g\|^{2} \leq\left(L / C_{i}\right)^{2}$. We have $\sum_{i=1}^{\infty} \frac{L}{C_{i}} \leq L$, and therefore the fourth point holds.

Hence, applying Claim 5.17, we have for every $x=\left(x^{(1)} / C_{1}, x^{(2)} / C_{2}, \ldots\right) \in \mathscr{X}$, we have

$$
\partial f\left(x^{(1)} / C_{1}, x^{(2)} / C_{2}, \ldots\right)=\prod_{i=1}^{\infty} \partial\left(\frac{1}{C_{i}^{2}} f_{i} \circ C_{i} I_{T_{i}}\right)\left(\frac{x^{(i)}}{C_{i}}\right)=\prod_{i=1}^{\infty} \frac{1}{C_{i}} \partial f_{i}\left(x^{(i)}\right),
$$

which completes the proof of the claim.

## Proof of Claim 5.17

Claim 5.17. Suppose $h: \ell_{2} \rightarrow \mathbb{R}$ is such that $h\left(y^{(1)}, y^{(2)}, \ldots\right)=\sum_{n=1}^{\infty} h_{n}\left(y^{(n)}\right)$ where each $h_{n}: \mathbb{R}^{T_{n}} \rightarrow \mathbb{R}$ is a convex function. Assume $h$ converges on some set $\mathscr{Y} \subseteq \ell_{2}$. Suppose that for every $y=\left(y^{(1)}, y^{(2)}, \ldots\right) \in \mathscr{Y}$ with $y^{(n)} \in \mathbb{R}^{T_{n}}$, we have that $\sum_{n=1}^{\infty}\left\|g^{(n)}\right\|<+\infty$ for every $g^{(n)} \in \partial h_{n}\left(y^{(n)}\right)$. Then, for all $y \in \mathscr{X}$

$$
\partial h\left(y^{(1)}, y^{(2)}, \ldots\right)=\partial h_{1}\left(y^{(1)}\right) \times \partial h_{2}\left(y^{(2)}\right) \times \ldots
$$

Proof. Let $y \in \mathscr{Y}$. We write $y$ as $\oplus_{n=1}^{\infty} y^{(n)}$ where $y^{(n)} \in \mathbb{R}^{T_{n}}$ denote the components of $y$. We have $\sum_{n=1}^{\infty} h_{n}\left(y^{(n)}\right)$ converges by assumption.

First we show that $\partial h_{1}\left(y^{(1)}\right) \times \partial h_{2}\left(y^{(2)}\right) \times \ldots \subseteq \partial h\left(y^{(1)}, y^{(2)}, \ldots\right)$. Let $z=\oplus_{n=1}^{\infty} z^{(n)} \in \ell_{2}$ be arbitrary. For each $n$, suppose $g^{(n)} \in \partial h_{n}\left(y^{(n)}\right)$. Hence, for all $z^{(n)} \in \mathbb{R}^{T_{n}}$

$$
h_{n}\left(z^{(n)}\right) \geq h_{n}\left(y^{(n)}\right)+\left(z^{(n)}-y^{(n)}\right)^{\top} y^{(n)} .
$$

Therefore, summing this inequality over $n$, we have:

$$
\begin{aligned}
h(z) & =\sum_{n=1}^{\infty} h_{n}\left(z^{(n)}\right) \\
& \geq \sum_{n=1}^{\infty}\left[h_{n}\left(y^{(n)}\right)+\left(z^{(n)}-y^{(n)}\right)^{\top} g^{(n)}\right]
\end{aligned}
$$

We may write $\sum_{n=1}^{\infty}\left[h_{n}\left(y^{(n)}\right)+\left(z^{(n)}-y^{(n)}\right)^{\top} g^{(n)}\right]=\sum_{n=1}^{\infty} h_{n}\left(y^{(n)}\right)+\sum_{n=1}^{\infty}\left(z^{(n)}-y^{(n)}\right)^{\top} g^{(n)}$ if both series on the right hand side converge. Observe that $\sum_{n=1}^{\infty} h_{n}\left(y^{(n)}\right)$ converges by assumption. We now show $\sum_{n=1}^{\infty}\left(z^{(n)}-\right.$ $\left.y^{(n)}\right)^{\top} g^{(n)}$ converges absolutely. Indeed,

$$
\begin{aligned}
\sum_{n=1}^{\infty}\left|\left(z^{(n)}-y^{(n)}\right)^{\top} g^{(n)}\right| & \leq \sum_{n=1}^{\infty}\left\|z^{(n)}-y^{(n)}\right\|\left\|g^{(n)}\right\| \quad \text { (by Cauchy-Schwarz) } \\
& \leq \sum_{n=1}^{\infty}\|z-y\|\left\|g^{(n)}\right\| \\
& \left.=\|z-y\| \sum_{n=1}^{\infty}\left\|g^{(n)}\right\| \quad \text { (since } x \text { and } y \text { are in } \ell_{2}\right) \\
& <+\infty \quad\left(\sum_{n=1}^{\infty}\left\|g^{(n)}\right\|<+\infty \text { by assumption) },\right.
\end{aligned}
$$

as desired. Therefore,

$$
h(z) \geq h(y)+\langle z-y, g\rangle,
$$

where $z=\oplus_{n=1}^{\infty} z^{(n)}, y=\oplus_{n=1}^{\infty} y^{(n)}, g=\oplus_{n=1}^{\infty} g^{(n)}$. This demonstrates that $\oplus_{n=1}^{\infty} g^{(n)} \in \partial h\left(y^{(1)}, y^{(2)}, \ldots\right)$, since $Z \in \ell_{2}$ was arbitrary.

Now, we prove $\partial h\left(y^{(1)}, y^{(2)}, \ldots\right) \subseteq \partial h_{1}\left(y^{(1)}\right) \times \partial h_{2}\left(y^{(2)}\right) \times \ldots$ Suppose $g=\oplus_{n=1}^{\infty} g^{(n)}$ is a subgradient of $h$ at $y \in \mathscr{Y}$. Since $\ell_{2}$ is self-dual, then by Definition 5.4 the subgradients of $h$ live in $\ell_{2}$ and so $g \in \ell_{2}$. We verify that for every $n, g^{(n)} \in \partial h_{n}\left(y^{(n)}\right)$. Let $z \in \mathbb{R}^{T_{n}}$ be arbitrary and let $\tilde{y}=\left(y^{(1)}, y^{(2)}, \ldots, y^{(n-1)}, z, y^{(n+1)}, \ldots\right)$. Observe that $\tilde{y} \in \ell_{2}$ because $y \in \ell_{2}$ and moreover notice that $h(\tilde{y})$ converges since $h(\tilde{y})$ differs from $h(y)$ in only a single summand and $h(y)$ converges. Since $g$ is a subgradient of $h$ at $y$, we have

$$
\begin{aligned}
h(\tilde{y})-h(y) & \geq(\tilde{y}-y)^{\top} g \\
\Leftrightarrow \sum_{j=1}^{\infty} h_{j}\left(\tilde{y}^{(j)}\right)-\sum_{j=1}^{\infty} h_{j}\left(y^{(j)}\right) & \geq \sum_{j=1}^{\infty}\left(\tilde{y}^{(j)}-y^{(j)}\right)^{\top} g^{(j)} \\
\Leftrightarrow \sum_{j=1}^{\infty}\left[h_{j}\left(\tilde{y}^{(j)}\right)-h_{j}\left(y^{(j)}\right)\right] & \geq \sum_{j=1}^{\infty}\left(\tilde{y}^{(j)}-y^{(j)}\right)^{\top} g^{(j)} \quad(h(y) \text { and } h(\tilde{y}) \text { converge }) .
\end{aligned}
$$

By definition of $y$ we have

$$
\tilde{y}^{(j)}= \begin{cases}y^{(j)} & \text { if } j \neq n, \\ z & \text { otherwise } .\end{cases}
$$

Therefore, $h(\tilde{y})-h(y) \geq(\tilde{y}-y)^{\top} g$ is equivalent to

$$
h_{n}(z)-h_{n}\left(y^{(n)}\right) \geq\left(z-y^{(n)}\right)^{\top} g^{(n)},
$$

which is equivalent to saying that $g^{(n)}$ is a subgradient of $h_{n}$ at $y^{(n)}$ as desired.

### 5.1.3 Proof of Claim 5.8

Recall the definition of the augmented version of $f_{T_{i}}, f_{i}=\max \left\{f_{T_{i}}(x), \frac{1}{2}\|x\|^{2}\right\}$.The main idea of showing that $f_{i}$ provides the same lower bound on the performance of Algorithm 1 as $f_{T_{i}}$ itself is to show that under the appropriate choice of subgradient oracle, running Algorithm 1 using $f_{i}$ is equivalent to running Algorithm 1 using $f_{T_{i}}$ (at least for the first $T_{i}+1$ iterations) in the sense that both executions produce the same iterates.
Proof (of Claim 5.8). We begin by recalling the definition of the function $f_{T_{i}}$ and its subgradient oracle:
Let $\mathscr{B}_{T_{i}}(0,1)$ be the Euclidean unit ball in $\mathbb{R}^{T_{i}}$. Define $f: \mathscr{B}_{T_{i}}(0,1) \rightarrow \mathbb{R}$ and $h_{\ell} \in \mathbb{R}^{T_{i}}$ for $\ell \in[T+1]$ by

$$
\begin{aligned}
f_{T_{i}}(x) & =\max _{\ell \in[T+1]} H_{\ell}(x) \quad \text { where } \quad H_{\ell}(x)=h_{\ell}^{\top} x+\frac{1}{2}\|x\|^{2} \\
h_{\ell, j} & =\left\{\begin{array}{ll}
a_{j} & (\text { if } 1 \leq j<\ell) \\
-1 & (\text { if } \ell=j \leq T) \\
0 & (\text { if } \ell<j \leq T)
\end{array} \quad \text { and } \quad a_{j}=\frac{1}{2(T+1-j)} \quad \text { (for } j \in[T]\right) .
\end{aligned}
$$

Recall the definition of the subgradient oracle for $f_{T_{i}}$ from Section 2.1: Given a point $x \in \mathscr{B}_{T_{i}}(0,1)$, define $\sigma_{i}^{\prime}(x)=h_{\ell^{\prime}}+x$ where $\ell^{\prime}=\min \mathscr{I}(x)$ and $\mathscr{I}(x)=\left\{\ell: H_{\ell}(x)=f_{T_{i}}(x)\right\}$. Define

$$
\sigma_{i}(x)= \begin{cases}\sigma_{i}^{\prime}(x) & \text { if } \partial f_{i}(x) \subseteq \partial f_{T_{i}}(x) \\ \text { arbitrary } x \in \partial f_{i}(x) & \text { otherwise }\end{cases}
$$

Recall that by Lemma 2.5 the $t$-th (for $t=1, \ldots, T_{i}+1$ ) iterate produced by Algorithm 1 on $f_{T_{i}}$ when using step size $\eta_{t}=1 / t$ and feasible region $\mathscr{B}_{T_{i}}(0,1)$ is given by the vector $z_{t} \in \mathbb{R}^{T_{i}}$ which is strictly positive on the first $t-1$ coordinates and is zero on the remaining coordinates (by Claim 2.3). Therefore, the subgradient oracles $\sigma_{i}$ and $\sigma_{i}^{\prime}$ agree on the vectors $z_{1}, \ldots z_{T_{i}+1}$ because $f_{i}\left(z_{t}\right)=\max \left\{f_{T_{i}}\left(z_{t}\right), \frac{1}{2}\left\|z_{t}\right\|^{2}\right\}=f_{T_{i}}\left(z_{t}\right)>\frac{1}{2}\left\|z_{t}\right\|^{2}$ (which implies $\partial f_{i}\left(z_{t}\right)=\partial f_{T_{i}}(x)$ ).

Since the instance of Algorithm 1 on $f_{T_{i}}$ and the instance of Algorithm 1 on $f_{i}$ begin at the same starting point and because the subgradient oracles for both algorithms agree on $z_{1}, \ldots, z_{T_{i}+1}$ (which are the iterates produced by the instance running on $f_{T_{i}}$ ), we have that the $t$-th iterate produced by Algorithm 1 when executed on $f_{i}$ is $z_{t}$. That is, $x_{t}^{(i)}=z_{t}$ for $t \in\left[T_{i}+1\right]$. Observe that

$$
f_{i}\left(x_{T_{i}+1}^{(i)}\right)=f_{i}\left(z_{T_{i}+1}\right)=f_{T_{i}}\left(z_{T_{i}+1}\right) \geq \frac{\log T_{i}}{4 T_{i}}
$$

where the final inequality is because $f_{T_{i}}$ is the function which realizes the lower bound in Theorem 1.12 .

### 5.2 Necessity of $\log (1 / \delta)$

In this section, we show that the error of the last iterate and suffix average of SGD in the strongly-convex setting is $\Omega(\log (1 / \delta) / T)$ with probability at least $\delta$.

Lemma 5.19 ([24, Lemma 4]). Let $X_{1}, \ldots, X_{T}$ be independent random variables taking value $\{-1,+1\}$ uniformly at random and $X=\frac{1}{T} \sum_{t=1}^{T} X_{i}$. Then for any $\sqrt{6} \leq c<2 \sqrt{T}$,

$$
\operatorname{Pr}\left[X \geq \frac{c}{\sqrt{T}}\right] \geq \exp \left(-9 c^{2} / 2\right)
$$

Consider the single-variable function $f(x)=\frac{1}{2} x^{2}$ and suppose that the domain is $\mathscr{X}=[-1,1]$. Then $f$ is 1 -strongly convex and 1-Lipschitz on $\mathscr{X}$. Moreover, suppose that the subgradient oracle returns $x-\hat{z}$ where $\hat{z}$ is -1 or +1 with probability $1 / 2$ (independently from all previous calls to the oracle). Finally, suppose we run Algorithm 1 with step sizes $\eta_{t}=1 / t$ with an initial point $x_{1}=0$.
Claim 5.20. Let $\sqrt{6} \leq \sqrt{\frac{2}{9} \log (1 / \delta)} \leq 2 \sqrt{T}$. Then $f\left(x_{T+1}\right) \geq \frac{1}{9} \frac{\log (1 / \delta)}{T}$ with probability at least $\delta$.
Proof. We claim that $x_{t+1}=\frac{1}{t} \sum_{i=1}^{t} \hat{z}_{i}$ for all $t \in[T]$ where $\hat{z}_{i}$ is the random sign returned by the subgradient oracle at iteration $i$. Indeed, for $t=1$, we have $y_{2}=x_{1}-\eta_{1}\left(x_{1}-\hat{z}_{1}\right)=\hat{z}_{1}$ since $\eta_{1}=1$. Moreover, $x_{2}=$ $\Pi_{\mathscr{X}}\left(y_{2}\right)=y_{2}$ since $\left|y_{2}\right| \leq 1$. Now, suppose that $x_{t}=\frac{1}{t-1} \sum_{i=1}^{t-1} \hat{z}_{i}$. Then $y_{t+1}=x_{t}-\eta_{t}\left(x_{t}-\hat{z}_{t}\right)=\frac{1}{t} \sum_{i=1}^{t} \hat{z}_{i}$. Since $\left|y_{t+1}\right| \leq 1$, we have $x_{t+1}=y_{t+1}$.

Hence, by Lemma 5.19 with $c=\sqrt{\frac{2}{9} \log (1 / \delta)}$, we have $x_{T+1} \geq \sqrt{\frac{2}{9} \log (1 / \delta)} / \sqrt{T}$ with probability at least $\delta$ (provided $T \geq \frac{1}{18} \log (1 / \delta)$ ). We conclude that $f\left(x_{T+1}\right) \geq \frac{\log (1 / \delta)}{9 T}$ with probability at least $\Omega(\delta)$.

We can also show that Theorem 1.17 is tight. To make the calculations simpler, first assume $T$ is a multiple of 4 . We further assume that the noise introduced by the stochastic subgradient oracle is generated as follows. For $1 \leq t<T / 2$ and $t>3 T / 4, \hat{z}_{t}=0$. For $T / 2 \leq t \leq 3 T / 4$, first define $A_{t}=\sum_{i=t}^{T} \frac{1}{i}$. Then we set $\hat{z}_{t}$ to be $\pm \frac{1}{4 A_{t}}$ with probability $1 / 2$. Note that $A_{t} \geq 1 / 4$ for $T / 2 \leq t \leq 3 T / 4$ so we still have $\left|\hat{\hat{t}}_{t}\right| \leq 1$ for all $t$.
Claim 5.21. Let $\sqrt{6} \geq \sqrt{\frac{2}{9} \log (1 / \delta)} \leq 2 \sqrt{T}$. Then $f\left(\frac{1}{T / 2+1} \sum_{t=T / 2+1}^{T+1} x_{t}\right) \geq \Omega\left(\frac{\log (1 / \delta)}{T}\right)$ with probability at least $\delta$.

Proof. Proceeding as in the above claim, we have $x_{t+1}=\frac{1}{t} \sum_{i=1}^{t} \hat{z}_{i}$. We claim that

$$
\begin{equation*}
\frac{1}{T / 2+1} \sum_{t=T / 2+1}^{T+1} x_{t}=\frac{1}{T / 2+1} \sum_{t=T / 2}^{3 T / 4} A_{t} \hat{z}_{t} . \tag{5.7}
\end{equation*}
$$

To see this, we have

$$
\begin{aligned}
\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} x_{t+1} & =\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} \frac{1}{t} \sum_{i=1}^{t} \hat{z}_{i} \\
& =\frac{1}{T / 2+1} \sum_{i=1}^{T} \hat{z}_{i} \sum_{t=\max \{i, T / 2\}}^{T} \frac{1}{t} \\
& =\frac{1}{T / 2+1} \sum_{t=T / 2}^{3 T / 4} A_{t} \hat{z}_{t},
\end{aligned}
$$

where the last equality uses the assumption that $\hat{z}_{t} \neq 0$ only if $T / 2 \leq t \leq 3 T / 4$ and changes the name of the index. Notice that $A_{t} \hat{z}_{t}$ is $\pm \frac{1}{4}$ with probability $1 / 2$ so we can write Eq. (5.7) as

$$
\frac{1}{4(T / 2+1)} \sum_{t=1}^{T / 4+1} X_{t}
$$

where $X_{t}$ are random signs. Applying Lemma 5.19 with $c=\sqrt{\log (1 / \delta)}$, we conclude that Eq. (5.7) is at least $\Omega(\sqrt{\log (1 / \delta)} / \sqrt{T})$ with probability at least $\delta$. So we conclude that $f\left(\frac{1}{T / 2+1} \sum_{t=T / 2+1}^{T+1} x_{t}\right) \geq \Omega\left(\frac{\log (1 / \delta)}{T}\right)$ with probability at least $\delta$.

## Chapter 6

## Extensions and Generalizations

### 6.1 Generalizations

In this section, we discuss generalizations of our results. In Subsection 6.1.1, we explain that the scaling of the function (e.g., Lipschitzness) can be normalized without loss of generality. In Subsection 6.1.2, we state some results which demonstrate that the assumption of almost surely bounded noise can be relaxed to subgaussian noise in our upper bounds (Theorems 1.9, 1.10 and 1.17). The proofs of these results can be found in Section 6.3 .

### 6.1.1 Scaling assumptions

For most of this thesis we consider only convex functions that have been appropriately normalized, due to the following facts.

- Strongly convex case. The case of an $\alpha$-strongly convex and $L$-Lipschitz function can be reduced to the case of a 1-strongly convex and 1-Lipschitz function.
- Lipschitz case. The case of an $L$-Lipschitz function on a domain of diameter $R$ can be reduced to the case of a 1-Lipschitz function on a domain of diameter 1.

We will discuss only the first of these in detail. The second is proven with similar ideas and so we only sketch the proof.

## Strongly convex setting

Theorem 6.1. Suppose $f$ is $\alpha$-strongly convex and L-Lipschitz, and that $\hat{z}_{t}$ has norm at most L almost surely. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=\frac{1}{\alpha t}$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$. Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f\left(x^{*}\right) \leq O\left(\frac{L^{2}}{\alpha} \frac{\log (T) \log (1 / \delta)}{T}\right)
$$

Theorem 6.2. Suppose $f$ is $\alpha$-strongly convex and L-Lipschitz, and that $\hat{z}_{t}$ has norm at most $L$ almost surely. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=\frac{1}{\alpha t}$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$. Then, with
probability at least $1-\delta$,

$$
f\left(\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} x_{t}\right)-f\left(x^{*}\right) \leq O\left(\frac{L^{2}}{\alpha} \frac{\log (1 / \delta)}{T}\right) .
$$

We prove these theorems by reduction to Theorem 1.9 and Theorem 1.17, respectively. That is, suppose that $f$ is a function that has strong convexity parameter $\alpha$ and Lipschitz parameter $L$. We construct a function $h$ that is 1 -Lipschitz and 1 -strongly convex (using Claim 6.3) and a subgradient oracle such that running SGD on $h$ with this subgradient oracle is equivalent to running SGD on $f$. Formally, we prove the following two claims:

Claim 6.3. Let $f$ be an $\alpha$-strongly convex and L-Lipschitz function. Then, $h(x):=\frac{\alpha}{L^{2}} f\left(\frac{L}{\alpha} x\right)$ is 1-Lipschitz and 1 -strongly convex.

Claim 6.4. Suppose $f$ is $\alpha$-strongly convex and L-Lipschitz on a domain $\mathscr{X} \subset \mathbb{R}^{n}$. Let the initial point $x_{1} \in \mathscr{X}$ be given. Let $h$ be as defined in Claim 6.3 Then, there is a coupling between the following two processes:

- the execution of Algorithm 1 on input $f$ with initial point $x_{1}$, step size $\eta_{t}=1 /(\alpha t)$ and feasible region $\mathscr{X}$
- the execution of Algorithm 1 on input $h$ with initial point $\tilde{x}_{1}:=(\alpha / L) x_{1}$, step size $\tilde{\eta}_{t}=1 /$ t and feasible region $(\alpha / L) \mathscr{X}$
such that the iterates of the second process correspond to the iterates of the first process scaled by $\alpha / L$. That is, if we denote by $\tilde{x}_{t}$ the iterates of the execution of SGD using $h$ and $x_{t}$ for the execution on $f$, then $\tilde{x}_{t}=(\alpha / L) x_{t}$.

Theorem 6.1 and Theorem 6.2 follow easily now. We prove Theorem 6.1 by reducing to Theorem 1.9. The proof of Theorem 6.2 can be obtained by reducing similarly to Theorem 1.17 .
Proof (of Theorem 6.1). Suppose $f$ is $\alpha$ strongly-convex and $L$-Lipschitz and let $\mathscr{X}$ be the feasible region. Let $h(x)=\frac{\alpha}{L^{2}} f\left(\frac{L}{\alpha} x\right)$. By Claim 6.3, $h$ is a 1 strongly-convex and 1-Lipschitz function. Note that $\min _{x \in(\alpha / L)} \mathscr{X} h(x)=$ $\frac{\alpha}{L^{2}} \min _{x \in \mathscr{X}} f(x)$. Using the coupling provided in Claim 6.4, let $x_{t}$ be the iterates of produced by running SGD when using $f$ over the region $\mathscr{X}$ and $\tilde{x_{t}}$ be the iterates of SGD when using $h$ over the region $(\alpha / L) \mathscr{X}$. Claim 6.4 shows that $\tilde{x_{t}}=(\alpha / L) x_{t}$. Therefore, we have

$$
h\left(\tilde{x}_{T+1}\right)-\min _{x \in(\alpha / L) \mathscr{X}} h(x)=\frac{\alpha}{L^{2}}\left(f\left(x_{T+1}\right)-\min _{x \in \mathscr{X}} f(x)\right) .
$$

Hence, applying Theorem 1.9, we have our desired result by noting that

$$
h\left(\tilde{x}_{T+1}\right)-\min _{x \in(\alpha / L) \mathscr{X}} h(x)=O\left(\frac{\log (T) \log (1 / \delta)}{T}\right) \quad \text { with probability } 1-\delta .
$$

Now it remains to prove Claim 6.4 and Claim 6.3
Proof (of Claim 6.4). The coupling is given by constraining the algorithms to run in parallel and enforcing the execution of SGD on $h$ to use a scaled version of the outputs of the subgradient oracle used by the execution of SGD on $f$. That is, at step $t$, if $\hat{g}_{t}$ is the output of the subgradient oracle of the execution of SGD on $f$ (i.e. $\mathrm{E}\left[\hat{\mathrm{g}}_{t}\right] \in \partial f\left(x_{t}\right)$ ), then we set the output of the subgradient oracle of the execution of SGD on $h$ at step $t$ to be $\frac{1}{L} \hat{g}_{t}$.

The subgradient oracle for $h$ is valid if $\tilde{x}_{t}=(\alpha / L) x_{t}$. Indeed, $\partial h(x)=\frac{1}{L} f\left(\frac{L}{\alpha} x\right)$ by Claim A.9. Therefore, $\partial h\left((\alpha / L) x_{t}\right)=\frac{1}{L} \partial f\left(x_{t}\right)$. Since $\mathrm{E}\left[\hat{g}_{t}\right] \in \partial f\left(x_{t}\right)$ then $\mathrm{E}\left[(1 / L) \hat{g}_{t}\right] \in \partial h\left((\alpha / L) x_{t}\right)$. Next, we prove via induction that $\tilde{x}_{t}=(\alpha / L) x_{t}$.

By definition, $\tilde{x}_{1}=(\alpha / L) x_{1}$, which handles the base case. Now, assume $\tilde{x}_{t}=(\alpha / L) x_{t}$. Let $\hat{g}_{t}$ be the output of the subgradient oracle for SGD running on $f$. The subdifferential for $h$ at $\tilde{x}_{t}$ is $\frac{1}{L} \partial f\left(x_{t}\right)$. Therefore, the subgradient oracle for $h$ is valid at this step. Now, $y_{t+1}=x_{t}-\frac{1}{\alpha t} \hat{g}_{t}$. Meanwhile, $\tilde{y}_{t+1}=\tilde{x}_{t}-\frac{1}{t} \frac{1}{L} \hat{g}_{t}=$ $\frac{\alpha}{L}\left(x_{t}-\frac{1}{\alpha t} \tilde{g}_{t}\right)=\frac{\alpha}{L} y_{t+1}$. Therefore,

$$
\tilde{x}_{t+1}=\Pi_{(\alpha / L) \mathscr{X}}\left(\tilde{y}_{t+1}\right)=\Pi_{(\alpha / L) \mathscr{X}}\left(y_{t+1}(\alpha / L)\right)=(\alpha / L) \Pi_{\mathscr{X}}\left(y_{t+1}\right)=(\alpha / L) x_{t+1}
$$

as desired.
Proof (of Claim 6.3). First we show that $h$ is 1-Lipschitz:

$$
|h(x)-h(y)|=\frac{\alpha}{L^{2}}\left|f\left(\frac{L}{\alpha} x\right)-f\left(\frac{L}{\alpha} y\right)\right| \leq \frac{\alpha}{L^{2}} L\left\|\frac{L}{\alpha}(x-y)\right\|=\|x-y\|
$$

The inequality holds since $f$ is $L$-Lipschitz.
Now we show that $h$ is 1 -strongly convex. A function $g$ is $\alpha$ strongly convex, if and only if the function $x \mapsto g(x)-\frac{\alpha}{2}\|x\|^{2}$ is convex. Indeed, for $h$ :

$$
h(x)-\frac{1}{2}\|x\|^{2}=\frac{\alpha}{L^{2}} f\left(\frac{L}{\alpha} x\right)-\frac{1}{2}\|x\|^{2}=\frac{\alpha}{L^{2}}\left(f\left(\frac{L}{\alpha} x\right)-\frac{L^{2}}{2 \alpha}\|x\|^{2}\right)=\frac{\alpha}{L^{2}}\left(f\left(\frac{L}{\alpha} x\right)-\frac{\alpha}{2}\left\|\frac{L}{\alpha} x\right\|^{2}\right)
$$

The function on the right is convex because $f$ is $\alpha$-strongly convex. This implies that $x \mapsto h(x)-\frac{1}{2}\|x\|^{2}$ is convex, meaning that $h$ is 1 -strongly convex.

## Lipschitz setting

Theorem 6.5. Suppose $f$ is an L-Lipschitz function on $\mathscr{X}$ and that $\hat{z}_{t}$ has norm at most Lalmost surely. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=\frac{R}{L \sqrt{t}}$. Let $f^{*}=\min _{\mathscr{X}} f(x)$.Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f^{*}=O\left(\frac{R L \cdot \log (T) \log (1 / \delta)}{\sqrt{T}}\right)
$$

Theorem 6.5 can be proved by a reduction to Theorem 1.10 , similarl to the strongly-convex setting. We do not provide proofs, as the ideas are similar to the strongly-convex setting and can be easily adapted to prove the results in this setting. The main claims are as follows.

Claim 6.6. Let $f$ be an L-Lipschitz function on $\mathscr{X}$. Then, $h(x):=\frac{1}{R L} f(R x)$ is 1-Lipschitz on $(1 / R) \mathscr{X}$ and $\min _{x \in(1 / R)} \mathscr{X} h(x)=\frac{1}{R L} \min _{x \in \mathscr{X}} f(x)$. Note that $\operatorname{diam}(\mathscr{X}) \leq 1$.

Claim 6.7. Suppose $f$ is L-Lipschitz on a domain $\mathscr{X} \subset \mathbb{R}^{n}$. Let the initial point $x_{1} \in \mathscr{X}$ be given. Let h be as defined in Claim 6.6 Then, there is a coupling between the following two processes:

- the execution of Algorithm 1 on input $h$ with initial point $\tilde{x}_{1}:=(1 / R) x_{1}$, step size $\tilde{\eta}_{t}$ and feasible region $(1 / R) \mathscr{X}$, and
- the execution of Algorithm 1 on input $f$ with initial point $x_{1}$, step size $\eta_{t}=\frac{R}{L} \tilde{\eta}_{t}$ and feasible region $\mathscr{X}$
such that the iterates of the first process correspond to the iterates of the second process scaled by $\frac{1}{R}$. That is, if we denote by $\tilde{x}_{t}$ the iterates of the execution of $S G D$ using $h$ and $x_{t}$ for the execution on $f$, then $\tilde{x}_{t}=(1 / R) x_{t}$.


### 6.1.2 Subgaussian noise

Theorems 1.9 and 1.10 assume that the stochastic gradient oracle produces noise at each step that almost surely has Euclidean norm at most 1. It is possible to relax this assumption to include stochastic gradient oracles which allow unbounded noise as long as the norm of the noise is sufficiently "concentrated" around some constant. The notion of concentration which we use is subgaussian-ness. For example, normally distributed random variables are subgaussian. See Section 6.2 for a formal introduction to subgaussian random variables. Below we informally state our high probability upper bounds generalized to handle subgaussian noise. We will prove a formal version of Theorem 6.8 in Section 6.3. A formal version of Theorem 6.9 can be obtained by applying similar modifications to the proof of Theorem 6.9 as was done to the proof of Theorem 1.9 to obtain Theorem 6.8

Theorem 6.8 (Informal subgaussian extension, strongly convex case). Suppose $f$ is 1 -strongly convex and 1Lipschitz. Assume $\left\|\hat{z}_{t}\right\|$ is a subgaussian random variable conditioned on $\mathscr{F}_{t-1}$. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 /$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$. Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f\left(x^{*}\right) \leq O\left(\frac{\log (T) \log (1 / \delta)}{T}\right) .
$$

Theorem 6.9 (Informal subgaussian extension, Lipschitz case). Suppose $f$ is 1 -Lipschitz and $\operatorname{diam}(\mathscr{X}) \leq 1$. Assume $\left\|\hat{z}_{t}\right\|$ is a subgaussian random variable conditioned on $\mathscr{F}_{t-1}$. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 / \sqrt{t}$. Let $f^{*}=\min _{x \in \mathscr{X}} f(x)$. Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f\left(x^{*}\right) \leq O\left(\frac{\log (T) \log (1 / \delta)}{\sqrt{T}}\right) .
$$

Remark 6.10. Theorem 6.8 and Theorem 6.9 can be extended to handle functions with arbitrary Lipschitz and strong convexity constants using the reductions from Subsection 6.1.1

### 6.2 Subgaussian and subexponential random variables

In this section, we go over some basic preliminaries on subgaussian and subexponential random variables; the reader is referred to the book by Vershynin [45, Chapter 2] for further background. The results stated here will be useful in Section 6.3 where we extend our high probability convergence by relaxing the bounded noise assumption.

### 6.2.1 Subgaussian random variables

Definition 6.11 (Subgaussian random variable).

- For a random variable X, define

$$
\|X\|_{\psi_{2}}=\inf \left\{t>0: \mathrm{E}\left[\exp \left(X^{2} / t^{2}\right)\right] \leq 2\right\}
$$

We call $X$ subgaussian if $\|X\|_{\psi_{2}}$ is finite.

- For a random variable $X$ and a sigma-algebra $\mathscr{F}$, define

$$
\|X \mid \mathscr{F}\|_{\psi_{2}}=\inf \left\{t>0: \mathrm{E}\left[\exp \left(X^{2} / t^{2}\right) \mid \mathscr{F}\right] \leq 2\right\}
$$

We call $X$ subgaussian conditioned on $\mathscr{F}$ if $\|X \mid \mathscr{F}\|_{\psi_{2}}$ is finite.
Fact 6.12. $\|\cdot\|_{\psi_{2}}$ is a norm. It is refered to as the $\psi_{2}$-norm.
Claim 6.13. Let $X$ be a subgaussian random variable. Then $\mathrm{E}\left[\exp \left(X^{2} /\|X\|_{\psi_{2}}^{2}\right)\right] \leq 2$.
Proof. Let $S=\left\{t>0: \mathrm{E}\left[\exp \left(X^{2} / t^{2}\right)\right] \leq 2\right\}$. For every $\varepsilon>0$, we have that $\|X\|_{\psi_{2}}+\varepsilon>t$ for some $t \in S$. Hence,

$$
\mathrm{E}\left[\exp \left(X^{2} /\left(\|X\|_{\psi_{2}}+\varepsilon\right)^{2}\right)\right]<\mathrm{E}\left[\exp \left(X^{2} / t^{2}\right)\right] \leq 2
$$

Therefore, for every $\varepsilon>0$ we have $\mathrm{E}\left[\exp \left(X^{2} /\left(\|X\|_{\psi_{2}}+\varepsilon\right)^{2}\right)\right]<2$. Taking $\varepsilon \rightarrow 0$ and applying the monotone convergence theorem completes the proof.

Claim 6.14. Let $X$ be a subgaussian random variable. Then $\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq \exp \left(\lambda^{2}\|X\|_{\psi_{2}}^{2}\right)$ for all $|\lambda| \leq$ $1 /\|X\|_{\psi_{2}}$.

Proof. Suppose $|\lambda| \leq \frac{1}{\|X\|_{\psi_{2}}}$, which implies that the function $x \mapsto x^{\lambda^{2}\|X\|_{\psi_{2}}^{2}}$ is concave. Hence,

$$
\begin{aligned}
\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] & =\mathrm{E}\left[\exp \left(\lambda^{2}\|X\|_{\psi_{2}}^{2} X^{2} /\|X\|_{\psi_{2}}^{2}\right)\right] \\
& \leq \mathrm{E}\left[\exp \left(X^{2} /\|X\|_{\psi_{2}}^{2}\right)\right]^{\lambda^{2}\|X\|_{\psi_{2}}^{2}} \quad \text { (by Jensen's inequality) } \\
& \leq 2^{\lambda^{2}\|X\|_{\psi_{2}}^{2}} \quad \text { (by Claim6.13) } \\
& \leq \exp \left(\lambda^{2}\|X\|_{\psi_{2}}^{2}\right) .
\end{aligned}
$$

Claim 6.15. Suppose that $\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq \exp \left(\lambda^{2} \kappa^{2}\right)$ for all $|\lambda| \leq 1 / \kappa$. Then $\|X\|_{\psi_{2}} \leq \kappa / \sqrt{\ln 2}$.
Proof. Let $\tilde{\lambda}=\sqrt{\ln 2} / \kappa \leq 1 / \kappa$. By Claim 6.14,

$$
\mathrm{E}\left[\exp \left((\ln 2) X^{2} / \kappa^{2}\right)\right]=\mathrm{E}\left[\exp \left(\tilde{\lambda}^{2} X^{2}\right)\right] \leq \exp \left(\tilde{\lambda}^{2} \kappa^{2}\right)=2
$$

Hence, by Definition 6.11, we have $\|X\|_{\psi_{2}} \leq \kappa / \sqrt{\ln 2}$.
The combination of Claim 6.15 and Claim 6.14 establishes that the two properties $\mathrm{E}\left[\exp \left(X^{2} / t\right)\right] \leq 2$ and $\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq \exp \left(\lambda^{2} t^{2}\right)$ for all $|\lambda| \leq 1 / t$ are "equivalent". That is, if a random variable satisfies one of
the properties with value $t$, then it satisfies the other property with value $t^{\prime}$ which differs from $t$ only by some constant factor independent of the random variable $X$.

Claim $6.16\left(\|\cdot\|_{\psi_{2}}\right.$ bound to tail bound). Suppose $\|X\|_{\psi_{2}} \leq \kappa$. Then,

$$
\operatorname{Pr}[X \leq \kappa \sqrt{\log (e / \delta)}] \geq 1-\delta \quad \forall \delta \in(0,1] .
$$

Proof. By the exponentiated Markov inequality

$$
\operatorname{Pr}[X \geq t] \leq \exp \left(-\lambda^{2} t^{2}\right) \mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq \exp \left(-\lambda^{2} t^{2}+\lambda^{2} \kappa^{2}\right) \quad(\text { for all }|\lambda| \leq 1 / \kappa)
$$

where the second inequality uses Claim 6.14. Setting $\lambda=1 / \kappa$ and $t=\kappa \sqrt{\log (e / \delta)}$ completes the proof.
The following Claim is an extension of the well known Hoeffding's Lemma (Lemma A.5) from bounded random variables to subgaussian random variables.

Claim 6.17. Suppose $X$ is mean-zero such that $\|X\|_{\psi_{2}} \leq \kappa$. Then $\mathrm{E}[\exp (\lambda X)] \leq \exp \left(\lambda^{2} \kappa^{2}\right)$ for all $\lambda \in \mathbb{R}$.
Proof. Claim 6.14 implies that $\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq \exp \left(\lambda^{2} \kappa^{2}\right)$ for all $|\lambda| \leq \frac{1}{\kappa}$. Hence, the result follows from Claim A. 6

### 6.2.2 Subexponential random variables

Definition 6.18 (Subexponential random variable).

- For a random variable X, define

$$
\|X\|_{\psi_{1}}=\inf \{t>0: \mathrm{E}[\exp (|X| / t)] \leq 2\} .
$$

We call $X$ subexponential if $\|X\|_{\psi_{1}}$ is finite.

- For a random variable $X$ and a sigma-algebra $\mathscr{F}$, define

$$
\|X \mid \mathscr{F}\|_{\psi_{1}}=\inf \{t>0: \mathrm{E}[\exp (|X| / t) \mid \mathscr{F}] \leq 2\} .
$$

We call $X$ subexponential conditioned on $\mathscr{F}$ if $\|X \mid \mathscr{F}\|_{\psi_{1}}$ is finite.
Fact 6.19. $\|\cdot\|_{\psi_{1}}$ is a norm. It is referred to as the $\psi_{1}$-norm.
Claim 6.20. Let $X$ be a subexponential random variable. Then $\mathrm{E}\left[\exp \left(X /\|X\|_{\psi_{1}}\right)\right] \leq 2$.
Proof. Let $S=\{t>0: \mathrm{E}[\exp (|X| / t)] \leq 2\}$. For every $\varepsilon>0$, we have that $\|X\|_{\psi_{1}}+\varepsilon>t$ for some $t \in S$. Hence,

$$
\mathrm{E}\left[\exp \left(|X| /\left(\|X\|_{\psi_{1}}+\varepsilon\right)\right)\right]<\mathrm{E}[\exp (|X| / t)] \leq 2
$$

Therefore, for every $\varepsilon>0$ we have $\mathrm{E}\left[\exp \left(|X| /\left(\|X\|_{\psi_{1}}+\varepsilon\right)\right)\right]<2$. Taking $\varepsilon \rightarrow 0$ and applying the monotone convergence theorem completes the proof.

Claim 6.21. Let $X$ be a subexponential random variable. Then $\mathrm{E}[\exp (\lambda|X|)] \leq \exp \left(\lambda\|X\|_{\psi_{1}}\right)$ for all $\lambda \in$ $\left[0,1 /\|X\|_{\psi_{1}}\right]$.

Proof. Suppose $\lambda \in\left[0,1 /\|X\|_{\psi_{1}}\right]$, which implies that the function $x \mapsto x^{\lambda\|X\|_{\psi_{1}}}$ is concave. Hence,

$$
\begin{aligned}
\mathrm{E}[\exp (\lambda|X|)] & =\mathrm{E}\left[\exp \left(\lambda\|X\|_{\psi_{1}}|X| /\|X\|_{\psi_{1}}\right)\right] \\
& \leq \mathrm{E}\left[\exp \left(|X| /\|X\|_{\psi_{1}}\right)\right]^{\lambda\|X\|_{\psi_{1}}} \quad \text { (by Jensen's inequality) } \\
& \leq 2^{\lambda\|X\|_{\psi_{1}}} \quad \text { (by Claim6.20) } \\
& \leq \exp \left(\lambda\|X\|_{\psi_{1}}\right) .
\end{aligned}
$$

Claim 6.22. Suppose that $\mathrm{E}[\exp (\lambda|X|)] \leq \exp (\lambda \kappa)$ for all $\lambda \in[0,1 / \kappa]$. Then $\|X\|_{\psi_{1}} \leq \kappa /(\ln 2)$.
Proof. Let $\tilde{\lambda}=(\ln 2) / \kappa$, so clearly $\tilde{\lambda} \in[0,1 / \kappa]$. By Claim 6.21 ,

$$
\mathrm{E}[\exp (\ln 2|X| / \kappa)]=\mathrm{E}[\exp (\tilde{\lambda}|X|)] \leq \exp (\tilde{\lambda} \kappa)=2
$$

Hence, by Definition 6.18, we have $\|X\|_{\psi_{1}} \leq \kappa /(\ln 2)$.
The combination of Claim 6.22 and Claim 6.21 establishes that the two properties $\mathrm{E}[\exp (|X| / t)] \leq 2$ and $\mathrm{E}[\exp (\lambda|X|)] \leq \exp (\lambda t)$ for all $|\lambda| \leq 1 / t$ are "equivalent". That is, if a random variable satisfies one of the properties with value $t$, then it satisfies the other property with value $t^{\prime}$ which differs from $t$ only by some constant factor independent of the random variable $X$.

Claim $6.23\left(\|\cdot\|_{\psi_{1}}\right.$ bound to tail bound). Suppose $\|X\|_{\psi_{1}} \leq \kappa$. Then, for every $\delta \in(0,1), X \leq \kappa \log (e / \delta)$ with probability at least $1-\delta$.

Proof. By the exponentiated Markov inequality,

$$
\operatorname{Pr}[X \geq t] \leq \exp (-\lambda t) \mathrm{E}[\exp (\lambda X)] \leq \exp (-\lambda t+\lambda \kappa) \quad(\text { for all } \lambda \in(0,1 / \kappa])
$$

where the second inequality follows from Claim 6.21. Setting $\lambda=1 / \kappa$ and $t=\kappa \log (e / \delta)$ completes the proof.

### 6.2.3 Relationship between subgaussian and subexponential random variables

Subgaussian and subexponential random variables share a simple connection, as hilighted by the result below.
Claim 6.24. Suppose $X$ is a subgaussian random variable. Then, $X^{2}$ is subexponential with $\left\|X^{2}\right\|_{\psi_{1}}=\|X\|_{\psi_{2}}^{2}$
Proof. This is easy to see by comparing the definition of each norm:

$$
\left\|X^{2}\right\|_{\psi_{1}}=\inf \underbrace{\left\{t>0: \mathrm{E}\left[\exp \left(X^{2} / t\right)\right] \leq 2\right\}}_{:=A},
$$

$$
\|X\|_{\psi_{2}}=\inf \underbrace{\left\{t>0: \mathrm{E}\left[\exp \left(X^{2} / t^{2}\right)\right] \leq 2\right\}}_{:=B} .
$$

Clearly, $\left\{b^{2}: b \in B\right\}=A$. Hence,

$$
\left\|X^{2}\right\|_{\psi_{1}}=\inf A=(\inf B)^{2}=\|X\|_{\psi_{2}}^{2},
$$

as desired.

### 6.3 Upper bound on error of final iterate: subgaussian noise

Theorems 1.9 and 1.10 assume that the stochastic gradient oracle produces noise at each step that almost surely has Euclidean norm at most 1. In this section, we work with the weaker assumption that the noise at each step is conditionally subgaussian. (A formal definition of this term appears in Section 6.2.)

As before, we will write $\hat{g}_{t}=g_{t}-\hat{z}_{t}$, where $\hat{g}_{t}$ is the vector returned by the oracle at the point $x_{t}, g_{t} \in \partial f\left(x_{t}\right)$, and $\hat{z}_{t}$ is the noise. Let $\mathscr{F}_{t}=\sigma\left(\hat{z}_{1}, \ldots, \hat{z}_{t}\right)$ be the $\sigma$-algebra generated by the first $t$ steps of SGD. Finally, recall that $\mathrm{E}\left[\hat{z}_{t} \mid \mathscr{F}_{t-1}\right]=0$. Instead of assuming that $\left\|\hat{z}_{t}\right\| \leq 1$ almost surely, we will assume that $\left\|\hat{z}_{t}\right\|$ is a subgaussian random variable conditioned on $\mathscr{F}_{t-1}$.

We will prove an extension of Theorem 1.9 in the following subsection (see Theorem 6.25). A similar extension for Theorem 1.10 can also be obtained, however its proof is omitted since it relies mainly on the ideas introduced in the next section.

### 6.3.1 Upper bound on error of final iterate, strongly convex case with subgaussian noise

The goal of this subsection is to prove Theorem 6.25. The analysis will reuse many claims from the analysis of Theorem 1.9 and follow the general approach taken there as well.

Assumptions. The main difference between Theorem 6.25 and Theorem 1.9 is the assumption on the noise produced by the stochastic gradient oracle. In this subsection, we assume $\left\|\left\|\hat{z}_{t}\right\|_{2} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$ for every $t$.

Theorem 6.25. Suppose $f$ is 1 -strongly convex and 1 -Lipschitz. Suppose that $\left\|\left\|\hat{z}_{t}\right\| \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$ for all t. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 / t$. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$. Then, with probability at least $1-\delta$,

$$
f\left(x_{T+1}\right)-f\left(x^{*}\right) \leq O\left((\kappa+1)^{2} \frac{\log (T) \log (1 / \delta)}{T}\right) .
$$

One important result that we need is a bound on $\left\|\left\|\hat{g}_{t}\right\|^{2}\right\|_{\psi_{1}}$. In Section 3.1, this was not necessary, since $\left\|\hat{g}_{t}\right\|^{2}$ was almost-surely bounded by 4 . This made for a clean analysis. Here, $\left\|\hat{g}_{t}\right\|^{2}$ can potentially be unbounded, and therefore we need to provide control on it's tail distribution. Indeed, this is accomplished by the following claim.

Claim 6.26. For every $t,\| \| \hat{g}_{t}\left\|\mid \mathscr{F}_{t-1}\right\|_{\psi_{2}}=O(\kappa+1)$. Therefore, $\left\|\left\|\hat{g}_{t}\right\|^{2} \mid \mathscr{F}_{t-1}\right\|_{\psi_{1}}=O\left((\kappa+1)^{2}\right)$. This implies $\left\|\left\|\hat{g}_{t}\right\|^{2}\right\|_{\psi_{1}}=O\left((\kappa+1)^{2}\right)$.

Proof. Recall, $\hat{g}_{t}=g_{t}-\hat{z}_{t}$ where $g_{t} \in \partial f\left(x_{t}\right)$ and $\hat{z}_{t}$ is mean-zero conditioned on $\mathscr{F}_{t-1}$ such that $\left\|\left\|\hat{z}_{t}\right\| \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq$ $\kappa$. Now, because $\|\cdot\|_{\psi_{1}}$ is a norm, we have

$$
\left\|\left\|\hat{g}_{t}\right\|\left|\mathscr{F}_{t-1}\left\|_{\psi_{2}} \leq\right\|\left\|g_{t}\right\|+\left\|\hat{z}_{t}\right\|\right| \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq\| \| g_{t}\left\|\left|\mathscr{F}_{t-1}\left\|_{\psi_{2}}+\right\|\left\|\hat{z}_{t}\right\|\right| \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa+1 / \sqrt{\ln 2} .
$$

We have used that $\left\|\left\|g_{t}\right\|\left|\mathscr{F}_{t-1}\left\|_{\psi_{2}} \leq\right\| 1\right| \mathscr{F}_{t-1}\right\|_{\psi_{2}}$ by 1-Lipschitzness of $f$. By definition, we have $\left\|1 \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq$ $1 / \sqrt{\ln 2}$. Lastly, we have used the assumption that $\left\|\left\|\hat{z}_{t}\right\| \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$.

Lemma 6.27. Let $f$ be 1 -strongly convex and 1 -Lipschitz. Suppose that we run SGD (Algorithm 1) with step sizes $\eta_{t}=1 /$ t and that $\left\|\hat{z}_{t} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$. Then

$$
f\left(x_{t}\right) \leq \underbrace{\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} f\left(x_{t}\right)}_{\text {suffix average }}+\underbrace{\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle}_{z_{T} \text {, the noise term }}+X,
$$

where $X$ is a random variable such that $\|X\|_{\psi_{1}}=O\left((\kappa+1)^{2} \frac{\log T}{T^{2}}\right)$.
Proof. We may proceed just as in the proof of Lemma 3.1. Applying Eq. (3.4), we obtain

$$
f\left(x_{T}\right) \leq S_{T / 2}+\sum_{k=1}^{T / 2} \frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}+\sum_{k=1}^{T / 2} \frac{1}{k(k+1)} \sum_{t=T-k}^{T}\left\langle\hat{z}_{t}, x_{t}-x_{T-k}\right\rangle,
$$

where $S_{T / 2}=\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} f\left(x_{t}\right)$. From this point, the only difference is analyzing the following sum:

$$
\sum_{k=1}^{T / 2} \frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}
$$

because we cannot bound $\left\|\hat{g}_{t}\right\|^{2}$ as was done in the proof of Lemma 3.1. Instead, we may bound it's $\psi_{1}$-norm using the fact that $\left\|\left\|\hat{g}_{t}\right\|^{2}\right\|_{\psi_{1}}=O\left((\kappa+1)^{2}\right)$ (Claim 6.26) and the triangle inequality for $\|\cdot\|_{\psi_{1}}$. This yields:

$$
\left\|\sum_{k=1}^{T / 2} \frac{1}{2 k(k+1)} \sum_{t=T-k}^{T} \eta_{t}\right\| \hat{g}_{t}\left\|^{2}\right\|_{\psi_{1}} \leq O\left((\kappa+1)^{2} \frac{\log T}{T}\right)
$$

as desired.
Since $\|X\|_{\psi_{1}} \leq O\left((\kappa+1)^{2} \frac{\log T}{T}\right)$, we have that by Claim $6.23, X \leq O\left((\kappa+1)^{2} \frac{\log T}{T} \log (1 / \delta)\right)$, with probability at least $1-\delta$. The suffix average is bounded by $O\left((\kappa+1)^{2} \frac{\log (1 / \delta)}{T}\right)$ by Theorem 6.37 (we defer the proof to Subsection 6.3.3). Therefore, it remains to analyze $Z_{T}$. By changing the order of summation, we can write $Z_{T}=\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, w_{t}\right\rangle$ where

$$
w_{t}=\sum_{j=T / 2}^{t} \alpha_{j}\left(x_{t}-x_{j}\right) \quad \text { and } \quad \alpha_{j}=\frac{1}{(T-j)(T-j+1)} .
$$

We will prove the following lemma, whose proof is outlined in Sub-subsection 6.3.1.

Lemma 6.28. $Z_{T}=O\left(\kappa(\kappa+1) \frac{\log T \log (1 / \delta)}{T}\right)$ with probability at least $1-\delta$.
Theorem 6.25 follows from Theorem 6.37, Lemma 6.28 and Lemma 6.27.

## Bounding the noise

The main idea is to follow the steps in Subsection 3.1.1. However, certain steps will require a slightly different analysis due to the absence of a bound on $\left\|\hat{g}_{t}\right\|^{2}$. Lemma 3.3 still holds in the subgaussian noise case. We restate it here:

Lemma 3.3. Suppose $f$ is 1-Lipschitz and 1-strongly convex. Suppose we run Algorithm 1 for $T$ iterations with step sizes $\eta_{t}=1 / t$. Let $a<b$. Then,

$$
\left\|x_{a}-x_{b}\right\|^{2} \leq \sum_{i=a}^{b-1} \frac{\left\|\hat{g}_{i}\right\|^{2}}{i^{2}}+2 \sum_{i=a}^{b-1} \frac{\left(f\left(x_{a}\right)-f\left(x_{i}\right)\right)}{i}+2 \sum_{i=a}^{b-1} \frac{\left\langle\hat{z}_{i}, x_{i}-x_{a}\right\rangle}{i} .
$$

However, we prove a slight variant of Lemma 3.4.
Lemma 6.29. There exists positive values $R=O\left(\frac{\log T}{T}\right), C_{t}=\Theta(\log (T-t)), A_{t}=O\left(\frac{\log T}{T^{2}}\right)$ and a nonnegative random variable $X$ with $\|X\|_{\psi_{1}}=O\left(\frac{(\kappa+1)^{2} \log ^{2}(T)}{T^{2}}\right)$ such that

$$
\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq X+R\left\|x_{T / 2}-x^{*}\right\|^{2}+\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, \frac{C_{t}}{t} w_{t}\right\rangle+\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, A_{t}\left(x_{t}-x^{*}\right)\right\rangle .
$$

Proof. We may follow the proof of Lemma 3.4 from Subsection 3.3.4, with some minor differences. Here we will only provide a brief outline of the differences.

We redefine $\Lambda_{1}$ as follows, while keeping the definition of $\Lambda_{2}$ and $\Lambda_{3}$ as in the proof of Lemma 3.4.

$$
\Lambda_{1}:=\sum_{t=T / 2}^{T} \frac{1}{T-t+1} \sum_{j=T / 2}^{t-1} \alpha_{j} \sum_{i=j}^{j-1} \frac{\left\|\hat{g}_{i}\right\|^{2}}{i^{2}}
$$

Recall, $\Sigma_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq \Lambda_{1}+\Lambda_{2}+\Lambda_{3}$, just as in Subsection 3.3.4.
Using the triangle inequality and the $\psi_{1}$ norm bound on $\left\|\hat{g}_{i}\right\|^{2}$ from Claim 6.26, we may replace Claim 3.17 with
Claim 6.30. $\left\|\Lambda_{1}\right\|_{\psi_{1}}=O\left((\kappa+1)^{2} \frac{\log ^{2}(T)}{T^{2}}\right)$.
We may keep Claim 3.19 as our bound on $\Lambda_{3}$ :

## Claim 3.19.

$$
\Lambda_{3}=\sum_{i=T / 2}^{T-1}\left\langle\hat{z}_{i}, \frac{C_{i}}{i} w_{i}\right\rangle,
$$

where $C_{i}:=\sum_{\ell=i+1}^{T} \frac{2}{T-i+1}=O(\log (T))$.
It remains to bound $\Lambda_{2}$. We provide a slight variant of Claim 3.18:

Claim 6.31. There exists positive values $R_{1}, R_{2}$ such that $R_{1}=O\left(\frac{\log T}{T}\right)$ and $R_{2}=O\left(\frac{\log T}{T^{2}}\right)$ and a non-negative random variable, $X$, such that $\|X\|_{\psi_{1}}=O\left(\frac{(\kappa+1)^{2} \log (T)}{T^{2}}\right)$, where

$$
\Lambda_{2} \leq X+R_{1}\left\|x_{T / 2}-x^{*}\right\|^{2}+R_{2} \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle .
$$

Proof. We may follow the proof of Claim 3.18 (found in Subsection 3.3.5) up to Eq. (3.5). At this stage, we may continue the proof without bounding $\left\|\hat{g}_{t}\right\|^{2}$, and instead collect these terms to obtain:

$$
\Lambda_{2} \leq O\left(\frac{\log T}{T^{2}}\right) \sum_{t=T / 2}^{T-1} \frac{1}{t}\left\|\hat{g}_{t}\right\|^{2}+O\left(\frac{\log T}{T}\right)\left\|x_{T / 2}-x^{*}\right\|^{2}+O\left(\frac{\log T}{T^{2}}\right) \sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle
$$

At this step, we can take $X=O\left(\frac{\log T}{T^{2}}\right) \sum_{t=T / 2}^{T-1} \frac{1}{t}\left\|\hat{g}_{t}\right\|^{2}$. It's $\psi_{1}$-norm is bounded as desired by using Claim 6.26 and the triangle inequality for the $\psi_{1}$-norm.

Lemma 6.29 follows from Claim 6.30, Claim 6.31, and Claim 3.19.
Just as in Section 3.1, we will use Theorem 1.11. A snag is that our Lemma 6.29 does not quite bound the SSCM of $Z_{T}$ by a linear transformation of $Z_{T}$. However, Lemma 6.33 refines Lemma 6.29 so that we may use Theorem 1.11 (similar to how Lemma 3.6 refines Lemma 3.4) . The proof of Lemma 6.33 uses the following analog of Theorem 3.5 (see Subsection 6.3.2 for a proof).

Theorem 6.32. Both of the following hold:

- For all $t \geq 2,\left\|x_{t}-x^{*}\right\|^{2}=O\left((\kappa+1)^{2} \log (1 / \delta) / t\right)$ with probability $1-\delta$, and
- Let $\sigma_{t} \geq 0$ for $t=2, \ldots, T$. Then, $\sum_{t=1}^{T} \sigma_{t}\left\|x_{t}-x^{*}\right\|^{2}=O\left((\kappa+1)^{2} \log (1 / \delta) \sum_{t=2}^{T} \frac{\sigma_{t}}{t}\right)$ with probability $1-\delta$.

Lemma 6.33. For every $\delta \in(0,1)$, there exists positive values $R=\left((\kappa+1)^{2} \frac{\log ^{2}(T) \log (1 / \delta)}{T^{2}}\right)$, and $C_{t}=O(\log T)$ such that $\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq R+\sum_{t=T / 2}^{T-1} \frac{C_{t}}{t}\left\langle\hat{z}_{t}, w_{t}\right\rangle$ with probability at least $1-\delta$.

## Proof.

From Lemma 6.29, we have

$$
\sum_{t=T / 2}^{T}\left\|w_{t}\right\|^{2} \leq X+R^{\prime}\left\|x_{T / 2}-x^{*}\right\|^{2}+\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, \frac{C_{t}}{t} w_{t}\right\rangle+\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, A_{t}\left(x_{t}-x^{*}\right)\right\rangle,
$$

where $X, R^{\prime}, A_{t}, C_{t}$ are as promised by Lemma 6.29. Because $\|X\|_{\psi_{1}}=O\left(\frac{(\kappa+1)^{2} \log T}{T^{2}}\right)$, then by Claim 6.23, we have $X=O\left((\kappa+1)^{2} \frac{\log T \log (1 / \delta)}{T^{2}}\right)$, with probability at least $1-\delta$.

Furthermore, Theorem 6.32 states that $\left\|x_{T / 2}-x^{*}\right\|^{2}=O\left(\frac{(\kappa+1)^{2} \log (1 / \delta)}{T}\right)$ with probability at least $1-\delta$. Hence, $R^{\prime}\left\|x_{T / 2}-x^{*}\right\|^{2}=O\left((\kappa+1)^{2} \frac{\log (1 / \delta) \log (T)}{T^{2}}\right)$ with probability at least $1-\delta$.

Lastly, it remains to deal with $\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, A_{t}\left(x_{t}-x^{*}\right)\right\rangle$. Observe that this is a sum of a martingale difference sequence with SSCM bounded by $\sum_{t=T / 2}^{T-1} A_{t}^{2}\left\|x_{t}-x^{*}\right\|^{2}$. Using Theorem 6.32 (the upper bound on squared distances of the iterates $x_{t}$ to $\left.x^{*}\right)$, this is bounded above by $O\left((\kappa+1)^{2} \frac{\log (1 / \delta) \log ^{2}(T)}{T^{4}}\right)$. Now, we can translate
our SSCM bound to a high probability bound on the martingale itself by applying Corollary 6.40 (which is an application of Theorem 1.11 for bounding a martingale with subgaussian increments when it's SSCM is bounded) to obtain $\sum_{t=T / 2}^{T-1}\left\langle\hat{z}_{t}, A_{t}\left(x_{t}-x^{*}\right)\right\rangle=O\left(\kappa(\kappa+1) \frac{\log (1 / \delta) \log (T)}{T^{2}}\right)$ with probability at least $1-\delta$.

Now, we are ready to complete the proof of Lemma 6.28 .
Proof (of Lemma 6.28). Let $R, C_{t}, X$ be as promised from Lemma 6.33. These values provide a high probability upper bound of $R^{\prime} \log (1 / \delta)+\sum_{t=T / 2}^{T-1} \frac{C_{t}}{t}\left\langle\hat{z}_{t}, w_{t}\right\rangle$ on the $\operatorname{SSCM}$ of $Z_{T}$, where $R^{\prime} \log (1 / \delta)=R$. Corollary 6.41 (an application of Theorem 1.11 for martingales with subgaussian increments) allows us to then bound $Z_{T}$ by $\kappa \sqrt{R^{\prime}} \log (1 / \delta)$ with probability at least $1-\delta$. Indeed, recalling that $R^{\prime}=O\left(\frac{(\kappa+1)^{2} \log ^{2}(T)}{T^{2}}\right)$ yields our desired result.

### 6.3.2 High probability bounds on squared distances to $x^{*}$

The main goal of this subsection is to prove Theorem 6.32 .
Claim 6.34. Suppose f is 1 -strongly-convex and 1-Lipschitz. Define $Y_{t}=t\left\|x_{t+1}-x^{*}\right\|^{2}$ and $U_{t}=\left\langle\hat{z}_{t+1}, x_{t+1}-\right.$ $\left.x^{*}\right\rangle /\left\|x_{t+1}-x^{*}\right\|$. Then,

$$
Y_{t+1} \leq\left(\frac{t-1}{t}\right) Y_{t}+2 \cdot U_{t} \sqrt{\frac{Y_{t}}{t}}+\frac{\left\|\hat{g}_{t+1}\right\|^{2}}{t+1} .
$$

The proof of Claim 6.34 is identical to the proof of Claim 3.7, except that we cannot bound $\left\|\hat{g}_{t}\right\|^{2}$ by 4 due to the fact that the noise, $\hat{z}_{t}$, is not bounded as was assumed in Claim 3.7 .

The main tool to prove this theorem is the following analog to Theorem 1.19. See Subsection 6.3.4 for a proof.

Theorem 6.35. Let $\left(X_{t}\right)_{t=1}^{T}$ be a stochastic process and let $\left(\mathscr{F}_{t}\right)_{t=1}^{T}$ be a filtration such that $X_{t}$ is $\mathscr{F}_{t}$-measurable and $X_{t}$ is non-negative almost surely. Let $\alpha_{t} \in[0,1)$ and $\beta_{t}, \gamma_{t} \geq 0$ for every $t$. Let $\hat{w}_{t}$ be $\mathscr{F}_{t+1}$-measurable such that $\left\|\hat{w}_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{2}} \leq \tau$ for every $t$ and $\mathrm{E}\left[\hat{w}_{t} \mid \mathscr{F}_{t}\right]=0$. Let $\hat{y}_{t}$ be $\mathscr{F}_{t+1}$-measurable such that $\left\|\hat{y}_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{1}} \leq \rho$ for every $t$. Suppose $X_{t+1} \leq \alpha_{t} X_{t}+\beta_{t} \hat{w}_{t} \sqrt{X_{t}}+\gamma_{t} \hat{y}_{t}$, for every $t$. Assume that $\mathrm{E}\left[\exp \left(\lambda X_{1}\right)\right] \leq \exp (\lambda K)$, for $\lambda \in(0,1 / K]$. Then,

- For every $t, \operatorname{Pr}\left[X_{t} \geq K \log (1 / \delta)\right] \leq e \delta$,
- If $\sigma_{1}, \ldots, \sigma_{T} \geq 0$, then $\operatorname{Pr}\left[\sum_{t=1}^{T} \sigma_{t} X_{t} \geq K \log (1 / \delta) \sum_{t=1}^{T} \sigma_{t}\right] \leq e \delta$,
where $K=\max _{t=1}^{T}\left(\frac{2 \gamma_{t} \rho}{1-\alpha_{t}}, \frac{4 \beta_{t}^{2} \tau^{2}}{1-\alpha_{t}}\right)$.
Proof (of Theorem 6.32). Consider the stochastic process $\left(Y_{t}\right)_{t=1}^{T}$ where $Y_{t}$ is as defined by Claim 6.34. Note that $Y_{t}$ satisfied the conditions of Theorem 6.35 with $X_{t}=Y_{t}, \hat{w}_{t}=U_{t}, \alpha_{t}=\frac{t-1}{t}, \beta_{t}=\frac{2}{\sqrt{t}}, \gamma_{t}=\frac{1}{t+1}, \hat{y}_{t}=\left\|\hat{g}_{t}\right\|^{2}$, $\tau=\kappa, \rho=(\kappa+1)^{2}$. Indeed, $Y_{t}$ is $\mathscr{F}_{t}$-measurable and non-negative almost surely. $U_{t}$ is $\mathscr{F}_{t+1}$-measurable which is mean zero conditioned on $\mathscr{F}_{t}$. Furthermore, $\left\|U_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{2}} \leq \kappa$ because $\left\|\left\|\hat{z}_{t}\right\| \mid \mathscr{F}_{t}\right\|_{\psi_{2}} \leq \kappa$. Furthermore, $\left\|\hat{g}_{t}\right\|^{2}$ is also $\mathscr{F}_{t+1}$-measurable and $\left\|\left\|\hat{g}_{t}\right\|^{2} \mid \mathscr{F}_{t}\right\| \leq(\kappa+1)^{2}$ by Claim 6.26. It's easy to check that $\max _{1 \leq t \leq T}\left(\frac{2 \gamma_{t} \rho}{1-\alpha_{t}}, \frac{4 \beta_{1}^{2} \tau^{2}}{1-\alpha_{t}}\right)=O\left((\kappa+1)^{2}\right)$. We must check the following claim:

Claim 6.36. For all $\lambda \in\left(0, \frac{1}{\Theta\left((\kappa+1)^{2}\right)}\right], \mathrm{E}\left[\exp \left(\lambda\left\|x_{2}-x^{*}\right\|^{2}\right)\right] \leq \exp \left(\lambda \Theta\left((\kappa+1)^{2}\right)\right)$.

## Proof.

$$
\begin{aligned}
\mathrm{E}\left[\exp \left(\lambda\left\|x_{2}-x^{*}\right\|^{2}\right)\right] & =\mathrm{E}\left[\exp \left(\lambda\left(\left\|\Pi_{\mathscr{X}}\left(x_{1}-\hat{g}_{1}\right)-x^{*}\right\|^{2}\right)\right)\right] \\
& \leq \mathrm{E}\left[\exp \left(\lambda\left(\left\|x_{1}-x^{*}-\hat{g}_{1}\right\|^{2}\right)\right)\right] \\
& =\mathrm{E}\left[\exp \left(\lambda\left(\left\|x_{1}-x^{*}\right\|^{2}+\left\|\hat{g}_{1}\right\|^{2}-2\left\langle x_{1}-x^{*}, \hat{g}_{1}\right\rangle\right)\right)\right]
\end{aligned}
$$

By 1-strong-convexity and 1-Lipschitzness of $f$,

$$
\left\|x_{t}-x^{*}\right\| \geq\left\langle g_{t}, x_{t}-x^{*}\right\rangle \geq \frac{1}{2}\left\|x_{t}-x^{*}\right\|^{2}
$$

for every $t$. Hence,

$$
\begin{aligned}
\mathrm{E}\left[\exp \left(\lambda\left\|x_{2}-x^{*}\right\|^{2}\right)\right] & \leq \mathrm{E}\left[\exp \left(\lambda\left(4+\left\|\hat{g}_{1}\right\|^{2}+4\left\|\hat{g}_{1}\right\|\right)\right)\right] \\
& =\exp (4 \lambda) \mathrm{E}\left[\exp \left(\lambda\left\|\hat{g}_{1}\right\|^{2}\right) \exp \left(4 \lambda\left\|\hat{g}_{1}\right\|\right)\right] \\
& \leq \exp (4 \lambda)\left(\mathrm{E}\left[\exp \left(2 \lambda\left\|\hat{g}_{1}\right\|^{2}\right)\right]\right)^{1 / 2}\left(\mathrm{E}\left[\exp \left(8 \lambda\left\|\hat{g}_{1}\right\|\right)\right]\right)^{1 / 2} \quad \text { (by Theorem A.2). }
\end{aligned}
$$

Recall that $\left\|\left\|\hat{g}_{1}\right\|\right\|_{\psi_{2}}=O(\kappa+1)$ and $\left\|\left\|\hat{g}_{1}\right\|^{2}\right\|_{\psi_{1}}=O(\kappa+1)^{2}$ (by Claim 6.26). Therefore, we may bound the MGF's of $\left\|\hat{g}_{1}\right\|$ and $\left\|\hat{g}_{1}\right\|^{2}$ using Claim 6.14 for the former and Claim 6.21 for the latter. That is we may write:

$$
\mathrm{E}\left[\exp \left(2 \lambda\left\|\hat{g}_{1}\right\|^{2}\right)\right] \leq \exp \left(2 \lambda(\kappa+1)^{2}\right) \quad \text { for all } \lambda \in\left[0, \frac{1}{2(\kappa+1)^{2}}\right]
$$

and

$$
\mathrm{E}\left[\exp \left(8 \lambda\left\|\hat{g}_{1}\right\|\right)\right] \leq \exp \left(8 \lambda(\kappa+1)^{2}\right) \quad \text { for all } \lambda \in\left[0, \frac{1}{8(\kappa+1)^{2}}\right]
$$

Hence, we may plug in these MGF bounds to obtain

$$
\mathrm{E}\left[\exp \left(\lambda\left\|x_{2}-x^{*}\right\|^{2}\right)\right] \leq \exp (4 \lambda) \exp \left(\lambda(\kappa+1)^{2}\right) \exp \left(4 \lambda(\kappa+1)^{2}\right)
$$

for all $\lambda \in\left(0, \frac{1}{8(\kappa+1)^{2}}\right]$. Hence,

$$
\mathrm{E}\left[\exp \left(\lambda\left\|x_{2}-x^{*}\right\|^{2}\right)\right] \leq \exp \left(4 \lambda+5 \lambda(\kappa+1)^{2}\right) \leq \exp \left(9 \lambda(\kappa+1)^{2}\right)
$$

for all $\lambda \in\left(0, \frac{1}{8(\kappa+1)^{2}}\right]$.

### 6.3.3 Suffix averaging

The following is an extension of Theorem 1.17 to the case of subgaussian noise.
Theorem 6.37. Suppose $f$ is 1 -strongly convex and 1 -Lipschitz. Consider running Algorithm 1 for $T$ iterations with step size $\eta_{t}=1 /$ t. Let $x^{*}=\arg \min _{x \in \mathscr{X}} f(x)$. Suppose that there exist $\kappa>0$, such that $\left\|\hat{z}_{t} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$
for every $t$. Then, with probability at least $1-\delta$,

$$
f\left(\frac{1}{T / 2+1} \sum_{t=T / 2}^{T} x_{t}\right)-f\left(x^{*}\right) \leq O\left((\kappa+1)^{2} \frac{\log (1 / \delta)}{T}\right)
$$

Proof. By Lemma 3.14 with $w=x^{*}$ we have

$$
\begin{equation*}
\sum_{t=T / 2}^{T}\left[f\left(x_{t}\right)-f\left(x^{*}\right)\right] \leq \underbrace{\frac{1}{2} \sum_{t=T / 2}^{T} \eta_{t}\left\|\hat{g}_{t}\right\|^{2}}_{(a)}+\underbrace{\frac{1}{2 \eta_{T / 2}}\left\|x_{T / 2}-x^{*}\right\|^{2}}_{(b)}+\underbrace{\sum_{t=T / 2}^{T}\left\langle\hat{z}_{t}, x_{t}-x^{*}\right\rangle}_{(c)} \tag{6.1}
\end{equation*}
$$

It suffices to bound each term of the right hand side of (6.1) by $O\left(\kappa^{2} \log (1 / \delta)\right)$ with probability at least $1-\delta$.
(a). By Claim 6.26, we have

$$
\left\|\sum_{t=T / 2}^{T} \eta_{t}\right\| \hat{g}_{t}\left\|^{2}\right\|_{\psi_{1}} \leq \sum_{t=T / 2}^{T} \eta_{t}\| \| \hat{g}_{t}\left\|^{2}\right\|_{\psi_{1}} \leq O\left((\kappa+1)^{2}\right) .
$$

Hence, we apply Claim 6.23 to bound (a) by $O\left((\kappa+1)^{2} \log (1 / \delta)\right)$ with probability at least $1-\delta$.
(b). We have already bounded (b) by $O\left((\kappa+1)^{2} \log (1 / \delta)\right)$ in Theorem 6.32 .
(c). To bound (c), we will come up with a high probability bound on the sum of squared conditional magnitudes of $(c)$ (observe that $(c)$ is a martingale with conditionally subgaussian increments) and then apply our transition from high probability bounds on the SSCM to high probability bounds on martingales (Corollary 6.40). The SSCM of $(c)$ is given by $\sum_{t=T / 2}^{T}\left\|x_{t}-x^{*}\right\|^{2}$. Indeed, by Theorem 6.32, this is bounded by $O\left((\kappa+1)^{2} \log (1 / \delta)\right)$ with probability at least $1-\delta$. This translates into a high probability bound on $(c)$ using Corollary 6.40. Indeed, take $a_{t}=\hat{z}_{t}, b_{t}=x_{t}-x^{*}$, and $R=\kappa^{2}$. This yields a bound of $O(\kappa(\kappa+1) \log (1 / \delta))$ with probability $1-\delta$ on $(c)$ as desired.

### 6.3.4 Proof of Theorem 6.35

Theorem 6.35. Let $\left(X_{t}\right)_{t=1}^{T}$ be a stochastic process and let $\left(\mathscr{F}_{t}\right)_{t=1}^{T}$ be a filtration such that $X_{t}$ is $\mathscr{F}_{t}$-measurable and $X_{t}$ is non-negative almost surely. Let $\alpha_{t} \in[0,1)$ and $\beta_{t}, \gamma_{t} \geq 0$ for every $t$. Let $\hat{w}_{t}$ be $\mathscr{F}_{t+1}$-measurable such that $\left\|\hat{w}_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{2}} \leq \tau$ for every $t$ and $\mathrm{E}\left[\hat{w}_{t} \mid \mathscr{F}_{t}\right]=0$. Let $\hat{y}_{t}$ be $\mathscr{F}_{t+1}$-measurable such that $\left\|\hat{y}_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{1}} \leq \rho$ for every $t$. Suppose $X_{t+1} \leq \alpha_{t} X_{t}+\beta_{t} \hat{w}_{t} \sqrt{X_{t}}+\gamma_{t} \hat{y}_{t}$, for every $t$. Assume that $\mathrm{E}\left[\exp \left(\lambda X_{1}\right)\right] \leq \exp (\lambda K)$, for $\lambda \in(0,1 / K]$. Then,

- For every $t, \operatorname{Pr}\left[X_{t} \geq K \log (1 / \delta)\right] \leq e \delta$,
- If $\sigma_{1}, \ldots, \sigma_{T} \geq 0$, then $\operatorname{Pr}\left[\sum_{t=1}^{T} \sigma_{t} X_{t} \geq K \log (1 / \delta) \sum_{t=1}^{T} \sigma_{t}\right] \leq e \delta$,
where $K=\max _{t=1}^{T}\left(\frac{2 \gamma_{t} \rho}{1-\alpha_{t}}, \frac{4 \beta_{t}^{2} \tau^{2}}{1-\alpha_{t}}\right)$.
Proof (of Theorem 6.35). We begin by deriving a recursive MGF bound on $X_{t}$. The proof of this recursive MGF bound differs from the proof of Claim 4.6 because in Claim 4.6 after conditioning on $\mathscr{F}_{t}$, we were left to bound the MGF of a subgaussian random variable. In this case however, due to the presence of $\hat{y}_{t}$, we will be left to bound the MGF of the sum of a subgaussian and subexponential random variable. For this reason, the MGF bound we obtain is valid in a smaller region than the MGF bound from Claim 4.6.

Claim 6.38. Suppose $\lambda \in\left(0, \min _{t=1}^{T}\left(\frac{1}{2 \gamma_{t} \rho}, \frac{1-\alpha_{t}}{4 \beta_{t}^{2} \tau^{2}}\right)\right]$. Then, for every $t$

$$
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] \leq \exp \left(\lambda \gamma_{t} \rho\right) \mathrm{E}\left[\lambda X_{t}\left(\frac{1+\alpha_{t}}{2}\right)\right]
$$

Proof (of Claim 6.38). Because $\left\|\hat{y}_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{1}} \leq \rho$, we have, by Claim 6.21:

$$
\begin{equation*}
\mathrm{E}\left[\exp \left(2 \lambda \gamma_{t} \hat{y}_{t}\right) \mid \mathscr{F}_{t}\right] \leq \exp \left(2 \lambda \gamma_{t} \rho\right) \quad \text { for all } \lambda \in\left(0, \frac{1}{2 \gamma_{t} \rho}\right] \tag{6.2}
\end{equation*}
$$

Furthermore, because $\left\|\hat{w}_{t} \mid \mathscr{F}_{t}\right\|_{\psi_{2}} \leq \tau, \mathrm{E}\left[\hat{w}_{t} \mid \mathscr{F}_{t}\right]=0$ and $\sqrt{X_{t}}$ is $\mathscr{F}_{t}$-measurable, we have by Claim 6.17:

$$
\begin{equation*}
\mathrm{E}\left[\exp \left(2 \lambda \beta_{t} \hat{w}_{t} \sqrt{X_{t}}\right) \mid \mathscr{F}_{t}\right] \leq \exp \left(4 \lambda^{2} \beta_{t}^{2} \tau^{2} X_{t}\right) \quad \text { for all } \lambda \in \mathbb{R} \tag{6.3}
\end{equation*}
$$

Now, we put these MGF bounds together (assuming $\lambda \in\left(0, \min _{t=1}^{T} \frac{1}{2 \gamma_{t} \rho}\right]$ :

$$
\begin{aligned}
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] & \leq \mathrm{E}\left[\exp \left(\lambda \alpha_{t} X_{t}\right) \mathrm{E}\left[\exp \left(\lambda \beta_{t} \hat{w}_{t} \sqrt{X_{t}}\right) \exp \left(\lambda \gamma_{t} \hat{y}_{t}\right) \mid \mathscr{F}_{t}\right]\right] \\
& \leq \mathrm{E}\left[\exp \left(\lambda \alpha_{t} X_{t}\right) \mathrm{E}\left[\exp \left(2 \lambda \beta_{t} \hat{w}_{t} \sqrt{X_{t}}\right) \mid \mathscr{F}_{t}\right]^{1 / 2} \mathrm{E}\left[\exp \left(2 \lambda \gamma_{t} \hat{y}_{t}\right) \mid \mathscr{F}_{t}\right]^{1 / 2}\right] \\
& \leq \mathrm{E}\left[\exp \left(\lambda \alpha_{t} X_{t}\right) \exp \left(2 \lambda^{2} \beta_{t}^{2} \tau^{2} X_{t}\right) \exp \left(\lambda \gamma_{t} \rho\right)\right] \quad \text { (by Eq. (6.2) and Eq. (6.3)) } \\
& =\exp \left(\lambda \gamma_{t} \rho\right) \mathrm{E}\left[\exp \left(\lambda X_{t}\left(\alpha_{t}+2 \lambda \beta_{t}^{2} \tau^{2}\right)\right)\right] .
\end{aligned}
$$

If we assume that $\lambda \in\left(0, \min _{t=1}^{T} \frac{1-\alpha_{t}}{4 \beta_{t}^{2} \tau^{2}}\right]$, then we have

$$
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] \leq \exp \left(\lambda \gamma_{t} \rho\right) \mathrm{E}\left[\exp \left(\lambda X_{t}\left(\frac{1+\alpha_{t}}{2}\right)\right)\right]
$$

as desired. Next, we prove an MGF bound on $X_{t}$.
Claim 6.39. For every $t$, and for every $\lambda \in(0,1 / K]$, we have $\mathrm{E}\left[\exp \left(\lambda X_{t}\right)\right] \leq \exp (\lambda K)$. That is, $\left\|X_{t}\right\|_{\psi_{1}} \leq$ $K / \ln 2$.

Proof. Let $\lambda \in(0,1 / K]$. We proceed by induction over $t$. The base case holds by assumption. Assume that
$\mathrm{E}\left[\exp \left(\lambda X_{t}\right)\right] \leq \exp (\lambda K)$. Observe that $\lambda$ satisfies the condition in Claim 6.38. Then,

$$
\begin{aligned}
\mathrm{E}\left[\exp \left(\lambda X_{t+1}\right)\right] & \leq \exp \left(\lambda \gamma_{t} \rho\right) \mathrm{E}\left[\exp \left(\lambda X_{t}\left(\frac{1+\alpha_{t}}{2}\right)\right)\right] \quad \text { (by Claim 6.38) } \\
& \leq \exp \left(\lambda \gamma_{t} \rho\right) \exp \left(\lambda K\left(\frac{1+\alpha_{t}}{2}\right)\right) \quad \text { (by induction hypothesis) } \\
& =\exp \left(\lambda\left(\gamma_{t} \rho+K\left(\frac{1+\alpha_{t}}{2}\right)\right)\right) .
\end{aligned}
$$

Hence, we need $K \geq K\left(\frac{1+\alpha_{t}}{2}\right)+\gamma_{t} \rho$. Indeed, by definition of $K$,

$$
K \geq \frac{2 \gamma_{t} \rho}{1-\alpha_{t}}=\frac{\gamma_{t} \rho}{1-\left(\frac{1+\alpha_{t}}{2}\right)},
$$

which yields the desired inequality.
Now, we can use Claim 6.39 to prove Theorem 6.35. The first claim in Theorem 6.35 follows from using Claim 6.39 and the MGF bound to tail bound transition given by Claim A. 7 .

Next, we prove the second claim from Theorem 6.35. Claim 6.39 gives that for every $t$ and for all $\lambda \in$ $\left(0,1 /\left(\sigma_{t} K\right)\right]$, we have $\mathrm{E}\left[\exp \left(\lambda \sigma_{t} X_{t}\right)\right] \leq \exp \left(\lambda \sigma_{t} K\right)$. Hence, we can combine these MGF bounds using Lemma A. 4 to obtain $\mathrm{E}\left[\exp \left(\lambda \sum_{t=1}^{T} \sigma_{t} X_{t}\right)\right] \leq \exp \left(\lambda K \sum_{t=1}^{T} \sigma_{t}\right)$ for all $\lambda \in\left(0,\left(K \sum_{t=1}^{T} \sigma_{t}\right)^{-1}\right]$. With this MGF bound in hand, we may apply the transition from MGF bounds to tail bounds given by Claim A. 7 to complete the proof of the second claim from Theorem 6.35 .

### 6.3.5 Using Theorem 1.11 with conditionally subgaussian increments

Corollary 6.40. Let $\left\{\mathscr{F}_{t}\right\}_{t=1}^{T}$ be a filtration and suppose that $a_{t}$ are $\mathscr{F}_{t}$-measurable random variables and $b_{t}$ are $\mathscr{F}_{t-1}$ measurable random variables. Further, suppose that

1. There exists $\kappa>0$ such that $\left\|a_{t} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$ for every $t$,
2. $\mathrm{E}\left[a_{t} \mid \mathscr{F}_{t-1}\right]=0$ for every $t$,
3. $\sum_{t=1}^{T}\left\|b_{t}\right\|^{2} \leq R \log (1 / \delta)$ with probability at least $1-O(\delta)$.

Define $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$. Then, $\sum_{t=1}^{T} d_{t}=O(\kappa \sqrt{R} \log (1 / \delta))$ with probability at least $1-O(\delta)$.
Proof. The assumption that $\mathrm{E}\left[a_{t} \mid \mathscr{F}_{t-1}\right]=0$ and $\left\|a_{t} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$ imply

$$
\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\lambda^{2} \kappa^{2}\left\|b_{t}\right\|^{2}\right),
$$

by Claim 6.17 because $\left\|d_{t} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa\left\|b_{t}\right\|$.
We may apply Lemma 4.3 with $d_{t}=\left\langle a_{t}, b_{t}\right\rangle, v_{t-1}=2 \kappa^{2}\left\|b_{t}\right\|^{2}, \alpha_{t}=0$ for every $i$ and $R(\boldsymbol{\delta})=2 \kappa^{2} R \log (1 / \delta)$ to obtain

$$
\operatorname{Pr}\left[\sum_{t=1}^{T} d_{t} \geq x\right] \leq \delta+\exp \left(-\frac{x^{2}}{16 \kappa^{2} R \log (1 / \delta)}\right)
$$

The final term above is at most $\delta$ if $x=4 \kappa \sqrt{R} \log (1 / \delta)$.
Corollary 6.41. Let $\left\{\mathscr{F}_{t}\right\}_{t=1}^{T}$ be a filtration and suppose that $a_{t}$ are $\mathscr{F}_{t}$-measurable random variables and $b_{t}$ are $\mathscr{F}_{t-1}$-measurable random variables. Define $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$. Assume there exists $\kappa>0$ such that $\left\|a_{t} \mid \mathscr{F}_{t-1}\right\|_{\psi_{2}} \leq \kappa$
and $\mathrm{E}\left[a_{t} \mid \mathscr{F}_{t-1}\right]=0$. Suppose that there exists $R>0$ and non-negative values $\left\{\alpha_{t}\right\}_{t=1}^{T-1}$ where $\kappa^{2} \max \left\{\alpha_{t}\right\}_{t=1}^{T-1}=$ $O(\kappa \sqrt{R})$, such that exactly one of the following holds for every $\delta \in(0,1)$ :

1. $\sum_{t=1}^{T}\left\|b_{t}\right\|^{2} \leq \sum_{t=1}^{T-1} \alpha_{t} d_{t}+R \log (1 / \delta)$ with probability at least $1-O(\delta)$,
2. $\sum_{t=1}^{T}\left\|b_{t}\right\|^{2} \leq \sum_{t=1}^{T-1} \alpha_{t} d_{t}+R \sqrt{\log (1 / \delta)}$ with probability at least $1-O(\delta)$.

Then, $\sum_{t=1}^{T} d_{t} \leq O(\kappa \sqrt{R} \log (1 / \delta))$ with probability at least $1-O(\delta)$.
Proof. We prove only the first case, the second case can be proved by bounding $\sqrt{\log (1 / \delta)}$ by $\log (1 / \delta)$ and using the proof of the first case.

Proceeding as in the proof of Corollary 6.40, we have

$$
\mathrm{E}\left[\exp \left(\lambda d_{t}\right) \mid \mathscr{F}_{t-1}\right] \leq \exp \left(\lambda^{2} \kappa^{2}\left\|b_{t}\right\|^{2}\right)
$$

We may now apply Lemma 4.3 with $d_{t}=\left\langle a_{t}, b_{t}\right\rangle$ and $v_{t-1}=2 \kappa^{2}\left\|b_{t}\right\|^{2}$, with $\alpha_{T}=0$ and $R(\delta)=R \log (1 / \delta)$ to obtain:

$$
\operatorname{Pr}\left[\sum_{t=1}^{T} d_{t} \geq x\right] \leq \delta+\exp \left(-\frac{x^{2}}{\left(8 \kappa^{2} \max _{t=1}^{T-1}\left(\alpha_{t}\right) \cdot x+16 \kappa^{2} R\right)}\right)
$$

Recalling that $\kappa^{2} \max \left\{\alpha_{t}\right\}_{t=1}^{T-1}=O(\kappa \sqrt{R})$, we may set $x=\Theta(\kappa \sqrt{R} \log (1 / \delta))$ to bound the final term by $\delta$.

## Chapter 7

## Conclusions and Future Work

In this thesis we identified some gaps in the theoretical understanding of the role that the averaging of iterates produced by SGD plays in the non-smooth setting. We fully characterized the performance of the final iterate in both the strongly-convex and non strongly-convex setting. That is, we have provided deterministic lower bounds matching the expected upper bounds of Shamir and Zhang [43], answering a COLT 2012 open question [42]. Moreover, we have extended the known expected convergence rates to hold with arbitrarily high probability.

Next, we identified a shortage of high-probability upper bounds in the strongly-convex setting of nonsmooth SGD. The work in this thesis establishes two optimal and tight (even including $\log (1 / \boldsymbol{\delta})$ factors) highprobability upper bounds, using suffix-averaging from [36] and non-uniform averaging from [26].

Along the way, we developed a new concentration inequality which extends the classical Freedman's inequality. This concentration inequality was a key probabilistic tool used on multiple occasions throughout this thesis, perhaps highlighting it's practical significance. The Generalized Freedman Inequality was used crucially to break the barrier of sub-optimal high probability results in the strongly-convex setting.

### 7.1 Open questions

There remain some interesting open questions. The first is whether or not there exists a sequence of step sizes for which the individual iterates obtain, for all $t$, error $o(\log (t) / t)$ in the strongly-convex cases and $o(\log (t) / \sqrt{t})$ in the Lipschitz case. Note that in the strongly convex case, Jain et al. [20] showed that for a fixed $T$, one can obtain a rate of $O(1 / T)$ for the last iterate and that in the stochastic setting, no choice of step sizes yields expected error $O(1 / t)$ for all $t>0$.

Another question is to determine the exact dependence on $\delta$ of our high probability upper bound on the error of the final iterate. In the strongly-convex case, our best lower bound has an additive $\log (1 / \delta)$ term, whereas our upper bound has a multiplicative factor of $\log (1 / \delta)$. In contrast, for the final iterate in the Lipschitz case, we do not know a $\log (1 / \delta)$ lower bound on the error; conceivably the upper bound could be improved to $O((\log (T)+\sqrt{\log (1 / \delta)}) / \sqrt{T})$.

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## Appendix A

## Standard Results

Lemma A. 1 (Exponentiated Markov). Let $X$ be a random variable and $\lambda>0$. Then $\operatorname{Pr}[X>t] \leq \exp (-\lambda t) \mathrm{E}[\exp (\lambda X)]$.
Theorem A. 2 (Cauchy-Schwarz). Let $X$ and $Y$ be random variables. Then $|\mathrm{E}[X Y]|^{2} \leq \mathrm{E}\left[X^{2}\right] \mathrm{E}\left[Y^{2}\right]$.
Theorem A. 3 (Generalized Hölder's Inequality). Let $X_{1}, \ldots, X_{n}$ be random variables and $p_{1}, \ldots, p_{n} \geq 1$ be such that $\sum_{i} 1 / p_{i}=1$. Then $\mathrm{E}\left[\prod_{i=1}^{n}\left|X_{i}\right|\right] \leq \prod_{i=1}^{n}\left(\mathrm{E}\left[\left|X_{i}\right|^{p_{i}}\right]\right)^{1 / p_{i}}$

Proof. Follows by induction using Hölder's inequality.
Lemma A.4. Let $X_{1}, \ldots, X_{n}$ be random variables and $K_{1}, \ldots, K_{n}>0$ be such that $\mathrm{E}\left[\exp \left(\lambda X_{i}\right)\right] \leq \exp \left(\lambda K_{i}\right)$ for all $0<\lambda \leq 1 / K_{i}$. Then $\mathrm{E}\left[\exp \left(\lambda \sum_{i=1}^{n} X_{i}\right)\right] \leq \exp \left(\lambda \sum_{i=1}^{n} K_{i}\right)$ for all $0<\lambda \leq 1 / \sum_{i=1}^{n} K_{i}$.
Proof. Let $p_{i}=\sum_{j=1}^{n} K_{j} / K_{i}$ and observe that $p_{i} K_{i}=\sum_{j=1}^{n} K_{j}$. By assumption, if $\lambda p_{i} \leq 1 / K_{i}\left(\right.$ i.e. $\left.\lambda \leq 1 / \sum_{j=1}^{n} K_{j}\right)$ then $\mathrm{E}\left[\exp \left(\lambda p_{i} X_{i}\right)\right] \leq \exp \left(\lambda p_{i} K_{i}\right)$. Applying Theorem A.3, we conclude that

$$
\mathrm{E}\left[\exp \left(\lambda \sum_{i=1}^{n} X_{i}\right)\right] \leq \prod_{i=1}^{n} \mathrm{E}\left[\exp \left(\lambda p_{i} X_{i}\right)\right]^{1 / p_{i}} \leq \prod_{i=1}^{n} \exp \left(\lambda p_{i} K_{i}\right)^{1 / p_{i}}=\exp \left(\lambda \sum_{i=1}^{n} K_{i}\right)
$$

Lemma $\mathrm{A.5}$ (Hoeffding's Lemma). Let $X$ be any real valued random variable with expected value $\mathrm{E}[X]=0$ and such that $a \leq X \leq b$ almost surely. Then, for all $\lambda \in \mathbb{R}, \mathrm{E}[\exp (\lambda X)] \leq \exp \left(\lambda^{2}(b-a)^{2} / 8\right)$.
Claim A. 6 ([45, Proposition 2.5.2]). Suppose there is $c>0$ such that for all $0<\lambda \leq \frac{1}{c}, \mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq$ $\exp \left(\lambda^{2} c^{2}\right)$. Then, if $X$ is mean zero it holds that

$$
\mathrm{E}[\exp (\lambda X)] \leq \exp \left(\lambda^{2} c^{2}\right)
$$

for all $\lambda \in \mathbb{R}$.
Proof. Without loss of generality, assume $c=1$; otherwise replace $X$ with $X / c$. Using the numeric inequality $e^{x} \leq x+e^{x^{2}}$ which is valid for all $x \in \mathbb{R}$, if $|\lambda| \leq 1$ then $\mathrm{E}[\exp (\lambda X)] \leq \mathrm{E}[\lambda X]+\mathrm{E}\left[\exp \left(\lambda^{2} X^{2}\right)\right] \leq \exp \left(\lambda^{2}\right)$. On the other hand, if $|\lambda| \geq 1$, we may use the numeric inequality ${ }^{1} a b \leq a^{2} / 2+b^{2} / 2$, valid for all $a, b \in \mathbb{R}$, to obtain

$$
\mathrm{E}[\exp (\lambda X)] \leq \mathrm{E}\left[\exp \left(\lambda^{2} / 2+X^{2} / 2\right)\right] \leq \exp \left(\lambda^{2} / 2\right) \exp \left(\lambda^{2} / 2\right)=\exp \left(\lambda^{2}\right)
$$

[^4]Claim A.7. Suppose $X$ is a random variable such that there exists constants $c$ and $C$ such that $\mathrm{E}[\exp (\lambda X)] \leq$ $c \exp (\lambda C)$ for all $0<\lambda \leq 1 / C$. Then, $\operatorname{Pr}[X \geq C \log (1 / \delta)] \leq c \mathrm{e} \delta$.

Proof. Apply Lemma A. 1 to $\operatorname{Pr}[X \geq t]$ to get $\operatorname{Pr}[X \geq t] \leq c \exp (-\lambda t+\lambda C)$. Set $\lambda=1 / C$ and $t=C \log (1 / \delta)$ to complete the proof.

Claim A. 8 ([19, Eq. (3.1.6)]). Let $\mathscr{X}$ be a convex set and $x \in \mathscr{X} \subseteq \mathbb{R}^{n}$. Then $\left\|\Pi_{\mathscr{X}}(y)-x\right\| \leq\|y-x\|$ for all $y \in \mathbb{R}^{n}$.

Claim A. 9 ([19, 4.2.1]). Let $A: \mathbb{R}^{n} \rightarrow \mathbb{R}^{m}$ be a linear map and let $g$ be a finite convex function on $\mathbb{R}^{m}$. Then $\partial(g \circ A)(x)=A^{\top} \partial g(A x)$ for all $x \in \mathbb{R}^{m}$.

## A. 1 Useful scalar inequalities

Claim A.10. For $1 \leq a \leq b, \sum_{k=a}^{b} \frac{1}{\sqrt{k}} \leq 2 \frac{b-a+1}{\sqrt{b}}$.
Proof.

$$
\sum_{k=a}^{b} \frac{1}{\sqrt{k}} \leq \int_{a-1}^{b} \frac{1}{\sqrt{x}} d x=2(\sqrt{b}-\sqrt{a-1})=2 \frac{b-a+1}{\sqrt{b}+\sqrt{a-1}}
$$

Claim A.11. For any $1 \leq j \leq t \leq T$, we have $\frac{t-j}{(T-j+1) \sqrt{t}} \leq \frac{1}{\sqrt{T}}$.
Proof. The function $g(x)=\frac{x-j}{\sqrt{x}}$ has derivative

$$
g^{\prime}(x)=\frac{1}{\sqrt{x}}\left(1-\frac{x-j}{2 x}\right)=\frac{1}{\sqrt{x}}\left(\frac{1}{2}+\frac{j}{2 x}\right)
$$

This is positive for all $x>0$ and $j \geq 0$, and so

$$
\frac{t-j}{\sqrt{t}} \leq \frac{T-j}{\sqrt{T}}
$$

for all $0<t \leq T$. This implies the claim.
Claim A.12. Assume $0 \leq k$ and $k+1 \leq m$.

$$
\sum_{\ell=k+1}^{m} \frac{1}{\ell^{2}} \leq \frac{1}{k}-\frac{1}{m}
$$

Proof. The sum may be upper-bounded by an integral as follows:

$$
\sum_{\ell=k+1}^{m} \frac{1}{\ell^{2}} \leq \int_{k}^{m} \frac{1}{x^{2}} d x=\frac{1}{k}-\frac{1}{m} .
$$

Claim A.13. Let $\alpha_{j}=\frac{1}{(T-j)(T-j+1)}$. Let $a, b$ be such that $a \leq b<T$. Then,

$$
\sum_{j=a}^{b} \alpha_{j}=\frac{1}{T-b}-\frac{1}{T-a+1} \leq \frac{1}{T-b}
$$

Proof.

$$
\sum_{j=a}^{b} \alpha_{j}=\sum_{j=a}^{b} \frac{1}{(T-j)(T-j+1)}=\sum_{j=a}^{b}\left(\frac{1}{T-j}-\frac{1}{T-(j-1)}\right)
$$

which is a telescoping sum.
Claim A.14. Suppose $a<b$. Then, $\log (b / a) \leq(b-a) / a$.
Claim A.15. Let $b \geq a>1$. Then, $\sum_{i=a}^{b} \frac{1}{i} \leq \log (b /(a-1))$.


[^0]:    ${ }^{1}$ It is usually the case that selecting the best of many independent trials is very inefficient. Such a scenario, which is very common in uses of SGD, arises if $f$ is defined as $\sum_{i=1}^{m} f_{i}$ or $\mathrm{E}_{\omega}\left[f_{\omega}\right]$. In such scenarios, evaluating $f$ exactly could be inefficient, and even estimating it to within error $1 / T$ requires $\Theta\left(T^{2}\right)$ samples via a Hoeffding bound, whereas SGD uses only $O(T)$ samples.

[^1]:    ${ }^{2}$ A random variable is subgaussian if its tail distribution resembles the gaussian tail distribution. For a more detailed description see Section 6.2

[^2]:    ${ }^{3}$ Let $X_{t} \in\{-1,+1\}$ be uniform and i.i.d. and $S_{T}=\sum_{t=1}^{T} X_{t}$. The Law of the Iterated Logarithm states that $\lim \sup { }_{T} \frac{S_{T}}{\sqrt{2 T \log \log T}}=1$ a.s.

[^3]:    ${ }^{1}$ The statement of Theorem 1.12 states that $f_{T_{i}}\left(x_{T_{i}+1}\right)-\inf _{x \in \mathscr{X}} f_{T_{i}}(x)=\Omega\left(\frac{\log T_{i}}{T_{i}}\right)$, however the proof argues that $f_{T_{i}}\left(x_{T_{i}+1}\right)=$ $\Omega\left(\frac{\log T_{i}}{T_{i}}\right)$ and shows that $\inf _{x \mathscr{X}} f_{T_{i}}(x) \leq 0$

[^4]:    ${ }^{1}$ Young's Inequality

